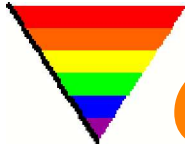
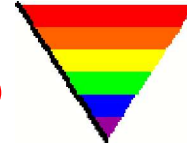


Long Beach Area



Nude Dudes



Volume 2, Issue 4 ▼ Late April 2004



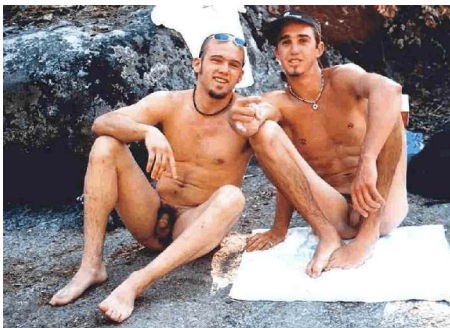
What Kind of Club are You?

This has been a frequent question of late, so here goes...

L'BAND is a *social* club, with the basic concept of meeting other guys with some things in common (IE: we don't mind nudity & like the company of other men).

We *don't* hold orgies, and we're just about the same as any other men's social group, only we're predominantly gay or bi guys who prefer (or at least like to!) socialize while nude.

It doesn't matter if you're overweight, underweight, muscular, flabby, wear glasses, are white, black, Asian, European, Indian, or whatever race, are 18 or 80, we welcome you, so long as you'll behave in a socially accepted way, while nude or clothed.



Free Memberships!

We are now, for a limited time, offering a *free membership* to any guy who will host an event between now and the end of Summer 2004. Any member will get a **six-month** extension of his membership under this offer, and a non-member will get a new membership, good for **six months** from the date you offer to host. —Alternatively, you may elect to receive the newsletter electronically (via e-mail only) and double this period to **year of free membership!** (For **paid** current members, you may convert your current membership to electronic delivery and double your current membership period **PLUS** a year extension or continue to have it delivered via US Mail, in print, for 6 months extra.)

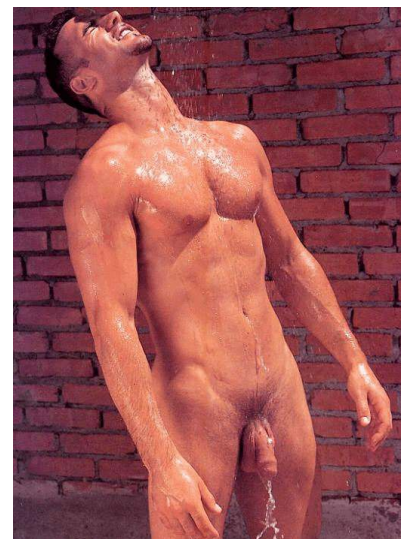
If you've been reading our newsletter before, you know we are in need of guys to host events, and **even small places can be used to host a limited size event.** —Indoors or out (weather permitting the former), any type of event, including a pool or Jacuzzi party, movie night, potluck, game night, massage party, or whatever you can think of would be great — we just need a place to go to relax & enjoy ourselves!

If you think you live too far from Long Beach, keep in mind that we officially consider the greater Long Beach area our "turf", including Lakewood, Bellflower, the South Bay area, & Western Orange County — in short, virtually anything nearby Long Beach.

If you are interested in hosting an event, please either e-mail, phone, FAX, or snail-mail us at one of the addresses on the last page.

We are also offering free memberships of 6 months (e-mail delivery only), 3 months print, or ½ price on a paid membership if you would like to be a model, and your images are used for our up-coming 2005 calendar(s).

Any guy that can act as a professional photographer, *with a high-res digital camera*, will, if his images are used, also receive either 1-year of free membership OR a free copy of the calendar featuring his images with a paid membership (new or renewal, but membership must be paid through at least 6 months for current members not wishing to renew early).



LBAND: Long Beach Area Nude Dudes

Classified Ads

Need an Art Model?

John has modeled for life drawing classes for UNLV & CCSN while in Las Vegas, and has also modeled for CSUDH in Carson. He's an amateur model who's available for any media, nude or in any state of dress. Please contact him at either LBArtModel@ALTERN.org or (310) 884-8634. Web Site: <http://LBArtModel.Beach-Cities.com>



Your Ad Could Be Here!!!



Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via: e-mail at LBAND@ALTERN.org; by phone or FAX to either (310) 884-1019 or (888) 487-9025, x1002; or by mail to the address on the last page. ▼



Link of the Month

The Long Beach Gay & Lesbian Center:

<http://www.centerlb.org>

I know, I ran it before, but rumor has it that the center is up for sale, and I encourage anyone capable of doing so to donate to the cause.



A Bit More About Us

Our rules for our events are quite simple...

Unless the event is a clothed one (IE meeting at a restaurant), we require all guys attending to bring their own towel (to sit on), or two towels if it's an indoor wet event (IE a Jacuzzi Party).

You also should bring your own beverages (again unless it's at a restaurant or similar).

Many of our events request that you bring snacks to share, or a dish to share. (If you are not going to partake, you are welcome to come without bringing something.)

In keeping with the social group ideal, we request no open or overt sexual displays (unless such a time or place was specifically specified).

Some events will have some sort of door fee (such as the hotel room Jacuzzi Party held on 4/23), which is not optional, and must be paid by all in attendance at the door, or before the event.

Also, beginning in June, we will request a donation at each event, which will be requested of members (if you cannot afford it now, please donate it as soon as you can), and **REQUIRED** of all non-members after their first event.

Lastly, **ALL INDOOR** events are smoke-free, and we request you not wear heavy colognes as well.

Outdoor events *may* (but are not required to) have a designated smoking area, downwind & away from the main group.

Many times guys are nervous because it's their first time being nude in a group setting, and wonder "what if I get an erection"? Well, (no pun intended) it's no big deal, as long as you're not actively doing anything to keep it that way. You won't be asked to leave, laughed at, or whatever just because a spontaneous erection occurs.

Tattoos & piercings/body jewelry are acceptable. However, no "Cock Ring" will be permitted if it keeps you erect or appears to be designed to draw attention to that part of yourself. (Leather harness or other erotic clothing is also prohibited unless the party unless the event specifically permits such.

Nudity is normally required at all of our events (exception is meet 'n greets, usually held at public restaurants). You are expected to disrobe shortly after arriving at an event. If it's your first time being nude socially, we'll give you a few minutes get up the nerve to take it off. You may wear sandals or socks if you wish, and hats or caps are permitted outdoors, but otherwise we expect nudity, unless there is some medical requirement otherwise.



L'BAND: Long Beach Area Nude Dudes

Calendar of Events

(All Events Are *Tentative* -
RSVP is required!)

Saturday, May 8, 9am? Early Brunch & Nude Beach Trip

The plan is to meet in the AM in Long Beach, have a meal, then car-pool out to San Onofre State Beach (C/O section) in Southern Orange County/Northern San Diego County, not far from San Clemente. (***Advance RSVP Required!***)

Sunday, May 16, 1pm-2:30 Brunch Meet 'n Greet

Location TBA, time subject to change. This will be a clothed meet 'n greet.

Saturday, May 29 Memorial Weekend Nude Beach Trip

The plan is to meet in the AM in Long Beach and car-pool out to San Onofre State Beach. (If someone with a pool & maybe a BBQ would love to host an event at their home this weekend, that will be substituted for this event. Time TBA, date subject to change.)

Your event could be right here!

Contact us ***TODAY*** to get ***your*** event scheduled!



Other Events

GNI is presenting a gay nude cruise in the southern Caribbean (St. Vincent and the Grenadines) from Sunday, May 30 to Saturday, June 5, 2004.

If you are interested, visit:
<http://www.gaynaturists.org>
or contact the club for more info.

Should you wish to join GNI, please use the "promotional code" of "CA166", or ask us for a GNI membership form.



Happy Birthday this Issue to:

Paul S. on 4/7 & Bernardo C. on 4/21.

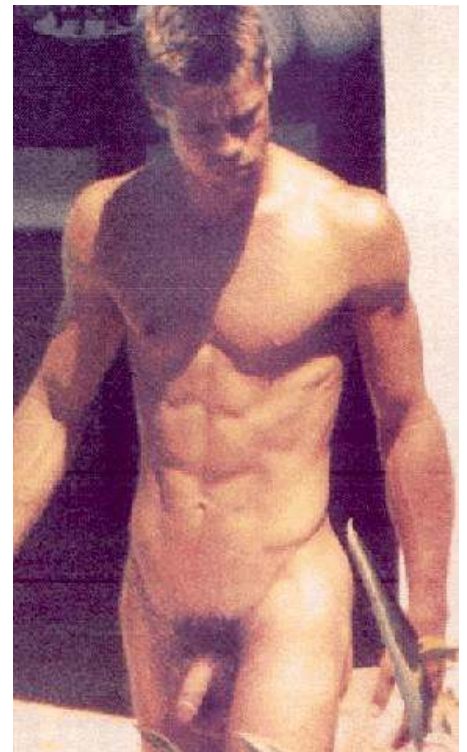
Become a member and get your birthday listed!



Who is this Celebrity Guy?

Last issue's celebrity was Eric Johann Johnson (source unknown), who has a re-occurring role in the TV series "Smallville" as Whitney.

The answer to who is shown here will be in the next issue.



A hint: His last name also sounds like a common term for a body part.



True Trivia!

When an album containing the song "Great Balls of Fire" had it's cover & song titles translated into Japanese, that particular song's title was translated as "Great Flaming Testicles". -Believe it, or not!



L'BAND: Long Beach Area Nude Dudes

To become a member and receive our monthly newsletter, please send \$15.00 plus \$1.00 for each additional member over 1 per household (\$16 per couple, \$17 if 3 roommates, etc) via Money Order or guaranteed check payable to:

John E.

P.O. Box 1565

Long Beach, CA 90801-1565

Membership Form

Name _____

Address _____

City _____

State _____

Zip _____

Phone (____) _____

E-Mail _____

Birthday Month & Day _____

Please check as appropriate:

Is this a: New Membership Renewal

Would you like your:

Name & last initial on our members' contact list? Yes

Phone # listed also? Yes

E-Mail Address also? Yes

Would you permit your photo to be used in:

Our newsletter & online members only areas?

Yes

Our public web site? Yes

Other club's newsletters? Yes

Can you offer or do you need a ride or wish to car-pool to events?

I can offer a ride.

I need a ride.

I wish to car-pool.

For ride-sharing purposes, what area do you live in?

Nearest *Major* Intersection:

City _____

Zip _____

If you are interested in joining via credit card or electronic check, please check our website, e-mail LBAND@ALTERN.org, or call or FAX us at either (310) 884-1019 or (888) 487-9025 x1002 for more information. A small (\$1 to \$2) handling fee *may* apply. –Please also contact us at the above e-mail address regarding International (outside the USA memberships).

Our Group's Purpose

Long Beach Area Nude Dudes (L'BAND) is a men's naturist/nudist social group. Our focus is as a loosely organized social club, not a sex/adult activity club. (Any sexual activities are at the discretion of the event's host.)

In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$2 per member, first time guest, or brother club member (with proof) per event, and \$5.00 per non-member per event. –This does not necessarily take into consideration any additional donation for the host's expenses.

We are not a clothing-optional club, instead we ***require nudity***.

We are a private, not-for-profit club that accepts males of all ages (as long as you are at least age 18), nationalities, sexual orientations, and religions.

Guests, visitors from other clubs, and new members are ***always*** welcome!

We can be contacted via:

• US Mail:

L'BAND

P.O. Box 1565

Long Beach, CA 90801-1565

E-Mail: LBAND@ALTERN.org or

LBAND@Beach-Cities.com

Phone/FAX: (310) 884-1019 or

(888) 487-9025, box 1002

• Web Site:

<http://LBAND.Beach-Cities.com> or

<http://LBAND.getto.net>

• Yahoo Group Forum:

<http://groups.yahoo.com/group/L-BAND/>

The deadline for submission of items is the 15th of the month prior to publication, or the 20th of the prior month if submitting online.

This newsletter is the official publication of ***Long Beach Area Nude Dudes*** (AKA ***L'BAND***), and may not be used in part or in whole without prior written permission.

Recipients are asked to respect the privacy of the individuals named herein.

The publication of a person's name, photo, or other information is not to be construed as any indication of that person's sexual orientation.

Photos appearing are either of club members or are assumed to be in the public domain.

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