



Beach Cities Men

Enjoying Naturism



Issue 51 ▼ July/Early Aug. 2010



Fireside Chat

Are you ready to get wet?!!?

We have a new host, Art, in San Clemente (that's Southern Orange County, if you're not sure where that is), who's graciously offered his home, complete with pool, Jacuzzi, and BBQ for an event on 8/7.

We're calling this the "Summer Birthday Splash", in honor of the many birthdays this Summer, and because our first pool party in a while is a big deal... Not because we want everyone doing "cannon balls". ;)

Yeah, I know that may be a ways to travel for many of you, but I think it'll be worth your while, and San Clemente doesn't seem to get the really hot August weather like the Central & Northern parts of O.C. do!

* * * * *

Are you REALLY ready to get wet?!?

As in spending time on a 40' sail boat?

Art, the new host from San Clemente, is also looking to see who has interest in a nude day sailing event... Or, even a nude weekender (over-night) sailing event?

Right now, we're estimating costs for same to be around \$25 per person for a day trip, or \$100 per person for an over-nighter/weekend trip.

See page 5 of this issue for info on his boat, along with photos.

* * * * *

Membership Fee Increase Coming!

September 7, the day after Labor Day, our membership fees are increasing slightly to deal with the rising costs of things like postage, our PO Box, and various other supplies and services that we use in service to our members.

The \$12.50 rate will become \$15.00, \$30 rate increases to \$33.00, and similar for the rest of them... The college student & fixed income membership rate will only increase \$1 to \$8, and the lifetime membership rates will not change. The \$5 per member extra at the same address for a partner or roommate will not change at this time.

In the mean time, the regular rates are still in effect, and we'll shortly be offering a discounted rate of \$20 for 2 years of electronic newsletters (or \$10/year for 2 or more years), or \$50 for 2 years of printed newsletters (or \$25/year with 2+ years). -Just ask for this special rate and we'll invoice you online, or you can pay in person at any event or via US Mail (see last page for address).

* * * * *

Keep our current offer for event hosts in mind!

Event hosts get free membership & more - ask us for details about this great offer!

If this sounds good to you, please either contact us at one of the email addresses or phone numbers on the last page, or click the following link to take advantage of the new hosting offer:

<http://BCMEN.org/hosting-offer/>



Classified Ads

Need a Massage?

John is trying to get back into the "swing of it", and while he's feeling a little rusty, he's offering you a good discount.

1 hour of massage at your place, using your bed, with Swedish & Tantric techniques for only \$20.

A body scrub is also available with a massage for only \$5 more! (Or, free if I can use your

shower myself and not have to bother bringing towels. But he will bring soap!)

Sorry, but in-calls are not available at this time.

If you'd like a different amount of time or have a partner or roommate who wants to relax as well, please ask about other rates.

Service is offered in most of Orange County & the greater Long Beach area (\$5 more in L.A. County other than some select areas of Long Beach), but will consider other areas depending on the amount offered if payment is made in advance via PayPal.

(Note this is not an offer for sex of any kind, so please don't ask. Also if it matters what your massage artist looks like, please don't contact him either.)

Please contact him at (714) 682-0104 or doctor34@gmail.com. -And please speak-up if you leave a voice message, as several guys have called for one reason or another, but he could not understand the message or number to call you back at.



Your Ad Could Be Here!!!



Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others for a small fee that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via: e-mail at BCMEN@BCMEN.Org; by phone or FAX to either (310) 884-1019 or (714) 682-0149; or by mail to the address on the last page. ▼

BC-MEN: Beach Cities Men Enjoying Naturism (in So. California)

Who is this Celebrity Guy?

In the last issue, the celebrity was singer-actor Paul Lekakis.

The answer to who is shown here will be in the next issue.



A hint: He's a model and personal trainer. ▼

Recent & Upcoming Happy Birthday Wishes To:

Charles G. on 07/02, Adel A. on 07/14, Robert F. on 08/02, Allan K. on 08/02, Harris S. on 08/03, BC-MEN President John E. on 08/12, George P. on 08/13, Greg W. on 08/17, Ash J. on 08/18, Lance F. on 08/20, Adam N. on 08/28.

Become a member and get your birthday listed here too! ▼

Calendar of Events

(All Events Are *Tentative* -
An RSVP to all is required!)

To RSVP for any event, please click or go to online to the following link, or call us via any hotline on the last page if you have no email.

<http://BCMEN.Org/rsvp/>

Saturday, August 7,
2pm-7pm?

Summer Birthday Splash with Potluck BBQ

(near Camino de los Mares & Avenida
Vaquero in San Clemente)



Map/Directions link to nearest major intersection: <http://s.bcmcn.org/sc-cm-av/>
(Exact address given only to RSVP'ers. If taking the bus, OCTA #1 stops very close.)

Art, a new member in San Clemente, is inviting us all to his place in Southern Orange County for a day of splashing around in his pool & Jacuzzi!

And what a great way to celebrate Summer time birthdays - getting wet in all our birthday suits. ☺

(FYI, your President, John's, birthday is the following Thur., 8/12, and we have a lot of other July & August birthdays in the club, too!)

In honor of Summer birthdays, the club will provide a dessert of some kind. (We'll also provide cups, plates, napkins, flatware, etc.)

And being a potluck event, if you want in on the potluck dinner which we plan to serve around 4pm, please bring one of the items to share as follows:

- * Some kind of meat to grill (IE: hamburgers, hotdogs, or whatever's in your budget - to feed 4 or more men)
- * Another main dish/entree (to feed 4+)
- * Side dish (serve 6 or more)
- * Salad (serve 6+)
- * Chips (3 9-16 oz. bags, or 2- 20+ oz., of assorted types - 1 or 2 can bring, nothing hot unless only 1 of 3 or more types)
- * Ice (clean, suggest 20 lbs., which is cheap at Walmart, Sam's Club, or Costco - we only need 1 of these from someone coming for sure if 20#)

Plan to spend around \$5 for the food to share, but you're not limited to that.

Please say exactly what you plan to bring (or if you're opting out of food) when you RSVP. If

we get too many of one type of item, we'll suggest another item.



Please bring YOUR OWN:

- * 2 towels (one dry to sit on at all times, & one to dry off with)
- * Sunblock
- * Beverages (any, but no glass bottles, please... Or use a plastic cup that we'll provide - You are welcome to share, but please don't ask if not offered.)

You MAY want to bring a folding chair, if you can, so there's extra lounging space outdoors.

Smoking will be permitted outdoors, downwind of everyone else.

Cost: \$5 for all members and first or second time guests or brother club members (IE: BBC, CMEN, LANG, etc), \$10 all others. (Cash only, at the door only - exact change, please.)

All students & fixed-income guys that are not members may get in AND join for \$10 total, instead of the otherwise \$12 total. (Show us your class sched. or ID for Spring 2010, Summer 2010, or Fall 2010, or your pay stub for SSI/SSD/Soc. Sec., or similar - We just want to see it, and won't keep a copy.)

An "after hours party" will be available.

Friday, August 20,
5pm-11pm?

Introduction to Massage Workshop

with Jacuzzi Soak, Massage &
Body Scrub Exchange
(In Westminster)

Map/directions to approx. location:

<http://s.bcmcn.org/wm-b-23/>

(Exact location will be given to RSVP'ers only.)

BC-MEN: *Beach Cities Men Enjoying Naturism (in So. California)*



Cost: Paid Members: \$25 door fee if pre-paid by Noon, Mon., 8/16. (Possible discount based on membership status.)

All Non-Members are \$30 by the same time. (If pre-paid, your cost may be less, as your door fee will actually be a share of the venue's cost, with non-members paying \$5 more. You may receive a refund of up to \$15, depending on attendance.)

You may pre-pay online here:
<http://s.bcmcn.org/im-pp/>

If the event is a go otherwise and space is still avail., you may pay a flat \$40 at the door for members, \$45 for all non-members, with no discounts.

If you are not pre-paying, please do not RSVP until after Noon Tue. 8/17, as we may have to cancel the event if not enough guys pre-pay by the deadline the day before.

Come join us for a hands-on workshop on the basics of massage, to be followed later with a practical lesson on the techniques of body scrubbing.

(The latter might sound simple, but not everyone's experienced this, nor tried to do it on someone else! Also, if this doesn't appeal, you've likely not had one before and think it feels like being scrubbed with steel wool.) ;)

Learn the basics of Swedish (or Esalen) massage, as well as some Tantric (Body Electric) techniques for completing a full body massage - to be followed with some techniques & tips on doing a body scrub and find out how to really get squeaky-clean without feeling like someone used steel wool on you.

Bring pen & paper if you wish to make notes, and be sure to bring massage lotion, gel, or oil & towels, too, so you can try doing some massage yourself!

You're also welcome to bring a store-bought body scrub, or even go the simple way with granulated sugar or salt. -Plus, we'll have some Japanese cloths for same that work with any

shower gel or bodywash. (Please bring whichever you wish to have used on yourself.)

We plan to have an instructor working a subject, and coordinating with an instructional video for the massage portion.

If you'd like to volunteer to be demonstrated on, please say so in comments when you RSVP, and please don't be embarrassed if you should get an erection during a massage (or scrub, either) - This is just your body's way of saying you are enjoying the treatment.

(Especially for the latter part of the class, if you'll be embarrassed by getting an erection in front of a group, please don't volunteer to be demonstrated on - or at least state your limitations in RSVP comments. The guy receiving for the Tantric techniques portion WILL, more than likely, become erect.)

The place has an in-room, Jacuzzi tub, as well as a microwave & fridge.

A VHS/DVD unit will be avail. for movies and/or massage technique videos.

We have room for 1 or 2 massage tables (depending on size), and if you can bring yours, we'll give you a discount on the door fee (please ask before pre-paying).

Anyone able to teach techniques will receive a discount - up to 100% depending on knowledge and if you can bring a massage table. (Again, ask before pre-paying.)

PLEASE bring YOUR OWN: BEVERAGES, TOWELS (2 requested, plus lg. beach towel or sheet), and snacks to share (chips, dip, cookies, desserts, or similar), plus a non-staining massage lotion, oil, or gel, and a body scrub or shower gel if you wish. (1 towel is to sit on at all times, another to dry off with, and the lg. towel or sheet is for massage.)

Besides the door fee, there is an estimated \$7 chip-in for pizza, to arrive around 8:30pm, if you want pizza & bread sticks.

The bed will also be avail. for massage, but for either bed or table, please bring either a sheet or extra lg. beach-size towel (as mentioned above) so we can keep the table or bed clean for others.

If you want to do a body scrub with someone (trade off, try recipes or brands), you are welcome to bring some sort of scrub "mix" and a washcloth or "puff" to apply it with.

The massage exchange, scrubs, Jacuzzi, & pizza are all optional, as are the snacks if you don't want to participate with which ever you are not contributing for.

The shower will be available to freshen-up with on arrival, before leaving, or at any time you need, and you are requested to bring your

own toiletries for showering if so (soap/bodywash, etc)... Although, it might be more fun to trade a scrub with someone when the time comes.

If you take the bus or you think you might need a place to crash, limited space is available to those who may QUIETLY spend the night on a first come, first serve basis with a requested \$5 additional donation. (Mention this when you RSVP if so.)

Keep in mind that the purpose of a massage, even a Tantric one, is not to orgasm, however one should not be ashamed if such does occur.

Those that RSVP will be given the basic address, but we'll need to call you (or you can call us) with the room # we're renting, so BE SURE to GIVE YOUR PHONE number when RSVP'ing for this event.

**Saturday, August 28,
5pm-11pm?**

**"A Return to Innocence":
An "initialization into communal
nudity" with Jacuzzi Soak &
Massage Exchange
(in Westminster)**

(If you're not interested in the "Initialization" ritual, you may come at 8pm or later for the massage exchange & Jacuzzi soaking, but state this in your RSVP comments if so.)

Map & directions to the approximate location:
<http://s.bcmcn.org/wm-b-23/>

(For extra privacy, the exact address will be given to RSVP'ers only.)

Approx. location is Beach Bl. & 23rd St. in Westminster, which is North of Westminster Bl. and South of the 22 Fwy. or Garden Grove Bl.



BCMEN: Beach Cities Men Enjoying Naturism (in So. California)

For a full description of this event and to help us with your input on a few points, please see our poll at:

<http://bcmen.org/poll2/public/survey.php?name=Initiation>

(Though the prior event title [on the poll] was "Initiation", there is no humiliation or hazing involved. We want you to feel comfortable being nude in a group setting, and for those without experience with such, this is a great way to get acclimated.)

The basic idea is to have everyone gather by a set time and two groups are formed...

One will be blindfolded and slowly undressed in a caring, trusting way.

The other group will be the ones doing the undressing.

Roles will be reversed at the completion of the first group's experience and all repeated.

Intimate touching is involved, but this is not a sexual experience. (If you object to touching any parts of your body, please say where in comments when you RSVP.)

You may develop an erection at some point during the "initialization", but that's completely normal - we all understand the way a penis works and sometimes just wants to say it's enjoying things too. (Again, this is NOT a sexual event!)

The point of the exercise is to foster mutual trust & caring among men while being introduced to the concept of communal, casual nudity.

When the "initialization" is essentially over (est. 8pm), pizza or Chinese food will be ordered (which do you prefer? enter in RSVP comments, please), for around a \$7 chip-in.

An in-suite Jacuzzi will also be available for your soaking pleasure, and you're welcome to use the shower there whenever wanted (please bring your own soap/bodywash).

Also, as space is available, massage exchange time is available after the "initialization" as well. You may use the bed, floor space, or we'd love it if you can bring a massage table! (Let us know in RSVP comments, and if you do, we'll give you a discount on the event.)

Bring your own: beverages, towels (1 to sit on at ALL times, plus 1 to dry off with after shower or Jacuzzi & a large/beach towel or sheet if receiving massage), as well as a non-staining massage lotion, gel, or oil and bodywash or soap.

Also please bring snacks (chips, dip, cookies, deserts, or appetizers) to share. (Enter type you'll bring in comments or potluck field, please.)

PLEASE let us know when you might arrive, if not by 6pm!

Cost: If pre-paid by Tue. 8/24, a MAXIMUM of \$20 for paid members, \$25 for non-members; and a student or limited income discount is avail. with membership, or free membership for non-members.

At the door, the rate will be a fixed at \$30 for members, \$35 for all others with no discounts, assuming the event is a go and space is available.

You must pre-pay to guarantee your admission and the lowest door fee. And if pre-paid, you may get in for as little as \$10, depending on attendance & your membership status.

You can pre-pay at:
<http://s.bcmen.org/ini-pp/>

Online payments (via credit/debit card & bank accounts) are accepted at no charge to you via PayPal, Google Checkout, & Revolution Money Exchange.

When you RSVP, you'll get our address & info to send payment via check or Money Order. Or, you can arrange to meet me and pay cash in person ahead of time.

An "after hours party" will be available from 11pm-1am.

Saturday, September 4

San Onofre Beach (Clothing-Optional Beach) Trip

(Just South of San Clemente on the Orange County/San Diego County border.)

*** Your RSVP is REQUIRED if you are attending with the group! ***

(You won't know where to find us or hear about any changes to plans if you don't RSVP.)

San Onofre Weather:
<http://s.bcmen.org/so-wx/>

Approx. Area Map/Directions:
<http://s.bcmen.org/so/>

Directions from Friends of San Onofre:
<http://www.friendsofsanofre.org/directions.htm>

FYI: The beach does currently maintain it's 3-decade plus long use as a nude beach. The State Parks & Rec. Dept. is currently periodically warning nude beach users to put their suit/clothes on.

We will plan to leave the Orange County area about 10am if at all possible, as the parking lot at the beach tends to fill early.

Bring your own: food, drink, towel, sunblock, etc. (Note that alcohol is not allowed on CA



State Beaches.)

If rain or cool weather we'll cancel.

Expect a \$12.50 per car parking fee. (Free if you have a CA Parks Pass.)

Please help us all by offering to car-pool & share the cost of getting there.

Plan to stay until early evening if you can, and perhaps stop for dinner as a group someplace along the way back.



Your event could be right here!

Contact us **TODAY** to get **your** event scheduled!



Please also see our **polling page** online (or call us at any number on the last page to take part in the polls) for our event planning polls! –These help us decide what to do based on **what YOU want to do!**

<http://BCMEN.Org/polls/>



Links of the Month

Like getting stuff for free? Wanna give away some stuff?

Know about FreeCycle?
<http://www.freecycle.org/group/US/California>

The above is their California areas "groups" where you can find stuff you need or give away what you don't.

There's also a few similar organizational groups:

ReUseIt:
<http://www.reuseitnetwork.org/us.htm#CA>

Sharing is Giving:
http://www.sharingisgiving.org/linksa_n.htm
(Scroll down a bit on this one to find California groups.)

BE-MEN: Beach Cities Men Enjoying Naturism (in So. California)

You can find all sorts of stuff this way, and many times the “giver” is offering more than one item, so you might be able to pick-up more than one thing from one place.

It’s a virtual yard sale, where everything is free! The only catch is that you’ve got to go pick it up. ☺



Sail Away, Sail Away, Sail Away!

OK, besides being part of one of my favorite “Enya” songs, it’s also a favorite activity for myself and many others, so like I said on page 1, Art’s offering his boat & services for some nude cruising on the sea!



He’s got a great looking vessel, the “Pirate”, which he sails from Dana Point (which is just past Laguna Beach in Southern Orange County), not far from the famous Doheny Beach!

The “Pirate” is a 40’ Hunter sailboat, complete with two staterooms, two heads (bathrooms), full galley, salon, microwave, stove, fridge, freezer, BBQ, and a naked,



licensed charter boat captain!



Art, at the sails.



This could be our group, only I’d like to think we’d all be nude.

So, guys, what do you think? Is there a possibility of a nude boat trip in *YOUR* future?

Let us know and/or let’s discuss it on 8/7 at Art’s home during the pool party & BBQ.

If you have questions or want to talk about it now, our Yahoo Group forum (see link on last page) is probably the best way, that way others will be able to read the Q&A as well and chime-in.

As mentioned on page 1, this is likely to be, per guy, around \$25 for a day trip, or \$100 for a weekender (with one night on board).

Don’t know about the rest of you, but I am really looking forward to the possibilities, and hope we can set sail soon! ▼

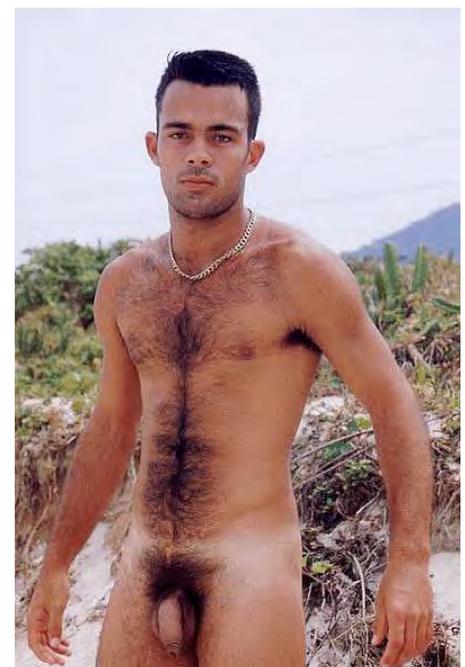
Enjoying This Issue?

I hope you all enjoy this expanded issue with the extra photos!

Since I had such, I wanted to use the shots of Art’s place, as well as shots of what the other events might be like on the calendar section of this issue, and of course there’s our celeb of the month, plus running a few shots of Art & his boat! Then of course the image on the last page, too, as usual, as well as one more below!

By the way, if you ever are in the mood to contribute to our newsletter, we’d gladly accept photos (nothing at all sexual, and everyone shown should be OK with us using the photo), articles, stories (like maybe your first time at a nude beach or nude event?), or even a recipe that we all loved at a recent potluck event.

We’ll accept the info online, or if you have a hard copy and no scanner, or just plain not online yet, you can send it to us via the Post Office Box... And if you do, please give us a quick call on one of our hotlines to let you know you’ve sent it. (Otherwise, it may go unnoticed for a while, as we don’t get that much U.S. Mail.)



BC-MEN: *Beach Cities Men Enjoying Naturism (in So. California)*

To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or guaranteed check*, to the address in the next column, and make it payable to **John E.**

Membership Form

Name(s) _____

Address _____

City _____

State _____

Zip _____

Phone (____) _____

E-Mail _____

Birthday Month & Day _____

Please check as appropriate:

Is this a: New Membership Renewal

Membership Options:

1 Year - Printed Newsletter: \$30.00/year

1 Year - Electronic Newsletter (e-mail/download): \$12.50/year

Partners or Roommates add \$5.00 for each to the above 2 options.

Lifetime - Electronic Newsletter \$100 sgl./\$150 spl.

College Student or Limited/Fixed Income - Electronic Newsletter \$7.00/year (Contact us first!).

Would you like your:

Name & last initial on our members' contact list?

Yes No

Phone # listed also? Yes No

E-Mail Address also? Yes No

Would you permit your photo to be used in:

Our newsletter & online members only areas?

Yes No

Our public web site? Yes No

Other club's newsletters? Yes No

Can you offer or do you need a ride or wish to car-pool to events?

I can offer a ride. I need a ride.

I wish to car-pool.

For ride-sharing purposes, what area do you live in?

Nearest **Major** Intersection - N/S Street first, please:

City _____

Zip _____

How did you first learn about our group? (Be specific!)

* If you are interested in joining via **credit/debit card** or **electronic check**, please check our website, e-mail us, or call us at one of the numbers below for more information.

Our Group's Purpose

(Southern California) Beach Cities Men Enjoying Naturism (AKA **BC-MEN**) is a men's naturist/nudist social group. **Our focus is as a loosely organized social club, not a sex/adult activity club.** (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

Fees: In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$5 per member, first time guest, or brother club member (with proof, please) per event, and \$5-\$10 per non-member per event. -This does not take into consideration any additional donation for the host's or venue expenses.

People: We are not a clothing-optional club, instead we **require nudity.**

We are a **private, not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

It does not matter your body-type: Fat, skinny, tall, short, or whatever your penis size, you're always welcome at **BC-MEN!**

Guests, visitors from other clubs, and new members are **always** welcome!

Contact Methods:

• **E-Mail:** BCMEN@BCMEN.Org

If you don't get a response within a few days, please re-send your message and also CC our backup address of: BCMEN1@GMail.com Please also be sure to have the above addresses added to your "White" or "Approved" lists and check your spam or bulk mail folders to make sure it did not get caught there. (We've been having problems with Yahoo & AOL either trashing or deleting mail to or from us, so you might try another free service like GMail.com, a great free service from Google.

• **24 Hour VoiceMail Phone Numbers:**

Compton area: (310) 884-1019

Santa Ana area: (714) 682-0149

• **US Mail:**

BC-MEN

P.O. Box 395

Westminster, CA 92684-0395

(If using the P.O. Box, please phone to let us know to expect something there.)

For the **fastest** response, please contact us via e-mail at the address above, or via our web site.

• **Web Site:**

<http://BCMEN.Org>

• **Yahoo Group Forums:**

<http://groups.yahoo.com/group/BC-MEN/>

And for members only:

<http://groups.yahoo.com/group/BCMEN-Members/>

Newsletter: The deadline for submission of items is the 15th of the month prior to publication, or the 20th of the prior month if submitting online.

This newsletter is the official publication of (*Southern California*) **Beach Cities Men Enjoying Naturism** (AKA **BC-MEN**), and may not be used in part or in whole without prior written permission.

Recipients are asked to respect the privacy of the individuals named herein.

The publication of a person's name, photo, or other information is not to be construed as any indication of that person's sexual orientation.

Photos appearing are either the property of the club, our advertisers, our club members, or are assumed to be in the public domain.

This publication is Copyright © 2010 by BC-MEN: Beach Cities Men Enjoying Naturism. All Rights Reserved.

