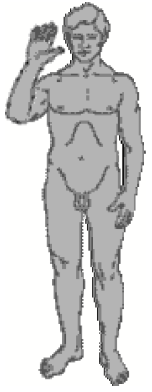


Beach Areas Men



Enjoying Naturism



of Southern California



Issue 112 ▼ March 2016

Fireside Chat

I don't know about you, but I sure noticed the screwy effects of Mercury being in Retrograde in February!

I know most people tend to take some notice of full moons and their effects, but Mercury in Retrograde is a lot worse, and tends to last about a month, give or take.

It seems like every little thing that could go wrong did when planning our Tecopa Hot Springs weekend, and the glitches extended into the trip as well, but at least the hot springs were inviting and relaxing!

After that, I've decided that I don't particularly care to plan a future event during such a period just to be on the safe side.

At any rate, look for our next trip... We're considering Tecopa, Starland, and even Palm Springs for a Fall trip, and we'll be looking for your preferred destination, when to go, etc, on a poll soon! Check our web site or Yahoo Groups for the poll announcement.



In January I mentioned we're looking to hold a periodic "business meeting" as part of a club event, and we're still looking for someone to host an event so we can do so without the event having a \$20 or more door fee to accommodate a hotel room rental.

If you can help by hosting an event, keep in mind we offer a share of door fees, free membership, and free (or discounted) attendance at future events to entice you.

Just contact us at any method on the last page and let us know!



If you have a pool and/or spa, or know of someone who does and might host for us, even if they're not really in our "home area", we'd love to talk! Just use the feedback form in the prior column or any of our contact methods on the last page of this newsletter.

One thing we'd really like to find is someone willing to host in another area, like Palm Springs, with hopefully a pool and maybe a BBQ and ideally some place several of us can spend the night, instead of resorting to a hotel (with an added cost for many), but we can discuss options if you're willing – Just contact us and we'll talk about it!



Want to meet 1-on-1 or in a small group to chat & socialize sometime, on your schedule?

- Option 1: Pool/hot tub at my mobile home complex (spa is nice, pool cold now). Can't be nude, but we can change in the men's room and get naked there while changing/drying. ☺
- Option 2: Imperial Spa in Garden Grove.
- Option 3: Clothed meet-up at the Del Taco near me.

All options are very close to Beach Bl. & Garden Grove Bl., on the Westminster, Stanton, and Garden Grove borders in Western Orange County. (If you don't know where this is, it's off the 22 Fwy. at Beach Bl./Hwy. 39, a few miles from the Long Beach/Seal Beach border where the 22, 405, & 605 meet.)

If you're interested, please use any contact method on the final page here, though keep in mind email is usually responded to faster.



Do you know anything of the "Hilltop Hot Spring" towards to Mammoth in the Owens Valley off Hwy. 395 or the "Hot Spring Canyons" in the Santa Ana Mountains?

Contact us at any method on the last page if you do, as we'd love some info on the places.



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Can you help us have less hotel events by hosting an event at your home sometime?

Keep in mind the following perks if you do help us out...

We have a **new offer for event hosts!**

We're now offering the following, per event:

* **A guaranteed minimum of \$10 for indoor events, \$15 for spa/hot tub parties, and \$25 for pool parties.**

* A virtual certificate for free admission at 2 other home-based event. (Or \$5 off the door fee of a hotel-based event when pre-paid only.)

* \$2 per paid attendee and you pay no fee.

* Free membership for up to an additional year beyond your current membership OR a second free admission cert. (as above).

* Ask and you'll receive any help you need with house cleaning before the event. (Though I'm sure anyone doing much would appreciate a shower afterward, before the event starts. He also will receive the same admission & membership perks noted for the co-host below.)

* At the event, we'll try our best to have someone deal with cleaning things up and trash, as needed. (They will receive free admission to your event, plus free membership, as above OR free admission to a future event, as above.) -Events with over 12 guys or those when a co-host cannot stay the full time, we'll have a 2nd guy co-host. (And if we ever have a large pool party, we'll try to have a 3rd or more!) -You will not need to request such assistance - only if you need help with vacuuming, dusting, mopping, or whatever before the event.

Alternatively to all the above, you're welcome to request a specific fee for the use of your place, but you'll need to be a current member or the current basic membership fee will be deducted from said fee.

If you have any questions, comments, or concerns on this new policy, PLEASE ASK!

You're also welcome to offer any suggestions on this, if you think we can do better and/or are not offering at least the same as another SoCal brother club.



We're still very much looking for other opportunities for nude hiking, camping, and other hot spring trips!

If you know of a good place to hike, camp, or of a hot spring that is *preferably* less than 200 miles away, please let us know!

We're not only looking for places to do such, but for guys who can lead the way – and for such, esp. if you can also drive a carpool and give guys without the means to get there, we'll give you our host's current offer – free membership for up to a year! – Drop us a line (see last page for contact info) if you can help us out like this.

Keep in mind that most of the events currently scheduled are un-hosted, so if you would like to host an event on that date or near it, just let us know and we'll make any necessary changes! ▼

Classified Ads:

Member Looking for a Spare Room, Bed, or Even Just a Couch for Housekeeping, Cooking, & Other Services

John, your group's president, is currently in need of a new place, as where he is now, the mobile home owner's seriously (as in packing boxes but not talking to a real estate agent yet) wanting to sell the place and likely move into assisted living, and the place is in a very, very less than ideal living situation anyway, and is looking for a place he can live and help you out a bit as well. (BTW, he is not looking for someone to be any more than a friend, but isn't opposed to something more should it become mutually beneficial for us both.)

If you have a spare room or at least a bed or even a couch available, John needs a place to live for a while in exchange for services like cooking, cleaning, doing laundry, and some possible handyman services or yard work. He can even assist a disabled person in things like personal care, bathing, dressing, etc. He can also sweeten the deal by offering a good massage at least once a week and a body scrub as often as you wish. (Just like the spas do, only he doesn't ignore any body parts, unless you want something ignored.) ☺

He's a nice guy – the sort that can get along with anyone, unless you're trying not to get along. ;)

While his favorite music artist is Enya, my volume levels of music or TV never bother anyone, and if ever he's awake and you're not, you'll never know it! He can also use headphones as needed.

Privacy is also important with me, and whatever goes on in your home & life won't ever be mentioned elsewhere.

Said place must be within about a mile of OCTA, LBT, MTA or other bus stops, and can be nearly anywhere in Orange County or Southern Los Angeles County. (Other areas might work out, especially if you are going to and can regularly offer rides to BA-MEN events, but I really don't want to leave the state – thanks for the offers, though, guys!)

In exchange for your space, you'll also get a free membership in BA-MEN at least as long as he can stay there, and will need to do so at least until his SSD is granted. (At which point he may move and/or offer you money for rent & utilities (incl. for the time already past there to continue living there.)

He will be getting his own food & have his own cell phone, and can also offer a share of said food.

FYI: While I much prefer to be able to live nude, if possible, I'm certainly not opposed to wearing clothing. ☺

If you can help, please call John at 714-248-6833 24 hours & leave a message or e-mail doctor34@gmail.com

BTW, if you know of a good disability lawyer, let me know, too!



Need a Personal Assistant or Valet? House or Pet Sitter? Computer Work? House-Cleaning? Handyman? Or ???

If you're looking for someone to help a disabled/semi-disabled person, house-sit, and maybe tend to your plants or animals (for example, he loves dogs & knows how to deal with aquariums), or if you're looking for some sort of help or work on your computer or other electronics, or perhaps need a new light switch installed, please

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contact John before you spend 2-100 times the amount on someone who might cramp your lifestyle.

Since I'm "one of you", I don't care if you have gay porn laying around, live with your boyfriend, or like to walk around the house nude! -In fact, if you do like to be nude at home, I will likely join you in doing so while there.

You don't have to worry about your liquor or food if you're looking for a house-sitter, as I don't drink, and will obtain my own food. -And you don't have to worry about someone maybe hosting wild parties or whatever... I'll respect your wishes, whatever they might be.

If you are interested, please call John anytime at 714-248-6833 & leave a message or e-mail him at doctor34@gmail.com.

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Need a Massage?

John is trying to get back into the "swing of it", and while he's feeling a little "rusty", he's offering you a good discount!

1 hour (plus) of massage at your place (out-call), using your bed, with Swedish & Tantric techniques for only \$25.

A body scrub is also available with a massage for only \$5 more! (Or, free if he can use your shower and not have to bother bringing towels. But he will bring bodywash!)

Sorry, but in-calls are not available at this time – it must be at your place.

If you'd like a different amount of time or have a partner or roommate who wants to relax as well, please ask him about other rates.

Service is offered in most of Orange County & the greater Long Beach area (\$5-\$7 more in L.A. County other than some select areas of Long Beach), but will consider other areas depending on the amount offered if payment is made in advance online.

(Note this is not an offer for sex of any kind, so please don't ask. Also if it matters what your massage artist looks like, please don't contact him either.)

Please contact him at (714) 248-NUDE [(714) 248-6833] or doctor34@gmail.com. -And **please** speak-up if you leave a voice

message, as several guys have called for one reason or another, but he could not understand the message or number to call you back at.

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Your Ad Could Be Here !!!

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Want to Submit a Classified Ad?

We feature **free** ads from members (or those paid for by others for a small fee that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via any method listed on the last page of this newsletter. ▼

Who is this Celebrity Guy?

In the last issue the celebrities was [Jack Matthews](#) from the movie "Drown".

The answer to who the guy shown here is will be in the next issue.



A hint: He's an Irish actor, known for several popular movies. ▼

Happy Birthday Wishes To:

Gary S. on 02/26, Eric A. on 03/09, & David B. on 04/24.

Become a member and get your birthday listed here too! ▼

Calendar of Events

(All Events Are **Tentative - *An RSVP for all is required!***)

To RSVP for any event, please click the following link or send email to that address, or call us via any hotline on the last page if you have no email. You may also contact us at this address if you have questions about the event that are not answered here.

BAMENRSVP@GMail.com

You can best RSVP for an event via our new RSVP forms:

For non-hotel or trip events, use:
<http://BAMEN.wufoo.com/forms/bamen-rsvp-form/>

Or, if you need to type the link, use:
<http://bit.ly/bamen-rsvp>

For hotel-based parties, click:
<https://bamen.wufoo.com/forms/bamen-hotel-party-rsvp-form/>

Or type: <http://bit.ly/rsvp-hotel>

And for trip events, click:
<https://bamen.wufoo.com/forms/bamen-trip-rsvp-form/>

Or type: <http://bit.ly/rsvp-trip>

Also, please take a moment to view our current polls online and help us shape the future of your club and our events:

<http://BA-MEN.Org/polls/>

Our pre-payment policy for any event is if you cancel by the event's RSVP deadline or if we should have to cancel the event, you will get your money back in full via the same online payment service, or via a bank issued check by mail after your payment has fully cleared. Late cancellations may still receive a refund if others pay to attend in your stead.

At this time, for all events that request pre-payment, you may pay via check or money order (by mail), Bluebird, PayPal, &

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PopMoney online, or you can pay in person in cash. (Email or call to get our payment address or a location to meet us if using cash or want to swipe your card in person.)

All pre-payments are due no later than Noon on the Friday the week before the event for online payments & U.S. Postal Money Orders, and all other checks & money orders are due by noon the Friday 2 weeks prior to the event.

BA-MEN provides a **drug-free environment**, and even things like "poppers" & "420" are not permitted at any time.

Also, **unless otherwise noted, smoking (even cloves & e-cigs) are not permitted.** ★



Need a Haircut?

At each of our scheduled hotel events (which is all but the meet & greet, pool

party, & Imperial Spa events in the events here), we'd like to offer you a free crew cut.

If you're interested, bring an large towel or sheet to capture the hair (and dump it in the trash carefully when you're done), and we'll be glad to give you a good buzz-cut.

The gent offering the haircuts (yours truly, the group President) is not professionally trained and is not asking for a cent (a tip would not be refused), but I can do a nice, even crew.

I can *try* to do other lengths, but I have never done so before, so there's no guarantees at all on how it might turn out. If you want to be a guinea pig and try something other than a crew, please bring a personal comb as well.

You will need to make your cut request (especially if not a crew!) known fully when you RSVP, as I will not bring the clippers if no one asks for one.

You're welcome to look at my own cut for an example of my work (and hopefully I've done it recently and it's not gotten shaggy).

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Saturday, March 5, 3pm-7pm

Imperial Health Spa (in Garden Grove)

***** Your RSVP is REQUIRED if you are attending with the group! *****

(You won't know where to find us or hear about any changes/cancellation in plans if you don't RSVP.)

Please **DO NOT FORGET TO RSVP** if you intend to attend! –Our last few Imperial Spa events have had few "for sure" RSVP's, especially any that would confirm they would attend.

If you plan to attend, please RSVP no later than 9pm on 3/4.

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The Imperial Spa is located at:
8251 Garden Grove Bl.
Garden Grove, CA 92844
Phone: 714-530-0055

Google map/directions:
<https://goo.gl/gYbZea>

(Please call only for location or services info, and do not mention BA-MEN when calling.)

Cost: \$15 entry due to the spa at arrival, plus any optional services.

Come and enjoy the many amenities of this Korean-style day spa, where virtually everyone goes nude. (Keep in mind this is an all ages spa, not a gay bath house, so it's not a place for sexual activity.)

The men's wet area features a dry sauna (on the hot side, but move away from the IR lamps to be a little cooler), steam room (fairly hot w/Eucalyptus), "Live Mineral" steam room (warm to mildly hot), a cold plunge, & fairly hot Jacuzzi.

Body scrubs (\$25 extra) are given in an alcove off the wet area by a male attendant wearing shorts only - you are nude.

Relaxation area has warm to rather warmly heated Jade & Salt Rooms, as well as a darkened recliner nap/TV room, and cold, filtered water is on tap.

Spa provides all soap, shampoo, conditioner, & even shaving cream & disp. razors if wanted, as well as small towels (sized to cover the sauna & steam room benches), and robes, t-shirts, & shorts for the common/co-ed areas.

Note that massages or acupressure treatments are given by women in the common area.

They do have a juice & snack bar w/sodas, juices, & Asian soups & goodies for an extra fee, and a robe is needed here.

Please RSVP so we know you plan to attend, but feel free to go anytime they are open, 8am-10pm.

Be sure to RSVP so we can tell you who to look for in the men's area, otherwise we'll never know you were there if you don't come over and say "Hi!"

RSVP at: <http://bit.ly/bamen-rsvp>

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Sunday, March 13, 4:00pm-9pm

Touch Session with Massage Exchange & Jacuzzi Soak and "Boudoir Photography"

In Long Beach, on PCH near Cherry, and not far from the 405 or 710.

Google Map/directions to approximate location: <http://is.gd/2d5pqqd>

(Note that this event allows intimate contact, however it is NOT A SEXUAL ACTIVITY event.)

If you plan to attend, please RSVP no later than Noon 3/8.

(For extra privacy, the exact address will be given to RSVP'ers only.)

FYI: You may develop an erection at some point during the event, but that's completely normal - we all understand the way a penis works and sometimes just wants to say it's enjoying things too. (Again, this is NOT a sexual event!)

The point of the event is to make friends with a deeper mutual trust & caring, and it's OK if you want to look for a boyfriend, too. ;)

This event is essentially the same as what another group refers to as a "puppy pile", where guys can "connect" more closely, allowing some basic contact while (in their group) remaining clothed and not progressing to sexual activity while at the event. (In other words, cuddling, spooning, & basic touch/contact.)

Our "touch session" will allow for a more direct contact, doing the same with your clothing off!

You are free to "connect" with anyone there that you wish, but you must respect their boundaries. If someone is letting their hands

or other body parts wander to somewhere you're uncomfortable with, please either ask them to stop or just take a gentle but firm grip on their hand (or other body part) and move it elsewhere... This extends to those with physical injuries & weaknesses, not just because of the way it makes you feel.

While during the scheduled event, no actual sexual activity is permitted, so we ask you to refrain from lip-to-lip kissing, all forms of penetration, and any actual masturbation or other sexual activity. (If you cannot abide by these limits, you may be asked to leave the event & not return.) We also ask that you help from spreading anything communicable by not touching anyone below their ankles (this can easily create jock itch or athlete's ft.), or their buttocks, and if you've not showered recently before arriving, please take a few minutes to do so on arrival.



You're also not permitted to do anything anyone may find painful, including any pinching or more than light squeezing. (Unless we're talking about massage techniques.)

Keeping the above in mind, it's OK to touch any external body part that your connection is OK with, including his penis & testicles. -But remember, please keep it friendly & not with a sexual intent during the event.

If you want to do more with your connection, you're welcome to exchange info and/or go home with one another at any time. (Or wait for the "after-hours party" following the event.)

If you'd like someone to take a photo of yourself posing nude on the bed or other nude poses, you're welcome to bring your own camera OR your president will take a photo with his 8MP digital camera, email it/them to you, and if you desire, the photo will be deleted, and not even used personally. Or alternatively, depending on content, if you allow, it may be used for a future newsletter, or Flickr page (no name or other ID on the photo), or even for a GNI newsletter or even in an issue of G+N Magazine.

If you bring your own camera for use at the event, you must agree not to photograph someone who does not wish it, and to otherwise use it ONLY for personal use or sharing with the group.

As implied by the French word "Boudoir", meaning bedroom, we'd encourage you to feel free to pose in a fashion that you would care to use on an online dating site, to send to a perspective date in email, or similar... Such poses may include erotica, with erections & holding same, but please nothing much more overtly sexual. (Though to be used by the group, the photo must be more of a rated "N" [naturist/nudist tame nudity] variety.)

Pizza will be ordered for delivery around 8pm for around a \$7-8 chip-in.

You're welcome to use the shower there whenever wanted (please bring your own soap/bodywash).



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Also, as space is available, massage exchange time is available as well. You may use the bed, floor space, or we'd love it if you can bring a massage table! (Let us know in your RSVP, and if you do, we'll give you a discount on the event.)

Bring your own: beverages, towels (1 to sit on at ALL times, plus 1 to dry off with after shower or Jacuzzi & a large/beach towel or sheet if receiving massage), as well as a non-staining massage lotion, gel, or oil and bodywash or soap.

Also please bring snacks (chips, dip, cookies, deserts, or appetizers) to share. (Enter type you'll bring in your RSVP, please.)

If you take the bus or think you might need to crash there, limited space is available to those who may QUIETLY spend the night on a first come, first serve basis. (Mention this when you RSVP if so.)

Cost: If pre-paid by the deadline, a MAXIMUM of \$20 for paid members, \$30 for non-members; and a student or limited income discount is avail. with membership, or free membership for non-members.

At the door, the rate will be a fixed at \$40 for members, or \$50 for all others with no discounts, assuming the event is a go and space is still available.

You must pre-pay to guarantee your admission and the lowest door fee. And if pre-paid, you may get in for as little as \$10, depending on attendance & your membership status.

Those that RSVP will be given the basic address, but we'll need to call you (or you can call us) with the room # we're renting, so BE SURE TO GIVE YOUR PHONE number when RSVP'ing for this event.

An "after-hours party" will be available for 2 hours following the event. (IE: You may engage in safe sex play then only. However, other than oral, no other penetration is allowed with any body part.)

Keep in mind what is not mentioned as off-limits here is OK to touch, as long as the one being touched allows it, that includes his chest, legs, back, shoulders, and yes, even his penis & scrotum, only keep in mind that the point of this type of touch is not to be sexual, but to allow for a better sort of male bonding, possibly to the point of finding a new boyfriend if you both wish, but we want to limit contact to not really be sexually

driven so as to keep the event from becoming an orgy and driving some guys away.

RSVP at: <http://bit.ly/rsvp-hotel>

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(Chicken) Taco Thursday Thursday, March 31, 6:00pm-7:00pm Meet 'n Greet

Clothed, at the Beach Bl & Garden Grove Bl. (or Acacia) Del Taco

(Thursday is 3 chicken soft tacos, \$2.29 + 9% tax at Del Taco)

Google Map/directions:

<http://goo.gl/caAdFA>

You MUST RSVP if you want to attend! If you don't we won't know you will be there, and if no one RSVP's, your President will not be there either.

Please RSVP by 9pm 3/30.

This is an event to meet & get to know a few of the group members ahead of time, as well as talk over things related to the group, and perhaps talk about new things to do or maybe find someone willing to host an event.

We'll plan to be at one of the outdoor tables (with umbrella) in front of the restaurant, this way others there won't hear us talking of naked parties or whatever. (If it rains or is cool, I will go inside near one of the front corners of the restaurant.)

You're welcome to order something from inside (or not) and join us, but you'll be responsible for your own bill and we're not asking for a cent for the event, but as always no donation will be refused should you wish to make one.

This event is non-smoking.

RSVP at: <http://bit.ly/bamen-rsvp>

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Upcoming Events:

Looking ahead long-term:

Late July/Early Aug. 2016: Clothed movie theater event in Huntington Beach or Garden Grove to see "*Star Trek: Beyond*".

Fri. 8/12/2016 & Sat. 8/12/2017: Annual President's Birthday trip to Catalina Island (Maybe rent a room on the island for a party and get naked?!?)

Plus more to be announced!

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stores, including some online stores, as well as the in-person ones. They even give you credit just for signing up!

Bad joke 2: How do you know if a guy's ticklish? Give him a test tickle (testicle). Ha ha ha!

More free things next month!



Like Free Stuff? (No joke!)

I've not really run many freebie bits for a while now, and I thought I might bring it back when I have the time...

I have two for the re-inauguration:

MyPoints: <http://bit.ly/mypoi>

With the above you can get points to earn free things, including gift cards, by doing things like just clicking links to view sites, take surveys, and even buy things for higher point awards.

Ibotta: <http://bit.ly/ibotta2>

Get real cash via PayPal, Venmo, or even some gift cards!

All you have to do is buy items listed on their app or site, then scan the code from the receipt or the entire receipt (depending on the store) and you'll get your award for those items listed in a few hours or overnight, depending on the store.

You can shop for things like groceries, clothing, and much more at a number of



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To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or cashier's check, to the address in contact methods, and make it payable to John E.

Membership Form

Name(s) _____

Address _____

City _____

State _____

Zip _____

Phone (____) _____

E-Mail _____

Birthday Month & Day _____

Please check as appropriate:

Is this a: New Membership Renewal

Membership Options:

1 Year - Electronic Newsletter (e-mail/download): \$10/year

Partners or Roommates add \$5 for each to the above.

Lifetime - Electronic Newsletter \$50 sgl./\$75 cpl.

College Student or Limited/Fixed Income - Electronic Newsletter \$5/year (Contact us first!).

Would you like your:

Name & last initial on our members' contact list?

Yes No

Phone # listed also? Yes No

E-Mail Address also? Yes No

Would you permit your photo to be used in:

Our newsletter & online members only areas?

Yes No

Our public web site? Yes No

Other club's newsletters? Yes No

Can you offer or do you need a ride or wish to car-pool to events?

I can offer a ride. I need a ride.

I wish to car-pool.

For ride-sharing purposes, what area do you live in?

Nearest **Major** Intersection - N/S Street first, please:

City _____

Zip _____

How did you first learn about our group? (Be specific!)

If you are interested in joining via **credit/debit card or electronic check**, please check our website, e-mail us, or call us at one of the numbers below for more information. You can join our club online at:

<http://BA-MEN.Org/signup>

Our Group's Purpose

(Southern California) Beach Areas Men Enjoying Naturism (AKA **BA-MEN**) is a men's naturist/nudist social group. **Our focus is as a loosely organized social club, not a sex/adult activity club.** (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

Fees: In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$10 per member, first time guest, or brother club member (with proof, please) per event, and \$5-\$15 per other non-member per event. -This does not take into consideration any additional donation for the host's or venue expenses. If you cannot afford the posted door fee, please let us know when you RSVP and we'll see if we can't help you out!

People: We are not a clothing-optional club, instead we **require nudity.**

We are a **private, not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

It does not matter your body-type: Fat, skinny, tall, short, or whatever your penis size, you're always welcome at **BA-MEN!**

Guests, visitors from other clubs, and new members are **always** welcome!

Contact Methods:

• **E-Mail:** BAMENclub@GMail.com

Please also be sure to have the above addresses added to your "White" or "Approved" lists and check your spam or bulk mail folders to make sure it did not get caught there. (We've been having problems with Yahoo & AOL either trashing or deleting mail to or from us, so you might try another free service like GMail.com, a great free service from Google.

Feel free to also contact us at our secondary address:

BA-MEN@BA-MEN.Org

• **24 Hour VoiceMail Phone Numbers:**

Long Beach area: (562) 507-1-BA-MEN [(562) 507-1226]

Compton area: (424) 785-4-BA-MEN [(424) 785-4226]

Garden Grove area: (714) 643-BA-MEN [(714) 643-2263]

Laguna Beach area: (949) 436-9-BA-MEN [(949) 436-9226]

All of our hotline numbers support incoming text (SMS) messages from cell phones, as well as voice messages.

• **US Mail:**

If you need to send us U.S. Mail, please e-mail or call us for a temporary mailing address.

For the **fastest** response, please contact us via e-mail.

• **Web Site:**

<http://BA-MEN.Org>

• **Yahoo Group Forums & Mailing Lists:**

<http://groups.yahoo.com/neo/groups/BA-MEN/info>

And for members only:

<http://groups.yahoo.com/neo/groups/BAMEN-Members/info>

Announcements only:

<http://groups.yahoo.com/neo/groups/BAMEN-Announcements/info>

Event Details only:

<http://groups.yahoo.com/neo/groups/BAMEN-Calendar/info>

Newsletters only:

<http://groups.yahoo.com/neo/groups/BAMEN-Newsletters/info>

• **We are on Tumblr at:**

<http://BA-MEN.Tumblr.com>

Newsletter: The deadline for submission of items is the 15th of the month prior to publication, or the 20th of the prior month if submitting online.

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