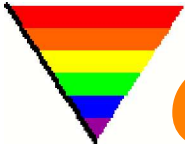
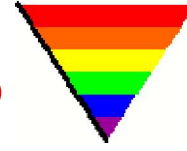


# Long Beach Area



# Nude Dudes



Volume 2, Issue 6 ▼ Late June 2004



## My Apologies

I want to apologize to everyone for the lateness of the last issue...

Between the constantly varying hours of my new job and having a type of flu that just wouldn't let go, I didn't find much time to work on the newsletter last month – and when I did, my computer kept crashing (argh!). –Thanks for your patience and understanding!



## Can You Help Us Out?

We're looking for a few good men to give us a hand...

Actually, there's a few areas we could use some assistance in, and I'd love it if you can give me & the group some assistance!

I'm in need of some "contact assistants" or PR guys who could periodically check our voicemail lines and call guys in their local area to help inform perspective members about the group. –I am thinking that it would be great if we had a guy in the South Bay area (or at least a local call to the bulk of it), and another in Orange County (say near Huntington Beach or a bit East or even Northeast of there). Another in Long Beach or a bit North of there would be welcome, too. Guys who commit to this will receive free membership for the duration of their service.

The other area we need help in is hosting! –In fact, if you don't have a semi-private (or better) pool but know a guy that does, and can get that friend to host an event, we'll offer you free membership for 3 months and your friend will get 6 months free membership! (See next article for more info on free memberships.)

Contact me by any method on page 4 if you're interested, please!



## Free Memberships!

We are now, for a limited time, offering a **free membership** to any guy who will host an event between now and the end of September 2004. Any member will get a **six-month** extension of his membership under this offer, and a non-member will get a new membership, good for **six months** from the date you offer to host. –Alternatively, you may elect to receive the newsletter electronically (via e-mail only) and double this period to **year of free membership!** (For **paid** current members, you may convert your current membership to electronic delivery and double your current membership period **PLUS** a year extension or continue to have it delivered via US Mail, in print, for 6 months extra.)

If you've been reading our newsletter before, you know we are in need of guys to host events, and **even small places can be used to host a limited size event.** –Indoors or out (weather permitting the former), any type of event, including a pool or Jacuzzi party, movie night, potluck, game night, massage party, or whatever you can think of would be great – we just need a place to go to relax & enjoy ourselves!

If you think you live too far from Long Beach, keep in mind that we officially consider the greater Long Beach area our "turf", including Lakewood, Bellflower, the South Bay area, & Western Orange County – in short, virtually anything nearby Long Beach.

If you are interested in hosting an event, please either e-mail, phone, FAX, or snail-mail us at one of the addresses on the last page. ▼

Notice our new web & e-mail address?  
We have our own domain now! ▼

# LBAND: Long Beach Area Nude Dudes

## Classified Ads

### Need an Art Model?

John has modeled for life drawing classes for UNLV & CCSN while in Las Vegas, and has also modeled for CSUDH in Carson. He's an amateur model who's available for any media, nude or in any state of dress. Please contact him at either [LBArtModel@ALTERN.org](mailto:LBArtModel@ALTERN.org) or (310) 884-8634. Web Site: <http://LBArtModel.Beach-Cities.com>



**Your Ad Could Be Here!!!**



## Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via: e-mail at [LBAND@LBAND.Org](mailto:LBAND@LBAND.Org); by phone or FAX to either (310) 884-1019 or (888) 487-9025, x1002; or by mail to the address on the last page.



## Link of the Month

Southern California Gay Pride Ring: <http://d.webring.com/hub?ring=socagaypride>  
The WebRing service holds a vast number of rings, with the above one being about sites with Gay Pride in Southern California.



## July's Newsletter Going to Press Soon!

I'm planning on getting the next issue out before the middle of July, so if you would like to have an event at your place (or ???) in July, please get me the details ASAP so we can publish it in our newsletter.

Ditto applies if you'd like to send in something for printing in the July Newsletter.



## Want to "Cure" a Sunburn?

Something I found out quite by accident a few years ago is that the absolute best way to get rid of a sunburn is to use *Curel* hand lotion!

I had gone to Smuggler's Cove (the only clothing-optional beach in L.A. County, which in later years sometimes sees cops ticketing those nude there) and had applied sun block everywhere *except* my nose, which I did not realize until I was leaving the beach and touched my nose – Ouch!!!

The only thing I had with me that was in any way soothing was Curel, and I kept re-applying it as it dried or my nose started to sting too much.

I kept up that routine for about 12 hours, and after 24 hours it did not hurt at all – after 48 hours, it was not even the slightest bit pink.

I have had sunburns that were not nearly that bad (keep in mind, I was in the sun about 7 hours at the cove that day), and they've been quite painful for over 10 days.

Using Curel like I did kept me from even getting severely dry skin that one usually gets with a sunburn.

Keep in mind when picking some up, use the original or unscented versions only – the ones with alpha-hydroxies will only make things worse!



# L'BAND: Long Beach Area Nude Dudes

## Calendar of Events

(All Events Are *Tentative* -  
***RSVP is required!***)

### Saturday, June 26, Time TBA Poker & Potluck

Brian and Shawn are also hosting their first event at their place near the 5 & 22 Fwys. in Santa Ana. Smoking is permitted at this event. Bring your own towel, beverages, and a dish to share. Please RSVP at (714) 547-3009.

### Sunday, July 4, 11am to 4pm Pool Party

Dave would like to invite you to a pool party in Garden Grove near Harbor Bl. & the 22 Fwy. Just bring your own towel and some snacks to share. He will provide sodas and ice. Please no alcohol or smoking. Please RSVP to [woodruffdavid@msn.com](mailto:woodruffdavid@msn.com) for directions or questions.

### July 5<sup>th</sup> through July 11<sup>th</sup> National Nude Recreation Week



***Your event could be right here!***

Contact us **TODAY** to get **your** event scheduled!



The rest of the orchestra wasn't so sure about Tom's phallic cymbals.

For those that cannot read the tiny caption, it says: "The Rest of the orchestra wasn't so sure about Tom's phallic cymbals."



## Calendar of Events, Continued

### July 5<sup>th</sup> through July 11<sup>th</sup> National Nude Recreation Week

#### Saturday, July 11, 9am Nude Hike

If you like being naked outdoors this is an opportunity for an easy hike. The trail is through a forested region and gradually changes elevation. No big hills to climb. We are assembling in Long Beach at the Wardlow Blue Line Station at 9am or at the entrance to the LA Forest at 9:45am. Long Beach assembly point is Wardlow Blue Line Station at Wardlow and Pacific Place (near 710 and 405 freeway). Forest assembly point is entrance to the forest on Angeles Crest Highway (CA 2) parking lot on right just before last houses. We need a count of people for drivers and parking passes, so you are requested to RSVP to [freehiker375@aol.com](mailto:freehiker375@aol.com).

### Saturday, August 7, Time TBA

### Multi-Club Outing to San Onofre Beach

BBC and HSH are having a joint outing to San Onofre Beach and have invited us along! Meeting time and location will be announced. BYO beverages, towels, sun block, food, etc. RSVP via any club contact method.



## Happy Birthday this Issue to:

Angel S. on 06/03.

Become a member and get your birthday listed here too!



## Who is this Celebrity Guy?

Last issue's celebrity was Kevin Bacon (source unknown).

The answer to who is shown here will be in the next issue.



A hint: His first name often means lion.





# L'BAND: Long Beach Area Nude Dudes

To become a member and receive our monthly newsletter, please send \$15.00 plus \$1.00 for each additional member over 1 per household (\$16 per couple, \$17 if 3 roommates, etc) via Money Order or guaranteed check payable to:

John E.

P.O. Box 1565

Long Beach, CA 90801-1565

## Membership Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

E-Mail \_\_\_\_\_

Birthday Month & Day \_\_\_\_\_

Please check as appropriate:

Is this a:  New Membership  Renewal

Would you like your:

Name & last initial on our members' contact list?  Yes

Phone # listed also?  Yes

E-Mail Address also?  Yes

Would you permit your photo to be used in:

Our newsletter & online members only areas?  Yes

Our public web site?  Yes

Other club's newsletters?  Yes

Can you offer or do you need a ride or wish to car-pool to events?

I can offer a ride.

I need a ride.

I wish to car-pool.

For ride-sharing purposes, what area do you live in?

Nearest *Major* Intersection:

\_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_

If you are interested in joining via credit card or electronic check, please check our website, e-mail [LBAND@LBAND.Org](mailto:LBAND@LBAND.Org), or call or FAX us at either (310) 884-1019 or (888) 487-9025 x1002 for more information. A small (\$1 to \$2) handling fee *may* apply. –Please also contact us at the above e-mail address regarding International (outside the USA memberships).

## Our Group's Purpose

Long Beach Area Nude Dudes (L'BAND) is a men's naturist/nudist social group. Our focus is as a loosely organized social club, not a sex/adult activity club. (Any sexual activities are at the discretion of the event's host.)

In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$2 per member, first time guest, or brother club member (with proof) per event, and \$5.00 per non-member per event. –This does not necessarily take into consideration any additional donation for the host's expenses.

We are not a clothing-optional club, instead we ***require nudity***.

We are a private, not-for-profit club that accepts males of all ages (as long as you are at least age 18), nationalities, sexual orientations, and religions.

Guests, visitors from other clubs, and new members are ***always*** welcome!

We can be contacted via:

• US Mail:

L'BAND

P.O. Box 1565

Long Beach, CA 90801-1565

• E-Mail: [LBAND@LBAND.Org](mailto:LBAND@LBAND.Org) or [LBAND@ALTERN.Org](mailto:LBAND@ALTERN.Org)

• Phone/FAX: (310) 884-1019 or

(888) 487-9025, box 1002

• Web Site:

<http://LBAND.Org> or

<http://LBAND.Beach-Cities.com>

• Yahoo Group Forum:

<http://groups.yahoo.com/group/L-BAND/>

The deadline for submission of items is the 15<sup>th</sup> of the month prior to publication, or the 20<sup>th</sup> of the prior month if submitting online.

This newsletter is the official publication of ***Long Beach Area Nude Dudes*** (AKA ***L'BAND***), and may not be used in part or in whole without prior written permission.

Recipients are asked to respect the privacy of the individuals named herein.

The publication of a person's name, photo, or other information is not to be construed as any indication of that person's sexual orientation.

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