



# Beach Cities Men



## Enjoying Naturism

### of Southern California



Issue 77 ▼ April 2013

#### Fireside Chat

Are you planning to go to Tecopa Hot Springs at the end of April with us?

In case the timing is just not right and the event doesn't happen this month, we'll reschedule the event for the long Labor Day weekend (May 24-27).

Now, if that still doesn't work for you, we're thinking of putting another trip to Tecopa Hot Springs down sometime this Fall.



We're still very much looking for other opportunities for nude hiking, camping, and other hot spring trips!

If you know of a good place to hike, camp, or of a hot spring that is *preferably* less than 200 miles away, please let us know!

We're not only looking for places to do such, but for guys who can lead the way – and for such, esp. if you can also drive a carpool and give guys without the means to get there, we'll give you our host's current offer – free membership for up to a year! –Drop us a line (see last page for contact info) if you can help us out like this.

Keep in mind that the events currently scheduled are un-hosted, so if you would like to host an event on that date or near it, just let us know and we'll make any necessary changes!

#### Classified Ads:

##### Need a House or Pet Sitter? Computer Work? House- Cleaning? Need a Handyman? Or ???

If you're looking for someone to house-sit, and maybe tend to your plants or animals (for example, I love dogs & know how to deal with aquariums), or if you're looking for some sort of help or work on your computer or other electronics, or perhaps need a new light switch installed, please contact John before you spend 2-100 times the amount on someone who might cramp your lifestyle.

Since I'm "one of you", I don't care if you have gay porn laying around, live with your boyfriend, or like to walk around the house nude! –In fact, if you do like to be nude at home, I will likely join you in doing so while there.

You don't have to worry about your liquor or food if you're looking for a house-sitter, as I don't drink, and will obtain my own food. –And you don't have to worry about someone maybe hosting wild parties or whatever... I'll respect your wishes, whatever they might be.

If you are interested, please call John anytime at 714-248-6833 & leave a message or e-mail him at [doctor34@gmail.com](mailto:doctor34@gmail.com). ★

##### Need a Massage?

John is trying to get back into the "swing of it", and while he's feeling a little "rusty", he's offering you a good discount!

1 hour of massage at your place (out-call), using your bed, with Swedish & Tantric techniques for only \$25.

A body scrub is also available with a massage for only \$5 more! (Or, free if he can use your shower and not have to bother bringing towels. But he will bring bodywash!)

**Sorry, but in-calls are not available at this time – it must be at your place.**

If you'd like a different amount of time or have a partner or roommate who wants to relax as well, please ask him about other rates.

Service is offered in most of Orange County & the greater Long Beach area (\$5 more in L.A. County other than some select areas of Long Beach), but will consider other areas depending on the amount offered if payment is made in advance online.

(Note this is not an offer for sex of any kind, so please don't ask. Also if it matters what your massage artist looks like, please don't contact him either.)

Please contact him at (714) 248-NUDE [(714) 248-6833] or [doctor34@gmail.com](mailto:doctor34@gmail.com). –And *please* speak-up if you leave a voice message, as several guys have called for one reason or another, but he could not understand the message or number to call you back at. ★

**Your Ad Could Be Here !!!**

## Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others for a small fee that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via any method listed on the last page of this newsletter. ▼

## Who is this Celebrity Guy?

In the last issue, the celebrity was actor Stephen Geoffreys.



The answer to who is the guy shown here will be in the next issue.

A hint: He's a musician. ▼

## Happy Birthday Wishes To:

Alex R. on 04/04, Brett I. on 04/07, Claude B. on 04/19, Robert S. on 05/05, David K. on

05/10, Amado R. on 05/10.

Become a member and get your birthday listed here too! ▼

## Calendar of Events

(All Events Are *Tentative* - ***An RSVP for all is required!***)

To RSVP for any event, please click the following link or send email to that address, or call us via any hotline on the last page if you have no email.

[BCMEN1+RSVP@GMail.com](mailto:BCMEN1+RSVP@GMail.com)



## Saturday, April 6, 5pm-10pm Touch Session with Massage Exchange & Jacuzzi Soak

In Westminster (between Garden Grove & Huntington Beach), on Beach near Trask off the 22 Fwy. or between Garden Grove Bl. & Westminster Bl.

(Note that this event allows intimate contact, however it is NOT A SEXUAL ACTIVITY event.)

If you plan to attend, please RSVP no later than Noon 4/2.

(For extra privacy, the exact address will be given to RSVP'ers only.)

FYI: You may develop an erection at some point during the event, but that's completely normal - we all understand the way a penis works and sometimes just wants to say it's enjoying things too. (Again, this is NOT a sexual event!)

The point of the event is to make friends with a deeper mutual trust & caring, and it's OK if you want to look for a boyfriend, too. ;)

This event is essentially the same as what another group refers to as a "puppy pile", where guys can "connect" more closely, allowing some basic contact while (in their group) remaining clothed and not progressing to sexual activity while at the event. (In other words, cuddling, spooning, & basic touch/contact.)

Our "touch session" will allow for a more direct contact, doing the same with your clothing off!

You are free to "connect" with anyone there that you wish, but you must respect their boundaries. If someone is letting their hands or other body parts wander to somewhere you're uncomfortable with, please either ask them to stop or just take a gentle but firm grip on their hand (or other body part) and move it elsewhere... This extends to those with

physical injuries & weaknesses, not just because of the way it makes you feel.

While during the scheduled event, no actual sexual activity is permitted, so we ask you to refrain from lip-to-lip kissing, all forms of penetration, and any actual masturbation or other sexual activity. (If you cannot abide by these limits, you may be asked to leave the event & not return.) We also ask that you help from spreading anything communicable by not touching anyone below their ankles (this can easily create jock itch or athlete's ft.), or their buttocks, and if you've not showered recently before arriving, please take a few minutes to do so on arrival.

You're also not permitted to do anything anyone may find painful, including any pinching or more than light squeezing. (Unless we're talking about massage techniques.)

Keeping the above in mind, it's OK to touch any external body part that your connection is OK with, including his penis & testicles. -But remember, please keep it friendly & not with a sexual intent during the event.

If you want to do more with your connection, you're welcome to exchange info and/or go home with one another at any time. (Or wait for the "after-hours party" following the event.)

Pizza or Chinese food will be ordered for delivery around 8pm (which do you prefer? - enter in RSVP comments, please), for around a \$7 chip-in.

You're welcome to use the shower there whenever wanted (please bring your own soap/bodywash).

Also, as space is available, massage exchange time is available as well. You may use the bed, floor space, or we'd love it if you can bring a massage table! (Let us know in RSVP comments, and if you do, we'll give you a discount on the event.)

Bring your own: beverages, towels (1 to sit on at ALL times, plus 1 to dry off with after shower or Jacuzzi & a large/beach towel or sheet if receiving massage), as well as a non-staining massage lotion, gel, or oil and bodywash or soap.

Also please bring snacks (chips, dip, cookies, deserts, or appetizers) to share. (Enter type you'll bring in your RSVP, please.)

If you take the bus or think you might need to crash there, limited space is available to those who may QUIETLY spend the night on a first come, first serve basis. (Mention this when you RSVP if so.)

This location has ample parking.

Cost: If pre-paid by Noon 3/29, a MAXIMUM of \$20 for paid members, \$25 for non-members; and a student or limited income discount is avail. with membership, or free membership for non-members.

At the door, the rate will be a fixed at \$35 for members, or \$40 for all others with no discounts, assuming the event is a go and space is available.

You must pre-pay to guarantee your admission and the lowest door fee. And if pre-paid, you may get in for as little as \$10, depending on attendance & your membership status.

Online payments (via credit/debit card & bank accounts) are accepted at no charge to you via PayPal, Google Checkout/Wallet, Serve, & PopMoney. You can also directly get your credit/debit card charged directly, if you like.

When you RSVP, you'll get our address & info to send payment via check or Money Order. Or, you can arrange to meet and pay cash in person ahead of time.

Cash, USPS Money Orders, & online pre-payments need to be received by 3/29, checks & other MO's by 3/22, all by Noon on these dates.

Those that RSVP will be given the basic address, but we'll need to call you (or you can call us) with the room # we're renting, so BE SURE to GIVE YOUR PHONE number when RSVP'ing for this event.

An "after-hours party" will be available for 2 hours following the event. (IE: You may engage in safe sex play then only. However, other than oral, no other penetration is allowed with any body part.)

No matter what time it is, keep in mind that BC-MEN provides a drug-free environment, and even things like "poppers" are not permitted at any time.

To RSVP, please email:  
[BCMEN1+RSVP+0406@GMail.com](mailto:BCMEN1+RSVP+0406@GMail.com) ★

**Sunday, April 14, 3pm-7pm**  
**Garden Grove Imperial**  
**Health Spa**

**\*\*\* Your RSVP is REQUIRED if you are attending with the group! \*\*\***

(You won't know where to find us or hear about any changes/cancellation in plans if you don't RSVP.)

Please DO NOT FORGET TO RSVP if you intend to attend!

Our last few Imperial Spa events have had ZERO RSVP's, so naturally I (your President) have not been there either!

If you plan to attend, please RSVP no later than Noon 1/2.

The Imperial Spa is located at:  
8251 Garden Grove Bl.  
Garden Grove, CA 92844  
Phone: 714-530-0055

(Please call only for location or services info, and do not mention BC-MEN when calling.)

Cost: \$15 entry due to the spa at arrival, plus any optional services. (Not a penny goes to BC-MEN, but please remember we are requesting donations [look for your President to donate!] to help get our less fortunate guys into events like this one.) -If you have trouble affording this event, let us know, as we are offering spa passes for a donation.

Come and enjoy the many amenities of this Korean-style day spa, where virtually everyone goes nude. (Keep in mind this is an all ages spa, not a gay bath house, so it's not a place for sexual activity.)

The men's wet area features a dry sauna (on the hot side, but move away from the IR lamp to be a little cooler), steam room (fairly hot w/Eucalyptus), "Live Mineral" steam room (warm to mildly hot), a cold plunge, & fairly hot Jacuzzi.

Body scrubs (\$25 extra) are given in an alcove off the wet area by a male attendant wearing shorts only - you are nude.

Relaxation area has warm to rather warmly heated Jade & Salt Rooms, and cold, filtered water is on tap.

Spa provides all soap, shampoo, conditioner, & even shaving cream & disp. razors if wanted, as well as small towels (sized to cover the sauna & steam room benches), and robes, t-shirts, & shorts for the common/co-ed areas.

Note that massages or acupressure treatments are given by women in the common area.

They do have a juice & snack bar w/sodas, juices, & Asian soups & goodies for an extra fee, and a robe is needed here.

Please RSVP so we know you plan to attend, but feel free to go anytime they are open, 8am-10pm.

Be sure to RSVP so we can tell you who to look for in the men's area, otherwise we'll

never know you were there if you don't come over and say "Hi!"

To RSVP, please email:  
[BCMEN1+RSVP+0414@GMail.com](mailto:BCMEN1+RSVP+0414@GMail.com) ★



**Friday, April 26 thru**  
**Monday, April 29**  
**Tecopa Hot Springs &**  
**Death Valley Weekend**  
**Trip**

Have you ever soaked, showered, etc in water that feels as smooth as silk? Well, you literally can do this in Tecopa, CA & neighboring Shoshone, CA!

And yes, this may be one of the farthest trips we've planned, but it's well worth the drive!

Did we mention that the waters here have been proven to have curative properties for various aches & pains?

And since it is a good drive, we seriously suggests making this a 3 night/4 day trip, so we can get the most out of it all! (Which means leave Fri. & return Mon., if at all possible.)

Not only can you bathe in the very smooth waters of the natural hot springs in the area, but this trip will be a chance to view desert wildflowers along the way there and back, as well as having a lot of space to hike (nude if you want if you're on BLM (national) land, which is most of Tecopa!), and/or see the sights of a real, old-west ghost town, visit and sample the goodies at a date ranch (grows all but 3-4 of the world's types of dates - doesn't get cold enough there for a few!), see the Death Valley museum, and more!



(Not to mention that Tecopa Hot Springs is a "desert short drive" to Scotty's Castle & the Furnace Creek Inn & Golf Course.)

Unfortunately, only our room/cabin, the hot spring pools, and hiking, as well as perhaps some of the drive out there are clothing-optional... The rest do, unfortunately, need clothing. (Actually, the hot spring pools do require nudity!)

Delight's Hot Springs Resort is the place we plan to stay at, as they have decent size cabins for several guys to spend the night, as well as having 4 private hot spring pools, 2 of which are in open air enclosures - no roofs - so 1 of them would be fine for stargazing or catching some sun while soaking! -Their pools also feature showers within each. (And I guess that means you can have an AHP anytime inside the pool areas, since they are private, as long as those with you do not object.)

Those attending may bring games to pass the time... Or if someone has a TV they want to bring, I do have a DVD/VHS unit I can bring, if you don't have one, so we can run movies or whatever back in the room.

(On that note, there's no local reception of TV, radio, or even cell phones out there, which is a nice get away from it all trip, unless you have to stay in contact... There are land line phones, and WiFi is avail. near the office & close by rooms. ONLY SATELLITE TV, radio, phones, work in the area.)

We suggest bringing your own beach-size towel, as well as sunblock, sunglasses, and/or a hat for any daytime outdoor time. You will also need to bring your own water & other beverages. (The water in Tecopa & Shoshone is not safe to drink - it contains very high levels of Arsenic, Lead, & Fluoride, as well as a cocktail of other metals & minerals.)

We are looking for someone to drive their vehicle out there & back, and you may have the option of allowing someone else to drive part of the time, should you desire. Estimated

driving time from Western O.C. is about 3.5 hours, one way, and we recommend stopping for 15-20 min. at least once on the way, so everyone can stretch their legs and whatever.

We plan to buy groceries as a group and cook in our cabin to keep costs down, and a share of that, plus a share of the cabin, & gas for the trip is expected in advance in full.

If you're not riding with our main car pool, naturally you're on your own for gas, but the remainder of any shared expenses will still be due in advance.

The trip is currently estimated at a cost of \$100-\$150. (Cost is dependant on number going per car, it's MPG, current cost of gas and any possible increases in the cost of renting the cabin or trailer as well as food.) **-This cost can only be finalized any further once we have MPG figures from a driver and know relatively certain how many want to make the trip.**

To RSVP, please email: [BCMEN1+RSVP+Tecopa@GMail.com](mailto:BCMEN1+RSVP+Tecopa@GMail.com) ★



**(RoI Held ONLY if the Tecopa Hot Springs Weekend is canceled.)  
Saturday, April 27, 5pm-10pm  
"A Return to Innocence": An  
"initialization into communal  
nudity"  
with Massage Exchange &  
Jacuzzi Soak**

In Westminster (between Garden Grove & Huntington Beach), on Beach near Trask off the 22 Fwy. or between Garden Grove Bl. & Westminster Bl.

This event will only be held in the event that the Death Valley/Tecopa Hot Spring trip for this same weekend is canceled.

(If you're not interested in the "Initialization" ritual, you may come at 7pm or later for the

massage exchange & socializing, but state this in your RSVP comments if so.)

If you plan to attend, please RSVP no later than Noon 4/23.

For extra privacy, the exact address will be given to RSVP'ers only.

The basic idea is to have everyone gather by a set time and two groups are formed...

One will be blindfolded and slowly undressed in a caring, trusting way.

The other group will be the ones doing the undressing.

Roles will be reversed at the completion of the first group's experience and all repeated.

Intimate touching is involved, but this is NOT a sexual experience. (If you object to touching any parts of your body, please say where in comments when you RSVP.)

You may develop an erection at some point during the "initialization", but that's completely normal - we all understand the way a penis works and sometimes just wants to say it's enjoying things too. (Again, this is NOT a sexual event!)

The point of the exercise is to foster mutual trust & caring among men while being introduced to the concept of communal, casual nudity.

When the "initialization" is essentially over (est. 7pm), pizza or Chinese food will be ordered (which do you prefer? (Enter in RSVP comments, please), for around a \$7 chip-in.

You're welcome to use the shower there whenever wanted (please bring your own soap/bodywash).

Also, as space is available, massage exchange time is available after the "initialization" as well. You may use the bed, floor space, or we'd love it if you can bring a massage table! (Let us know in RSVP comments, and if you do, we'll give you a discount on the event.)

Bring your own: beverages, towels (1 to sit on at ALL times, plus 1 to dry off with after shower or massage & a large/beach towel or sheet if receiving massage), as well as a non-staining massage lotion, gel, or oil and bodywash or soap.

Also please bring snacks (chips, dip, cookies, deserts, or appetizers) to share. (Enter type you'll bring in RSVP, please.)

PLEASE let us know when you might arrive, if not by 6pm!

If you take the bus or think you might need to crash there, LIMITED space is available to those who may QUIETLY spend the night

on a first come, first serve basis. (Mention this when you RSVP if so.)

Cost: If pre-paid by Noon 4/19, a MAXIMUM of \$20 for paid members, \$25 for non-members; and a student or limited income discount is avail. with membership, or free membership for non-members.

At the door, the rate will be a fixed at \$35 for members, or \$40 for all others with no discounts, assuming the event is a go and space is available.

You must pre-pay to guarantee your admission and the lowest door fee. And if pre-paid, you may get in for as little as \$10, depending on attendance & your membership status.

Online payments (via credit/debit card & bank accounts) are accepted at no charge to you via PayPal, Google Checkout/Wallet, Serve, & PopMoney. You can also directly get your credit/debit card charged directly, if you like.

When you RSVP, you'll get our address & info to send payment via check or Money Order. Or, you can arrange to meet and pay cash in person ahead of time.

Cash, USPS Money Orders, & online pre-payments need to be received by 4/19, checks & other MO's by 4/12, all by Noon on these dates.

Those that RSVP will be given the basic address, but we'll need to call you (or you can call us) with the room # we're renting, so BE SURE to GIVE YOUR PHONE number when RSVP'ing for this event.

An "after-hours party" will be available for 2 hours following the event.

To RSVP, please email:  
[BCMEN1+RSVP+0427@GMail.com](mailto:BCMEN1+RSVP+0427@GMail.com)



***Your event could be right here!***

Contact us **TODAY** to get **your** event scheduled!



## Upcoming Events:

Saturday, May 4: Touch Session with Massage Exchange & Jacuzzi Soak

Saturday, May 18: "A Return to Innocence": An "initialization into communal nudity" with Massage Exchange & Jacuzzi Soak ▼



## What's In A Name?

We'd like you guys to vote on a new name for our group, since we've had a few issues with the current one, not to mention the loss of our domain name BCMEN.Org.

If you're online, you can vote at:  
<http://www.misterpoll.com/polls/576059>

As of right now, the choices have been narrowed down to:

- ☞ P-MEN (Pacific Men Enjoying Naturism)
- ☞ Pac-MEN (Pacific Men Enjoying Naturism)
- ☞ SAND-MEN (Southern cAliforNia Dudes & Men Enjoying Naturism)
- ☞ BA-MEN (Beach Areas Men Enjoying Naturism)
- ☞ MEN-Sun (Men Enjoying Naturism in the Sun)

We did get a few good suggestions in the last poll, however some were not chosen to be offered as they were too close to our current name, and thus also too close to another group's name (CMEN), so to prevent any perceived hostility on either side there, we rejected them.

One other was pretty good, however we felt it narrowed us down to O.C. a bit much, and thus would be perceived to some to exclude Long Beach and nearby... That was partly why we had "LOS-MEN" in the last poll...  
\*\*L\*ong Beach, \*O\*range County, & \*S\*outh Bay Men Enjoying Naturism".

If you are not online, you can call one of our hotlines on the last page of this newsletter and vote by phone. ▼

## Can **YOU** Make a Few Calls and/or Answer Some Email and/or Help With Event Ideas, Or ???

We're looking for a few good men who can help us out a little bit by occasionally returning phone calls and/or replying to email and/or helping us out in other ways, such as coming up with event ideas and/or event locations (incl. helping recruit event hosts) and/or write articles for our newsletter and/or web content.

As you may well know, currently and since the beginning of the club, we've had only one person to get anything – **everything** – done, and that's John, your club's President.

Well, this means when I am sick, or having computer issues, or whatever gets in my way, things don't happen like they usually do, plus sometimes it would be nice to have a little bit of a break from at least some of it, and it would be really great if you could help out! Plus, we'd benefit from other's input as well.

If you can do some or all of these things on an occasional, "as the need arises" basis, we'd award you with free membership, as well as other perks!

You don't even need to worry about using any long distance, or even using your own phone number (showing on someone's caller ID, perhaps), or email, even, as we can provide you with an email address as well as a Google Voice number's use, which gives you free long distance (USA & Canada) as well as substitutes it's number for caller ID!

And did I say REPLY TO email & phone calls? That's right – you don't have to answer calls, just listen to the voicemail and call them back, at your (and their) convenience!

Keep in mind, we are a not-for-profit, so there's no pay, but there are many club perks to be offered! (But I won't mention them here, besides membership, as I don't want a bunch moochers replying.)

If you're interested, email us at:  
[BCMEN1+CanHelp@GMail.com](mailto:BCMEN1+CanHelp@GMail.com) ▼

To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or guaranteed bank check, to the address in contact methods, and make it **payable to John E.**

## Membership Form

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_

E-Mail \_\_\_\_\_

Birthday Month & Day \_\_\_\_\_

Please check as appropriate:

Is this a:  New Membership  Renewal

Membership Options:

1 Year - Printed Newsletter: \$35/year

1 Year - Electronic Newsletter (e-mail/download): \$15/year

Partners or Roommates add \$5 for each to the above 2 options.

Lifetime - Electronic Newsletter \$100 sgl./\$150 cpl.

College Student or Limited/Fixed Income - Electronic Newsletter \$8/year (Contact us first!).

Would you like your:

Name & last initial on our members' contact list?

Yes  No

Phone # listed also?  Yes  No

E-Mail Address also?  Yes  No

Would you permit your photo to be used in:

Our newsletter & online members only areas?

Yes  No

Our public web site?  Yes  No

Other club's newsletters?  Yes  No

Can you offer or do you need a ride or wish to car-pool to events?

I can offer a ride.  I need a ride.

I wish to car-pool.

For ride-sharing purposes, what area do you live in?

Nearest **Major** Intersection - N/S Street first, please:

\_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_

How did you first learn about our group? (Be specific!)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

• If you are interested in joining via **credit/debit card or electronic check**, please check our website, e-mail us, or call us at one of the numbers below for more information. You can join our club online at:

<http://BCMEN.Org/signup/>

## Our Group's Purpose

(Southern California) Beach Cities Men Enjoying Naturism (AKA **BC-MEN**) is a men's naturist/nudist social group. **Our focus is as a loosely organized social club, not a sex/adult activity club.** (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

**Fees:** In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$5 per member, first time guest, or brother club member (with proof, please) per event, and \$5-\$10 per non-member per event. -This does not take into consideration any additional donation for the host's or venue expenses. If you cannot afford the posted door fee, please let us know when you RSVP and we'll see if we can't help you out!

**People:** We are not a clothing-optional club, instead we **require nudity.**

We are a **private, not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

**It does not matter your body-type:** Fat, skinny, tall, short, or whatever your penis size, you're always welcome at **BC-MEN!**

Guests, visitors from other clubs, and new members are **always** welcome!

## Contact Methods:

• **E-Mail:** [BCMEN1@GMail.com](mailto:BCMEN1@GMail.com)

Please also be sure to have the above addresses added to your "White" or "Approved" lists and check your spam or bulk mail folders to make sure it did not get caught there. (We've been having problems with Yahoo & AOL either trashing or deleting mail to or from us, so you might try another free service like [GMail.com](http://GMail.com), a great free service from Google.

• **24 Hour VoiceMail Phone Numbers:**

**Long Beach** area: (562) 507-1226

**Compton** area: (424) 785-4226

**Garden Grove** area: (714) 643-2263

**Laguna Beach** area: (949) 436-9226

**Upcoming Event Info** (Huntington Beach #): (657) 464-4683

All of our hotline numbers support incoming text (SMS) messages from cell phones, as well as voice messages.

• **US Mail:**

If you need to send us U.S. Mail, please e-mail or call us for a temporary mailing address.

For the **fastest** response, please contact us via e-mail.

• **Web Site:**

<http://B-MEN.Org> (Temporarily limited backup site at our old name.)

• **Yahoo Group Forums:**

<http://groups.yahoo.com/group/BC-MEN/> And for members only:

<http://groups.yahoo.com/group/BCMEN-Members/>

**Newsletter:** The deadline for submission of items is the 15<sup>th</sup> of the month prior to publication, or the 20<sup>th</sup> of the prior month if submitting online.

This newsletter is the official publication of (*Southern California*) **Beach Cities Men Enjoying Naturism** (AKA **BC-MEN**), and may not be used in part or in whole without prior written permission.

Recipients are asked to respect the privacy of the individuals named herein.

The publication of a person's name, photo, or other information is not to be construed as any indication of that person's sexual orientation.

Photos appearing are either the property of the club, our advertisers, our club members, or are assumed to be in the public domain.

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