



Beach Areas Men



Enjoying Naturism



of Southern California



Issue 129 ▼ August 2017

Fireside Chat

BA-MEN is into our 15th year! Our 15th anniversary for the club being 12/21/17! (That date in 2002 was our very first event.)



Well, this year we're not doing the usual Catalina Island trip on my birthday, 8/12, but at least two of us are still going, only on 8/27-29, since the Holiday Inn, like most hotels there, wants you to stay or pay for 2 nights if staying on a weekend night... Plus, since 8/12 was booked solid, we changed the date, which also means we're not using the Catalina Express 2-for-1 birthday offer, but instead using the Catalina Flyer (out of Newport Beach) with a special \$49 rate (vs. CE's \$75).

That said, if our planned guest cannot attend with us, we'll have room for 1 or 2 guys with us overnight, if you're interested!

You can certainly also come with us on Sunday 8/27 for the day, if you like... You can book the Catalina Flyer at: <http://CatalinaInfo.com>

...and use coupon code "4949" and select the adult rate (it does not apply to others!) for the \$49 round-trip.

And if you do plan to go on 8/27, 28, or 29, let us know so we can meetup somewhere via any method on the last page here.



Last month I mentioned we're still looking for hosts with any sort of water feature for the rest of the warm SoCal weather, as well as guys who want to host inside only, and that's not changed! If you can help out or know someone who can, please email us at BAMENclub@GMail.com or complete our new hosting form: <http://BA-MEN.Org/hosting/>

I'm sure everyone will find it a nice break from Lee & I hosting all the time and/or

hotel parties or public venues, like a nude beach or day spa.



Our "SIGs" (or Special Interest Groups) are off to a slow start, but if you have any interest, please check them out:

Our newest is a local support group for guys with body shyness issues, including those shy of being shirt-free, getting nude in men only venues like locker rooms, and even shyness at the urinal in a public restroom.

You can find **WHYP-SoCal (WHYP=Why Hide Your Penis, etc)** at: <http://groups.yahoo.com/neo/groups/WHYP-SoCal/info>

Events are posted at: http://2.ly/whypsc_cal

And you can RSVP for their events at: http://2.ly/whyp_rsvp

Foreskin Restoration (& stretching): <https://groups.yahoo.com/neo/groups/OC-LB-FS-Restoration/info>

Events: http://2.ly/olfsr_cal

RSVP: http://2.ly/olfsr_rsvp

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O.C./Long Beach Naked Men:

<https://groups.yahoo.com/neo/groups/OCLBNakedMen/info>

Events: http://2.ly/olnm_cal

RSVP: http://2.ly/ocnm_rsvp

Also, somewhat related a bit to WHYP-SoCal, but not necessarily a shyness issue,

SoCal Shirt-Free Men:

<https://groups.yahoo.com/neo/groups/So-CA-Shirtfree-Men/info>

Events: http://2.ly/socashirtfree_cal

Please RSVP or ask questions at:

SoCal.ShirtFree@gmail.com

Look for events for the above in our calendar or check the calendar & RSVP pages above.



We still need is someone with floor space to host an event with TV & DVD player acting as the instructor for a nude yoga class.

You yourself need know nothing about yoga, though we'd love it if someone with some experience might also join us as a sort of co-instructor to accompany the video.

If you can help check out the hosting info at the end of this section... Or just use our email address:

BAMENclub@GMail.com



We're STILL actively seeking a few good men to assist your President in club operations, and we're looking for guys that are either current or former members, as well as those that have attended at least 2 events in the last year as a guest to be eligible.

We'd like to have the assistance of 1 or more "secretaries" to help with email and/or voice mail to return phone calls.

I'd also love it if we can find someone who can help plan events and/or contribute in

some other way towards our newsletter and/or web site!

In return you'll get free membership and other perks that I will not disclose in advance, as I'm not looking to appeal to those wanting a sort of hand-out. (I've talked to too many of those.)

Honestly, I can't see this taking more than 1-2 hours a month at present, unless it's hard to reach someone or they ask a lot of questions in email.

If you're interested, please email the club at: BAMENclub@GMail.com

(Note that if you take a week to get back to my reply, I will not consider you as a serious candidate unless you tell me you'll be on a trip or something.)



I've created a new Yahoo Group forum/mailling list to solicit some feedback & suggestions from our members and guests about our web site & other things about the club.

If you'd like to offer your feedback & suggestions in an interactive forum about our web site and other club business, please write us directly at our main email address and request to be admitted to the new group & let us know if you want web or email-only access, as this will help get you access if you've restricted invites to Yahoo Groups on your account.

Our usual, preferred address is: BAMENclub@GMail.com



As you know, we're trying to get new guys in our group, and I am hoping we will have the funds so we can get some ads running in various local gay publications, like the one that appeared in the May & June issues of *Adalante*.

If you can help us out to this goal, we're accepting "donations" in any amount, and while you can mail a few bucks in the US Mail, it would be safer and simpler (at least to me) to pay online (see the "Payment Policy" section on page 3 to see which we accept & other payment info... Feel free to email and suggest another if we don't have one you like!), and you can send checks & money orders, too.

Feel free to let us know if you'd like to be listed as a contributor or not in a future issue.



Did you know we have a presence on Meetup.com?

The (expected) temporary sites on Meetup are:

BA-MEN:

<http://www.meetup.com/BA-MEN/>

OC/LB Naked Men:

<http://www.meetup.com/OCLBNakedMen/>

Another new thing to help promote BA-MEN is we've got a group on Facebook:

<https://www.facebook.com/groups/bamen.oclb/>

Please "like" or "share" the above group on your "Timeline" if you have a Facebook account so we can get a little more exposure, even if you don't decide to join and/or follow it.



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If you have a pool and/or spa, or know of someone who does and might host for us, even if they're not really in our "home area", we'd love to talk! Just use the feedback form in the prior column or any of our contact methods on the last page of this newsletter.

One thing we'd really like to find is someone willing to host in another area, like Palm Springs, with hopefully a pool and maybe a BBQ and ideally some place several of us can spend the night, instead of resorting to a hotel (with an added cost for many), but we can discuss options if you're willing – Just contact us and we'll talk about it!



Want to meet 1-on-1 or in a small group to chat & socialize sometime, on your schedule?

Right now I've got 2 new possibilities to meet... Best is where I am currently staying in Garden Grove near the Santa Ana border off Westminster/17th, between Harbor & Fairview. We can even hang nude for a while, if you like.

The second option is to meet at a nearby public place, like McDonald's on Harbor & Westminster.

If you're interested, please use any contact method on the final page here, though keep in mind email is usually responded to fastest.



Do you know anything of the "Hilltop Hot Spring" towards Mammoth in the Owens Valley off Hwy. 395 or the "Hot Spring Canyons" in the Santa Ana Mountains?

Contact us at any method on the last page if you do, as we'd love some info on the places.



Can you **help us** have fewer hotel events by **hosting an event at your home sometime?**

Keep in mind the following perks if you do help us out...

We have a **new offer for event hosts!**

We're now offering the following, per event:

* **A guaranteed minimum of \$10 for indoor events, \$15 for spa/hot tub parties, and \$25 for pool parties.**

* A virtual certificate for free admission at 2 other home-based events. (Or \$5 off the door fee of a hotel-based event when pre-paid only.)

* **Updated:** You get \$3 per paid attendee and you pay no fee.

* Free membership for up to an additional year beyond your current membership OR a second free admission cert. (as above).

* Ask and you'll receive any help you need with house cleaning before the event.

(Though I'm sure anyone doing much would appreciate a shower afterward, before the event starts. He also will receive the same admission & membership perks noted for the co-host below.)

* At the event, we'll try our best to have someone deal with cleaning things up and trash, as needed. (They will receive free admission to your event, plus free membership, as above OR free admission to a future event, as above.) -Events with over 12 guys or those when a co-host cannot stay the full time, we'll have a 2nd guy co-host. (And if we ever have a large pool party, we'll try to have a 3rd or more!) -You will not need to request such assistance - only if you need help with vacuuming, dusting, mopping, or whatever before the event.

Alternatively to all the above, you're welcome to request a specific fee for the use of your place, but you'll need to be a current member or the current basic membership fee will be deducted from said fee.

If you have any questions, comments, or concerns on this new policy, PLEASE ASK!

You're also welcome to offer any suggestions on this, if you think we can do better and/or are not offering at least the same as another SoCal brother club.

If you can host, please email us at BAMENClub@GMail.com or complete our new hosting form: <http://BA-MEN.Org/hosting/>



We're still very much looking for other opportunities for nude hiking, camping, and other hot spring trips!

If you know of a good place to hike, camp, or of a hot spring that is **preferably** less than 200 miles away, please let us know! (Longer distances can work, but it needs to be worthwhile, like the trip to Tecopa Hot Springs.)

We're not only looking for places to do such, but for guys who can lead the way – and for such, esp. if you can also drive a carpool and give guys without the means to get there, we'll give you our host's current offer – free membership for up to a year! – Drop us a line (see last page for contact info) if you can help us out like this.

Keep in mind that most of the events currently scheduled are un-hosted, so if you would like to host an event on that date or near it, just let us know and we'll make any necessary changes!

Classified Ads:

Need a Personal Assistant or Valet? House or Pet Sitter? Computer Work? House-Cleaning? Handyman? Or ???

If you're looking for someone to help a disabled/semi-disabled person, house-sit, and maybe tend to your plants or animals (for example, he loves dogs & knows how to deal with aquariums), or if you're looking for some sort of help or work on your computer or other electronics, or perhaps need a new light switch installed, please contact John before you spend 2-100 times the amount on someone who might cramp your lifestyle.

Since I'm "one of you", I don't care if you have gay porn laying around, live with your boyfriend, or like to walk around the house nude! –In fact, if you do like to be nude at home, I will likely join you in doing so while there.

You don't have to worry about your liquor or food if you're looking for a house-sitter, as I don't drink, and will obtain my own food. –And you don't have to worry about someone maybe hosting wild parties or whatever... I'll respect your wishes, whatever they might be.

If you are interested, please call John anytime at 714-248-6833 & leave a message or e-mail him at doctor34@gmail.com.



Your Ad Could Be Here !!!



Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others for a small fee that we accept for print).

If you wish to feature an item for sale, have a room for rent, your services to offer, etc, please get in touch with us via any method listed on the last page of this newsletter. ▼

Who is this Celebrity Guy?

In the last issue the celebrity was Brian J White in unknown shot, who has appeared in TV shows & movies, including a season of "Chicago Fire" & Fox's "APB".

The answer to who the guy shown here is will be in the next issue.



A hint: Follow the game of Rugby? ▼

Happy Birthday Wishes To:

Rick B. on 7/12, & John E. (your President!) on 8/12, & Nick A. on 9/16.

Become a member and get your birthday listed here too! ▼

Calendar of Events

(All Events Are *Tentative - **An RSVP for all is required!***)

To RSVP for any event, please click the following link or send email to that address, or call us via any hotline on the last page if you have no email. You may also contact us at this address if you have questions about the event that are not answered here.

BAMENRSVP@GMail.com

You can best RSVP for an event via our new RSVP forms:

For all events, you may click:
<http://BA-MEN.Org/rsvp/>

Or for the direct link to each form:

For hotel-based parties, click:
<http://BA-MEN.Org/rsvp/hotel/>

For trip events, click:
<http://BA-MEN.Org/rsvp/trip/>

And for everything else, click:
<http://BA-MEN.Org/rsvp/main/>

Also, please take a moment to view our current polls online and help us shape the future of your club and our events:

<http://BA-MEN.Org/polls/>

Our deposit/advance payment policy for any hotel or trip event is if you cancel by the event's RSVP deadline or if we should have to cancel the event, you will get your money back in full via the same online payment service, or via a bank issued check by mail after your payment has fully cleared. Late cancellations may still receive a refund if others pay to attend in your stead.

At this time, for all events that request a deposit or advance payment, you may pay via check or money order (by mail), Square Cash (Cash.Me or their app), Chime, Circle Pay, PayPal, & Venmo online, or you can pay in person in cash. Also we can accept credit & signature debit cards again in person and online. (Email or call to get our payment address or a location to meet us if paying cash or by card in person before the event, or to pay via one of the other methods.)

All deposits/pre-payments are due no later than Noon on the Friday the week before the event for online payments & U.S. Postal Money Orders, and all other checks & money orders are due by noon the Friday 2 weeks prior to the event.

BA-MEN provides a **drug-free environment**, and even things like "poppers" & "420" are not permitted at any time.

Also, **unless otherwise noted, smoking (even cloves & e-cigs) is not permitted.** ★

Need a Haircut?

If you're interested, we'd like to offer you a free crew cut. ★

If you're interested, bring a large towel or sheet to capture the hair (and dump it in the trash carefully when you're done), and we'll be glad to give you a good buzz-cut.

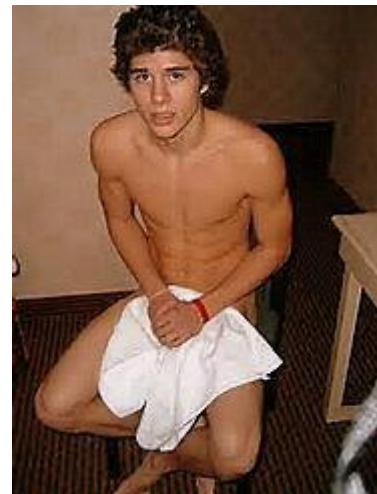


The gent offering the haircuts (yours truly, the group President) is not professionally trained and is not asking for a cent (a tip would not be refused), but I can do a nice, even crew.

I can *try* to do other lengths, but I have never done so before, so there's no guarantee at all on how it might turn out. If you want to be a guinea pig and try something other than a crew, please bring a personal comb as well.

You will need to make your cut request (especially if not a crew!) known fully when you RSVP, as I will not be sure to bring the clippers if no one asks for one.

You're welcome to look at my own cut for an example of my work (and hopefully I've done it recently and it's not gotten shaggy).



Saturday, August 5, 1pm-5pm WHYP-SoCal Event: Body Shyness Discussion/Workshop

When/Cost/Where: 1-5pm 8/5, \$2 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

If you have ANY body shyness issue, like taking your shirt off at the beach, getting nude in the locker room to shower & change, pee-shy at the urinal in public restrooms, or something else, you're invited to join us for an event where we can discuss your issues and work on getting over them, so you can make life easier and even more enjoyable.

This event is clothing optional in order to work on your issues or provide support to others with issues.

Attendance will be limited, so please only RSVP if you're VERY sure you'll be here.

Google Map to complex street address for event location:
<https://goo.gl/maps/KBhYJFVciNs>

To attend, RSVP no later than 9pm 8/4.

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We're asking just \$2 at the door to keep the group going. (No one will be turned away for lack of funds if stated when you RSVP.)

If you have questions, please write us at: WHYP.SoCal@GMail.com

This is a non-smoking event at an upstairs condo with no pets present.

RSVP at: http://2.ly/whyp_rsvp

For more info on WHYP or WHYP-SoCal, see:
<https://groups.yahoo.com/neo/groups/WHYP/info>
<https://groups.yahoo.com/neo/groups/WHYP-SoCal/info>

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Saturday, August 5, 6pm-9pm SFM Event: Shirt-Free Saturday

When/Cost/Where: 6pm-9pm 8/5, \$1 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

Attendance will be limited, so please only RSVP if you're very sure you'll be here.

Google Map to complex street address:
<https://goo.gl/maps/KBhYJFVciNs>

To attend, RSVP no later than 9pm 8/4.

We're asking \$1 at the door to help keep the group going & perhaps advertise.

For our first meet-up, I'd like to suggest meeting at my home, a 2nd floor condo in S.E. Garden Grove, where we can chat a bit, hopefully shirt-free, then see what guys would like to do to explore a little shirt-free freedom.

If you're timid, we can hang here as long as you wish to get comfortable with the rest of us, then perhaps we can take a walk around the complex... Down the street... Or if someone's willing to drive, perhaps down to Huntington or Newport Beaches and spend some time there.

I'd appreciate some feedback from all who RSVP as to what you'd like to do either 8/5 or a future date, if you might like to drive a small group to the beach or somewhere, and if you need a ride or can offer rides and where from on either, as well as food options.

And perhaps we can offer any driver \$1 or something to cover his gas?

This is a non-smoking event at an upstairs condo with no pets present.

If you have questions or to RSVP, please email:
SoCal.ShirtFree@gmail.com

For more info on SoCal Shirt-Free Men, see:
<https://groups.yahoo.com/neo/groups/So-CA-Shirtfree-Men/info>

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Sunday, August 6, 2-8pm Beginning Massage Workshop (Swedish & Tantric techniques)

When/Cost/Where: 2pm-8pm 8/6, \$5 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

Attendance will be limited, so please only RSVP if you're VERY, very sure you'll be here.

Google Map to complex street address:
<https://goo.gl/maps/KBhYJFVciNs>

To attend, RSVP no later than 9pm 8/5.

Looking to learn the basics of Swedish (AKA Essalen) and Tantric massage techniques? If so, join us for an evening to do just that!

If you have a massage table and/or know the basics well enough to teach said workshop, we'll let you in for free, but you must RSVP ASAP and let us know that you have a table we can use and/or feel you can impart your skills to others, and if you follow thru with one or both we'll not only let you in the event for free, but give you free membership for 6 months for doing either – or a year if you can do both! –We will have room for a maximum of 2 tables & 2 instructors.

Assuming we get no volunteers to teach and/or bring a table, we'll have a bed available for massage training & practice,

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and will plan to use a massage video along with an instructor to guide the class.

Please do understand that those getting a massage, either during the training, or during the practice time, may very likely get an erection, especially if you're getting Tantric massage (which in fact is somewhat necessary for)... We're all guys and know that an erection only means you're enjoying something, and that it's not a sign that you want sex. -That said, please do not offer to be demonstrated on if you object to other guys seeing you erect, especially if you are receiving Tantric massage.

Basic Swedish/Essalen massage is easy to learn, and anyone can do it! On the other hand, Tantric massage is a bit more complicated, as there are a number of techniques that one can perform. (Not that it's more difficult, it just means there's more to remember!)

(Speaking of which, if you feel you can teach Swedish but not Tantric, that is fine... Just let us know!)

There is a shower available that you can use to freshen-up with at any time. PLEASE bring an extra towel & soap/body wash for such and keep it short, or swap body scrubs with another guy attending.

We'll plan to have about 2 hours for instruction, a break for pizza (chip-in around \$7-\$8 if you want some), and then about 3 more hours of practice time where you can try your techniques on others there, and the one being worked on as well as the instructors can offer feedback on your work to improve it, if needed.

For this event, please plan to bring a total of 3 towels - 1 to sit on at all times, 1 to dry off with after showering, and another that's either a large beach towel, bath sheet, or even a flat bed sheet to use for massage, as well as a non-staining massage oil, lotion, or gel.

Please also bring your own beverages, snacks to share (if you want any), pizza

chip-in (if you want pizza), and your door fee.

An "after-hours party" will be available for 1 hour following the event.

This is a non-smoking event in a 2nd floor condo with no pets present.

RSVP at: <http://BA-MEN.Org/rsvp/main/>



**Wednesday, August 9,
7:30-10pm**

OLNM Event: CJ Tuesday

When/Cost/Where: 7:30pm-10pm 8/9, \$2 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

Please RSVP no later than 9pm on 8/8.

Google Map to complex street address for event location:

<https://goo.gl/maps/KBhYJFVciNs>

If you'd like to attend an event that's not too social but allows for some fun, join the OC/LB Naked Men for a MUTUAL Circle Jerk in Garden Grove on the Santa Ana border.

Those attending are required to get naked (shoes/socks not counted), and expect to start off the event jerking someone else while someone else jerks you.

Touch/H.J./frot only, no kissing, oral, or anal. Jacking lube provided. \$2 donation requested.

Please don't plan to leave until everyone's orgasmed... You need to help others achieve orgasm, not just dash off when you achieve yours.

No guarantees on age of other participants, and you may be initially handling (or them you) someone older... We don't ask stats, and no telling if someone will really be there.

If you plan to attend, plan to arrive 7:30-8 only and not leave until everyone is satisfied or has given-up, or around 10pm.

A shower to clean-up is avail. if you're headed to work or something, just keep it short. :)

If you have questions, please email: OCNakedMen@gmail.com

RSVP at: http://2.ly/ocnm_rsvp

For more info on OC/LB Naked Men, see: <https://groups.yahoo.com/neo/groups/OC/LB/NakedMen/info>



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Please bring a potluck dish & snacks to share, plus your own beverages & towels. (A lg. beach towel or bath sheet, or even a flat bed sheet is suggested for massage, plus 1 dry to sit on at all times, & another for showering/scrubs is suggested.)

No guarantees on age of other participants, and you may be initially handling (or them you) someone older... We don't ask stats, and no telling if someone will really be there.

When RSVP'ing, PLEASE incl. 3-5 movies and/or genres you'd most like to see in the comments box so we can have a quick vote on what to watch.

If you plan to attend, plan to arrive 7:30-8 only and not leave until everyone is satisfied or has given-up, or around 10pm.

A shower to clean-up is avail. if you're headed to work or something, just keep it short. :)

Saturday, August 12, 5-9pm Movies & "Spa Day" (not at a spa) w/Potluck

RSVP at: <http://BA-MEN.Org/rsvp/main/>



If you have questions, please email: OCNakedMen@gmail.com

When/Cost/Where: 5pm-9pm 8/12, \$5 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

RSVP at: http://2.ly/ocnm_rsvp

Attendance will be limited, so please only RSVP if you're very sure you'll be here.

For more info on OC/LB Naked Men, see: <https://groups.yahoo.com/neo/groups/OCLB/NakedMen/info>

Google Map to complex street address: <https://goo.gl/maps/KBhYJFVciNs>

Thursday, August 17, 7:30-10pm OLNM: CJ+O Thursday

When/Cost/Where: 7:30pm-10pm 8/17, \$2 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)



To attend, RSVP no later than 9pm 8/11.

Please RSVP no later than 9pm on 8/16.

Bring a massage table for free admission! (MUST SAY SO & BE 90%+ SURE TO ATTEND IN RSVP COMMENTS, as there is room for only 1!)

If you'd like to attend an event that's not too social but allows for some fun, join the OC/LB Naked Men for a MUTUAL Circle Jerk in Garden Grove on the Santa Ana border.

Come on over and pretend it's like a day at the spa & movie theater, only with a potluck lunch!

Those attending are required to get naked (shoes/socks not counted), and expect to start off the event jerking someone else while someone else jerks you.

We'll have various movies (by popular vote) available via online on-demand, plus whenever you wish the shower's open to refresh or for body scrub exchange (don't know how? I'll demonstrate! Fun, relaxing, & refreshing!), and unless we have an offer of a table, the bed's open for massage exchange, and we'll also have time for a touch session - all among the willing, so don't feel free you must participate in any of them.

Oral (BJ's) permitted if both are illness-free. Touch/H.J./frot only, no kissing, or anal. Jacking lube provided. \$2 donation requested.

Please don't plan to leave until everyone's orgasmed... You need to help others achieve orgasm, not just dash off when you achieve yours.



Saturday, August 19, 10am-1pm OC/LB FSR Event: Foreskin Restoration Show & Tell - Discussion & Workshop

When/Cost/Where: 10am-1pm 8/19, \$2 requested at door, location near

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17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

This event is clothing optional.

Attendance will be limited, so please only RSVP if you're very sure you'll be here.

Google Map to complex street address:
<https://goo.gl/maps/KBhYJFVciNs>

To attend, RSVP no later than 9pm 8/18.

We're asking \$2 at the door to help keep the group going.

Please bring your foreskin restoration device and/or any you've tried in the past and demonstrate it's use for us if you're comfortable doing so. (You do not have to demonstrate.) We also welcome demos of taping or other methods you've used.

Restorers & those who are curious on restoration are welcome to attend.

I will demonstrate my no tools or tape method that only takes a few minutes a week.

Besides talking about our methods and demonstrating their use, I'd like you to feel free to show your progress as well, whether or not you demonstrate your method.

On that note, feel free to be free, and expose as little or as much as you wish from the start or whenever you demonstrate or show-off.

Anyone attending should be OK with your or others' partial to full nudity among your fellow men, and in the case of my method, should also not be afraid of an erection, either, as it's needed to offer resistance with my tool- & tape-less method. (It doesn't work otherwise.)

If you have questions, please email:
OCLBFSRestoration@gmail.com

RSVP at: http://2.ly/olfsr_rsvp

For more info on OC/LB FSR, see:
<https://groups.yahoo.com/neo/groups/OC-LB-FS-Restoration/info>

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Saturday, August 19, 2-8pm Beginning Massage Workshop (Swedish & Tantric techniques)

When/Cost/Where: 2pm-8pm 8/19, \$5 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

Attendance will be limited, so please only RSVP if you're VERY, very sure you'll be here.

Google Map to complex street address:
<https://goo.gl/maps/KBhYJFVciNs>

To attend, RSVP no later than 9pm 8/18.

Looking to learn the basics of Swedish (AKA Essalen) and Tantric massage techniques? If so, join us for an evening to do just that!

If you have a massage table and/or know the basics well enough to teach said workshop,

we'll let you in for free, but you must RSVP ASAP and let us know that you have a table we can use and/or feel you can impart your skills to others, and if you follow thru with one or both we'll not only let you in the event for free, but give you free membership for 6 months for doing either – or a year if you can do both! –We will have room for a maximum of 2 tables & 2 instructors.

Assuming we get no volunteers to teach and/or bring a table, we'll have a bed available for massage training & practice, and will plan to use a massage video along with an instructor to guide the class.

Please do understand that those getting a massage, either during the training, or during the practice time, may very likely get an erection, especially if you're getting Tantric massage (which in fact is somewhat necessary for)... We're all guys and know that an erection only means you're enjoying something, and that it's not a sign that you want sex. –That said, please do not offer to be demonstrated on if you object to other guys seeing you erect, especially if you are receiving Tantric massage.

Basic Swedish/Essalen massage is easy to learn, and anyone can do it! On the other hand, Tantric massage is a bit more complicated, as there are a number of techniques that one can perform. (Not that it's more difficult, it just means there's more to remember!)

(Speaking of which, if you feel you can teach Swedish but not Tantric, that is fine... Just let us know!)

There is a shower available that you can use to freshen-up with at any time. PLEASE bring an extra towel & soap/body wash for such and keep it short, or swap body scrubs with another guy attending.

We'll plan to have about 2 hours for instruction, a break for pizza (chip-in around \$7-\$8 if you want some), and then about 3 more hours of practice time where you can try your techniques on others there, and the one being worked on as well as the

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Instructors can offer feedback on your work to improve it, if needed.

For this event, please plan to bring a total of 3 towels – 1 to sit on at all times, 1 to dry off with after showering, and another that's either a large beach towel, bath sheet, or even a flat bed sheet to use for massage, as well as a non-staining massage oil, lotion, or gel.

Please also bring your own beverages, snacks to share (if you want any), pizza chip-in (if you want pizza), and your door fee.

An "after-hours party" will be available for 1 hour following the event.

This is a non-smoking event in a 2nd floor condo with no pets present.

RSVP at: <http://BA-MEN.Org/rsvp/main/>

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Sunday, August 20, 11am-3pm

WHYP-SoCal Event: Body Shyness Discussion/Workshop

When/Cost/Where: 11-3pm 8/20, \$2 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

If you have ANY body shyness issue, like taking your shirt off at the beach, getting nude in the locker room to shower & change, pee-shy at the urinal in public restrooms, or something else, you're invited to join us for an event where we can discuss your issues and work on getting over them, so you can make life easier and even more enjoyable.

This event is clothing optional in order to work on your issues or provide support to others with issues.

Attendance will be limited, so please only RSVP if you're VERY sure you'll be here.

Google Map to complex street address for event location:
<https://goo.gl/maps/KBhYJFVciNs>

To attend, RSVP no later than 9pm 7/19.

We're asking just \$2 at the door to keep the group going. (No one will be turned away for lack of funds if stated when you RSVP.)

If you have questions, please write us at:
WHYP.SoCal@GMail.com

This is a non-smoking event at an upstairs condo with no pets present.

RSVP at: http://2.ly/whyp_rsvp

For more info on WHYP or WHYP-SoCal, see:
<https://groups.yahoo.com/neo/groups/WHYP/info>
<https://groups.yahoo.com/neo/groups/WHYP-SoCal/info>

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**Sunday, August 20,
4:00pm-9pm
Touch Session with Massage
Exchange & Body Scrubs
w/Potluck**

When/Cost/Where: 4pm-9pm 8/20, \$5 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

Attendance will be limited, so please only RSVP if you're very sure you'll be here.

Google Map to complex street address:
<https://goo.gl/maps/KBhYJFVciNs>

To attend, RSVP no later than 9pm 8/19.

(Note that this event allows intimate contact, however it is NOT A SEXUAL ACTIVITY event.)

FYI: You may develop an erection at some point during the event, but that's completely normal - we all understand the way a penis works and sometimes just wants to say it's enjoying things too. (Again, this is NOT a sexual event!)

The point of the event is to make friends with a deeper mutual trust & caring, and it's OK if you want to look for a boyfriend, too. ;)

This event is essentially the same as what another group refers to as a "puppy pile", where guys can "connect" more closely, allowing some basic contact while (in their group) remaining clothed and not progressing to sexual activity while at the event. (In other words, cuddling, spooning, & basic touch/contact.)

Our "touch session" will allow for a more direct contact, doing the same with your clothing off!

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You are free to "connect" with anyone there that you wish, but you must respect their boundaries. If someone is letting their hands or other body parts wander to somewhere you're uncomfortable with, please either ask them to stop or just take a gentle but firm grip on their hand (or other body part) and move it elsewhere... This extends to those with physical injuries & weaknesses, not just because of the way it makes you feel.

While during the scheduled event, no actual sexual activity is permitted, so we ask you to refrain from lip-to-lip kissing, all forms of penetration, and any actual masturbation or other sexual activity. (If you cannot abide by these limits, you may be asked to leave the event & not return.) We also ask that you help from spreading anything communicable by not touching anyone below their ankles (this can easily create jock itch or athletes ft.), or their buttocks, and if you've not showered recently before arriving, please take a few minutes to do so on arrival.

You're also not permitted to do anything anyone may find painful, including any pinching or more than light squeezing. (Unless we're talking about massage techniques that the receiver is OK with.)

Keeping the above in mind, it's OK to touch any external body part that your connection is OK with, including his penis & testicles. -But remember, please keep it friendly & not with a sexual intent during the event.

If you want to do more with your connection, you're welcome to exchange info and/or go home with one another at any time. (Or wait for the "after-hours party" following the event.)

This is a potluck event, so please bring a dish to share if you want food.

You're welcome to use the shower here whenever wanted (please bring your own soap/bodywash).

Also, as space is available, massage exchange time is available as well. You

may use the bed or we'd love it if you can bring a massage table! (Let us know in your RSVP, and if you do, we'll give you a discount on the event.)

Bring your own: beverages, towels (1 to sit on at ALL times, plus 1 to dry off with after shower & a large/beach towel or sheet if receiving massage), as well as a non-staining massage lotion, gel, or oil and bodywash or soap.

Also please bring snacks (chips, dip, cookies, deserts, or appetizers) to share. (Enter type you'll bring in your RSVP, please.)

If you don't know how to do a body scrub, I'll demonstrate! They're fun, relaxing, & refreshing!

All of this is all among the willing, so don't feel free you must participate in any of them - come just to socialize if you want.

An "after-hours party" will be available for 1 hour following the event. (IE: You may engage in safe sex play then only. However, other than oral, no other penetration is allowed with any body part.)

Keep in mind what is not mentioned as off-limits here is OK to touch, as long as the one being touched allows it, that includes his chest, legs, back, shoulders, and yes, even his penis & scrotum, only keep in mind that the point of this type of touch is not to be sexual, but to allow for a better sort of male bonding, possibly to the point of finding a new boyfriend if you both wish, but we want to limit contact to not really be sexually driven so as to keep the event from becoming an orgy and driving some guys away.

This is a non-smoking event in a 2nd floor condo with no pets present.

RSVP at: <http://BA-MEN.Org/rsvp/main/>

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**Monday, August 21,
7:30-10pm**

OLNM Event: V Monday

When/Cost/Where: 7:30pm-10pm 8/21, \$2 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

Please RSVP no later than 9pm on 8/20.

If you'd like to attend an event that's not too social but allows for some fun, join the OC/LB Naked Men for a VOYUER Circle Jerk in Garden Grove on the Santa Ana border.

Those attending are required to get naked (shoes/socks not counted), and expect to start off the event jerking someone else while someone else jerks you.

Unless requested/indicated OK by another, this event is to watch & be watched only. But if OK, then touch/H.J./frot only, no kissing, oral, or anal. Jacking lube provided. \$2 donation requested.

Please don't plan to leave until everyone's orgasmed... Please don't just dash off when you achieve yours.

No guarantees on age of other participants, and you may be initially handling (or them you) someone older... We don't ask stats, and no telling if someone will really be there.

If you plan to attend, plan to arrive 7:30-8 only and not leave until everyone is satisfied or has given-up, or around 10pm.

A shower to clean-up is avail. if you're headed to work or something, just keep it short. :)

If you have questions, please email: OCNakedMen@gmail.com

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RSVP at: http://2.ly/ocnm_rsvp

For more info on OC/LB Naked Men, see:
<https://groups.yahoo.com/neo/groups/OCLB/NakedMen/info>

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Upcoming Events:

Saturday, Sept. 23 (Tentative) San Onofre Nude Beach

Fri. Nov. 10-Mon. Nov. 13 Tecopa Hot Springs Soak & Death Valley Trip. Details at: <http://2.ly/DRDx>

Plus more to be announced!

▼

Can **YOU** Host an Event???

We're always looking for guys to host events at their home or other suitable venue that they have access to, and right now we're

mostly looking for guys who can host ANY kind of indoor event!

We seriously need some new guys to host, and would love to see some of our past hosts help out as well.

(Speaking of which, if you hosted in the past and had some sort of issue with the event, can we *please* talk about it and see if we can't overcome whatever the problem was?)

I know some guys have commented at times about what I've said, but **PLEASE keep in mind I'm just making suggestions! I'm not trying to say you HAVE to do this** or that, just making suggestions based on various experiences and requests our members & non-member attendees have made.

No matter your limitations on hosting, we can work with you, including no alcohol, no smoking (most of our guys prefer this), limited or no immediate area parking, you need a lot of help before you can host, or whatever!

Seriously, we can help vacuum and/or other cleaning ahead of time... Just ask!

If you have female roommates/relatives (etc), then perhaps you can plan for something when they are out of town.

If you've got male roommates you're not sure if they will feel OK with such, try asking them sometime if they've ever been to a nude beach and see what they say... Or if you think that even that might mess up your relationship, then invite myself or even a handful of guys over sometime when he/they are there and let us bring up the subject. Should it go well, we can even bring up the idea of hanging nude and see what they think... And even offer to be first to get naked then and there and give it a try, should they wish.

BTW, even guys in a studio apartment can & have hosted events for us – we just set a limit on attendance.



We can do potlucks, snacks-only events, order pizza or Chinese food, or no food at all – whatever you wish!

In the past we've held all sorts of events, including movies, games, massage trades, Jacuzzi soaks, nude workouts, touch sessions, and even various workshops, including art drawing/painting, learn basic massage, and more! And even a plain social with no specifically planned activity works, too.

If you can only do it at noon for an hour on Tuesdays, we can work with that as well!

Granted, Saturday afternoons or evenings are always the most requested by our attendees, but it's not what we're limited to.

If you host, you get to pick what we do when, any limits, etc.

You also get \$3 per paid attendee, don't pay yourself (or any male roommates), plus you get free membership for a year and 2 free (for home) or discounted (when possible) event admissions for future events you'd like to attend.

If you'd like to talk about it, I'm open to any method! -Start by emailing (or calling if you need to) one of our addresses on the last page of this newsletter, letting us know you're interested in hosting, and if you phone, be sure to leave your number(s) and

time to call or not call if we can't call 24 hours a day, 7 days a week. :)

I'm open to emailing, calling, meeting in person, or perhaps even an online chat and working things out.

So what do you think???

If you want to discuss it, email us:
BAMENclub@GMail.com

Or complete our new form at:
<http://BA-MEN.Org/hosting/>



Want to do Yoga?

We need a few donations to start/expand a collection of yoga DVD's if we are to start doing yoga via DVD as many of you voted for in our online polls.

If you can offer something to help cover the cost of such videos (typically \$50-\$60 each, give or take), one of the options we have is to use PayPal, and you may do so at:
<https://www.paypal.me/bamensocal>

All gifts to the club for this purpose are appreciated, but non-refundable, so be sure you're OK with it before donating.

We will keep your donation anonymous unless you state otherwise.



Got a Pool, Spa, Hose OK, or Just a Private Yard?

We're always looking for indoor hosts, but the time is rapidly approaching where we can be comfortable nude outdoors, and we'd like to find someone, hopefully near Orange County, or the greater Long Beach & South Bay areas, but we'll take a pool offer just about anywhere!

Besides \$3 per fully paid guy attending, we offer free membership, help with the event, paper/plastic goods, and more!

And if you need help house-cleaning or something, just ask! Ditto if you don't normally heat the pool.

For most events, we guarantee \$10, but for spa soaks we up that to \$15 and \$25 for pool parties, though usually they are far beyond that. :)

Let us know and we'll work with you!

Contact us by any method on the last page, or complete the new hosting form:
<http://BA-MEN.Org/hosting/>



Frugal Finds

Ever wanted a source for decent, inexpensive coasters?

The lids from the canisters of Lays Stax & Pringles chips make decent coasters!

Granted, the ones from Pringles only fit smaller bottom glasses, but Lays Stax are a bit wider and accommodate most glassware.



The Instant Gourmet

Like savory & sweet together?

Here's a combination for a sandwich you'll likely love!

You'll need:

- * Slices of a decent, preferably fresh cinnamon-raisin bread (like Sun Maid or Aldi's store brand)
- * Ultra-thin (if possible) sliced aged Swiss cheese (like Sargento)
- * Sliced, smoked or "cooked" ham (for best results use Oscar-Mayer shaved premium ham, like at Sam's Club)

I like using 4 slices of the shaved ham per sandwich with 1 slice of Swiss cheese.

You can also try it without the Swiss.

Please note that this does not taste too good using brands of ham like Budig, nor if you use an imitation or low-something cheese or any that are not aged well.

Using dry bread is OK, but not recommended for best taste & texture.



BA-MEN Beach Areas Men Enjoying Naturism of So. California

To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or cashier's check, to the address in contact methods, and make it **payable to John E.**

Membership Form

Name(s) _____

Address _____

City _____

State _____

Zip _____

Phone (____) _____

E-Mail _____

Birthday Month & Day _____

Please check as appropriate:

Is this a: New Membership Renewal

Membership Options:

1 Year - Electronic Newsletter (e-mail/download): \$10/year

Partners or Roommates add \$5 for each to the above.

Lifetime - Electronic Newsletter \$50 sgl./\$75 cpl.

College Student or Limited/Fixed Income - Electronic Newsletter \$5/year (Contact us first!).

Would you like your:

Name & last initial on our members' contact list?

Yes No

Phone # listed also? Yes No

E-Mail Address also? Yes No

Would you permit your photo to be used in:

Our newsletter & online members only areas?

Yes No

Our public web site? Yes No

Other clubs newsletters? Yes No

Can you offer or do you need a ride or wish to carpool to events?

I can offer a ride. I need a ride.

I wish to carpool.

For ride-sharing purposes, what area do you live in?

Nearest **Major** Intersection - N/S Street first, please:

City _____

Zip _____

How did you first learn about our group? (Be specific!)

If you are interested in joining via **credit/debit card or electronic check**, please check our website, e-mail us, or call us at one of the numbers below for more information. You can join our club online at:

<http://BA-MEN.Org/signup/>

Our Group's Purpose

(Southern California) Beach Areas Men Enjoying Naturism (AKA **BA-MEN**) is a men's naturist/nudist social group. **Our focus is as a loosely organized social club, not a sex/adult activity club.** (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

Fees: In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$10 per member, first time guest, or brother club member (with proof, please) per event, and \$7-\$15 per other non-member per event. -This does not take into consideration any additional amount for the host's or venue expenses. If you cannot afford the posted door fee, please let us know when you RSVP and we'll see if we can't help you out!

People: We are not a clothing-optional club, instead we **require nudity.**

We are a **private, not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

It does not matter your body type: Fat, skinny, tall, short, or whatever your penis size, you're always welcome at **BA-MEN!**

Guests, visitors from other clubs, and new members are **always** welcome!

Contact Methods:

• **E-Mail:** BAMENclub@GMail.com

Please also be sure to have the above addresses added to your "White" or "Approved" lists and check your spam or bulk mail folders to make sure it did not get caught there. (We've been having problems with Yahoo & AOL either trashing or deleting mail to or from us, so you might try another free service like GMail.com, a great free service from Google.

Feel free to also contact us at our secondary address:

BA-MEN@BA-MEN.Org

• **24 Hour VoiceMail Phone Numbers:**

Long Beach area: (562) 507-1-BA-MEN [(562) 507-1226]

Compton area: (424) 785-4-BA-MEN [(424) 785-4226]

Garden Grove area: (714) 643-BA-MEN [(714) 643-2263]

Laguna Beach area: (949) 436-9-BA-MEN [(949) 436-9226]

All of our hotline numbers support incoming text (SMS) messages from cell phones, as well as voice messages.

• **US Mail:**

If you need to send us U.S. Mail, please e-mail or call us for a temporary mailing address.

For the **fastest** response, please contact us via e-mail.

• **Web Site:**

<http://BA-MEN.Org>

• **Yahoo Group Forums & Mailing Lists:**

<http://groups.yahoo.com/neo/groups/BA-MEN/info>

And for members only:

<http://groups.yahoo.com/neo/groups/BAMEN-Members/info>

Announcements only:

<http://groups.yahoo.com/neo/groups/BAMEN-Announcements/info>

Event Details only:

<http://groups.yahoo.com/neo/groups/BAMEN-Calendar/info>

Newsletters only:

<http://groups.yahoo.com/neo/groups/BAMEN-Newsletters/info>

• **We are on Tumblr at:**

<http://BA-MEN.Tumblr.com>

Newsletter: The deadline for submission of items is the 15th of the month prior to publication, or the 20th of the prior month if submitting online.

This newsletter is the official publication of (*Southern California*) **Beach Areas Men Enjoying Naturism** (AKA **BA-MEN**), and may not be used in part or in whole without prior written permission.

Recipients are asked to respect the privacy of the individuals named herein.

The publication of a person's name, photo, or other information is not to be construed as any indication of that person's sexual orientation.

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