



Beach Men



Enjoying Naturism



Issue 44 ▼ March/Early April 2009



Fireside Chat

As you probably know, the weather turned foul from fairly nice just when we'd planned to go to Deep Creek Hot Springs in March, so it's been re-booked for Sat. 5/2 – hope you can make it!

We've got another brand-new event for April on Sat. 4/25, the "Initiation into Communal Nudity".

I've been seeing guys talk about how great this sort of event was for them with other groups, so I thought we'd give it a try.

The basic concept is to create an atmosphere of trust while introducing guys to casual nudity. Any "necessary" level of intimacy or sensuality evoked is incidental – it's there only to relax everyone and show that it's OK to be nude and be touched in a non-sexual way.

We're limiting it to 12 guys who for sure will attend, and we're hoping everyone can make it on time... I'll be contacting everyone who does RSVP for it to be sure when they can arrive. –See the event listings for details.

* * * * *

We *STILL* need more event hosts!

Perhaps it seems a bit like a broken record to some (if they know what that is, even!), but it would be really great if we could get more guys to host events, at least once in a while – maybe once a year, even? The more the merrier, really, but beggars can't be choosers I always say. ☺

And keep in mind that not only do our hosts (and their roommates or partner) not pay any door fees, we give our hosts some perks as well... Keep reading for more about that in the next section!

Ask us if you have any questions or concerns!

* * * * *

Keep our current offer for event hosts in mind!

Event hosts get free membership & more – ask us for details about this great offer!

If this sounds good to you, please either reply or click the following link to take advantage of the new hosting offer:

<http://B-MEN.org/hosting-offer/>



Keep in Mind:

B-MEN always welcomes ALL MEN, 18 or older at all events, **regardless** of age, looks, race, ethnicity, religion, etc!

So, yes, we always welcome "bears", and it doesn't matter how big (or small!) any body part is, you are welcome to attend!

We also allow guests and perspective members at ALL of our events, unlike some clubs. ▼

Classified Ads

Got a **WORKING** CDMA Cell Phone You Don't Need Anymore?

I'm looking for a *working* CDMA cell phone, one that has worked on MetroPCS, Sprint, or Verizon, or perhaps a few other carriers...

The phone, battery, & charger, at least, must all be in working order, and if you had the phone on MetroPCS, the account must have been closed in good standing.

I'm in need of such as an inexpensive way to switch carriers, as MetroPCS has unlimited everything for \$50 a month, which is about what I pay now for a small amount of air time, limited night/weekend time, and pay per use web & text.

If you can help me out, e-mail me at doctor34@gmail.com, or leave me a voice message at (714) 684-0104 and please tell me a bit about the phone and where I can pick it up in the late afternoon or evening any day.

Need a Massage?

John is trying to get back into the "swing of it", and while he's feeling a little rusty, he's offering you a good discount. 1 hour of massage at your place, using your bed and Swedish & Tantric techniques is only \$25. A body scrub is also available with a massage for only \$5 more! Sorry, but in-calls are not available at this time. If you'd like a different period of time or have a partner or roommate who wants to relax as well, please ask about other rates. Service is offered in most of Orange County & the greater Long Beach area (\$5 more in L.A. County other than some select areas of Long Beach), but will consider other areas depending on the amount offered if payment is made in advance via PayPal. (Note this is not an offer for sex of any kind, so please don't ask. Also if it matters what your massage artist looks like, please don't contact him either.) Please contact him at (562) 310-2847 or doctor34@gmail.com



Your Ad Could Be Here!!!



Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via: e-mail at B-MEN@B-MEN.Org; by phone or FAX to either (310) 884-1019, (714) 682-0149, or

B-MEN: Beach Men Enjoying Naturism (in So. California)

(888) 487-9025 x1002; or by mail to the address on the last page. ▼

Who is this Celebrity Guy?

In the last issue, the celebrity was Robert Ulrich (star of "Vegas" and many other P.I. shows) from an unknown source.

The answer to who is shown here (in the next column) will be in the next issue.



A hint: He (center black guy) plays a Doctor on a current TV series. ▼

Happy Birthday To:

Steve Q. on 03/06, Sam L. on 03/27, Jim C. on 04/01, Fred V. on 04/07, Michael J. on 04/07, Gary W. on 04/18, & Bill B. on 04/24.

Become a member and get your birthday listed here too! ▼

Calendar of Events

(All Events Are *Tentative* - ***An RSVP to all is required!***)

To RSVP for any event, please click or go to online to the following link, or call us via any hotline on the last page if you have no email.

<http://B-MEN.Org/rsvp/>

**Saturday, April 11,
4pm-9pm**

**"Relax Before Tax" at the
Imperial Spa**

(Garden Grove, Garden Grove Bl., 2 blocks E. of Beach Bl. at Fern Ave. in the Koreatown Mall, & off the Beach exit of the 22 Fwy.)

Imperial Health Spa
8251 Garden Grove Bl.
Garden Grove, CA 92844

Phone: 714-530-0055

MapQuest map/directions:

<http://b-men.org/shorty/imp-spa-gg/>

Cost: \$15 entry due to the spa at arrival, plus any optional services.

Come and enjoy the many amenities of this Korean-style day spa, where virtually everyone goes nude.

The men's we area features a dry sauna (on the hot side, but move away from the IR lamp to be a little cooler), steam room (fairly hot w/Eucalyptus), "Lime Fomentation" steam room (warm to mildly hot), a cold plunge, & fairly hot Jacuzzi.

Body scrubs (\$25 extra) are given in an alcove off the wet area by a male attendant wearing shorts only - you are nude.

Relaxation area has warm to rather warmly heated Jade & Salt Rooms, a room w/leather recliners, and Sparklets water is on tap. (Robe needed for recliner room, which spa provides.)

Spa provides all soap, shampoo, conditioner, & even shaving cream & disp. razors if wanted, as well as small towels (sized to cover the sauna & steam room benches), and robes, t-shirts, & shorts for the common/co-ed areas.

Note that massages or acupressure treatments are given by women in the common area.

They do have a juice & snack bar w/sodas, juices, & Asian soups & goodies for an extra fee, and a robe is needed here.

Please RSVP so we know you plan to attend, but feel free to go anytime they are open, 8am-10pm.

Weekend of April 18

**"Death (Valley) After Taxes"
Tecopa Hot Springs & Death
Valley Weekend**

For an area map & directions, see:
<http://s.b-men.org/tha/>

Estimated cost: Assuming 4 guys car pooling, \$60 for 2 night's at Delight's, \$10 gas round-trip (est. at 1/4 gas cost for 235 mi. each way at 25 MPG at \$2.15/gal.), around \$40-\$60 food (if going to one of the cafes).

Advise: Bring extra spending money (for China Ranch goodies, museum souvenirs, etc), water, perhaps dry goods/non-perishable food, a few changes of clothes to suit varying weather conditions, toiletries, or anything else you might want.

Based on poll results, the popular choices are to stay at Delight's Hot Springs Resort, and based on who exactly wants to do what that actually RSVP's, we'll set-up a schedule...

You'll find info on Delight's at:

<http://delightshotspringsresort.com>



One of the open-sky baths at Delight's

Besides the really wonderful soaking waters in Tecopa (feels very soft, & kinda "silky", even though it's really very hard water), there's other things to see & do, like: Hiking, visit ghost towns, see the Death Valley wild flowers, the Death Valley Museum in Shoshone (nearest town to Tecopa, about 10 mi.), visit the China Ranch Date Farm (yummy date shakes & other date confections, tours, etc), and you can also go soak in the outdoor hot spring pool, or soak in the bentonite clay mud pits.

For meals, one can go into Shoshone at the Crowbar restaurant, or perhaps the Tecopa Café if it's open, or you can bring something non-perishable, or perhaps go into Pahrump, NV, and get some groceries at either Smith's or Albertsons, or maybe even Wal-Mart. (Going into Pahrump also would mean more sightseeing, as well as a chance to gamble at a Nevada casino, if you so choose.)

One thing we really do need is for someone to RSVP that they will drive a car pool in their vehicle, there & back. -If you can drive your car or help driving another's, please let us know when you RSVP!

For more info on Tecopa and the area, see:

<http://www.tecopahotsprings.org>

<http://www.chinaranch.com>

<http://www.nps.gov/deva/>

<http://www.tecopaca.com>

<http://www.deathvalleychamber.org/places/shoshone/shoshone.htm>

<http://www.amargosa-opera-house.com>



Tecopa, CA

B-MEN: *Beach Men Enjoying Naturism (in So. California)*

**Saturday, April 25,
5pm-11pm?**

An "Initiation Into Communal Nudity" with Jacuzzi Soak

(in Westminster, near Beach Bl. & the 22 Fwy.
or Garden Grove Bl.)

Map & directions to the approximate location:
<http://s.b-men.org/wm-b-23/>

(For extra privacy, the exact address will be
given to RSVP'ers only.)

Approx. location is Beach Bl. & 23rd St. in
Westminster, which is North of Westminster Bl.
and South of the 22 Fwy.

Pizza or Chinese food will be avail. for a chip-in
of \$5-\$8 each, to be delivered around 8-9pm
(after the "exercise").

Cost: If pre-paid by 4/17, a MAXIMUM of
\$25 for members, \$30 for non-members; a
student or limited income discount is avail. with
membership, or free membership for
non-members. The rate will be a fixed \$30 for
members, \$35 for non-members with no
discounts if paid at the door, assuming the event
is a go and space is available. (You must
pre-pay to guarantee your admission and the
lowest door fee.) If pre-paid, you may get in for
as little as \$10, depending on attendance.

You can pre-pay at:
<http://s.b-men.org/ini-pp/>

Online payments are accepted at no charge to
you via PayPal, Amazon, Google, & Revolution
Money Exchange.

When you RSVP, you'll get our address & info
to send payment via check or Money Order.

For a full description of this event and to help us
with your input on a few points, please see our
poll at:

<http://www.b-men.org/poll2/public/survey.php?name=Initiation>

The basic idea is to have everyone gather by a
set time and two groups are formed...

One will likely be blindfolded and slowly
undressed in a caring, trusting way.

The other group will be the ones doing the
undressing.

Roles may be reversed at the completion of the
first group's experience.

Intimate touching will be involved, but this is not
a sexual experience.

The point of the exercise is to foster mutual trust
& caring among men while being introduced to
the concept of communal, casual nudity.

When the exercise is essentially over (est.
8-9pm), pizza or Chinese food will be ordered
(which do you prefer? enter in RSVP comments,
please), for around a \$5-\$8 chip-in.

An in-suite Jacuzzi will also be available for
your soaking pleasure, and you're welcome to
use the shower there whenever wanted (please
bring your own soap/bodywash).

Bring your own: beverages, towels (1 to sit on at
ALL times, plus 1 to dry off with after shower or
Jacuzzi). Also please bring snacks (chips, dip,
cookies, deserts, or appetizers) to share.



[Jacuzzi in our rented location](#)

Saturday, May 2, 9-10am car pool, 6pm? leave springs Deep Creek Hot Springs Hike & Soak

(near Hesperia)

Cost: No fee from B-MEN, but expect \$5-\$10
per vehicle parking, plus driving costs.

Est. Distance: 100 miles, around a 2 hr. drive
plus 1 hr. (give/take) hike.

Est. car pool cost if 4 going: \$4-\$5 for 1/4 of gas
cost for 100 mi. at \$2.15/gal. & 25 MPG.

Note if the weather in the area is rainy (roads
may be impassable), the event will be canceled
with a possible reschedule.

Right now, Sat. may be cool (mid-60's) but
clear, but that could change, so will advise by
Noon Fri. 3/20 if we're canceling, as well as
coordination of car-pool requests.

We'd like to car pool from designated spots in
our area, leaving around 9-10am to arrive there
well before noon, and likely leave the area of the
hot springs around 5-6pm so to have sufficient
light to leave the area and get back on the road
by nightfall.

Map & directions to Bowen Ranch, the start of
the shortest trail, is here:

<http://s.b-men.org/dchs-br/>

The spring area is here, but use the above for
driving directions:

<http://s.b-men.org/dchs/>

For more information on Deep Creek Hot
Springs, see:

<http://deepcreekhotsprings.com>

And:

<http://www.deepcreekvolunteers.com>

More info and more still photos of the area are
here:

http://www.communitywalk.com/location/deep_creek_hot_springs/info/12741

Also see:

<http://www.fs.fed.us/r5/sanbernardino/recreation/deepcreek/>

For some videos on the area, see:

<http://www.youtube.com/watch?v=xk4Sxz100pA>

<http://www.youtube.com/watch?v=bxkNoIL0rTE>

Deep Creek Hot Springs is a natural,
undeveloped hot spring near Hesperia in the San
Bernardino Mtns. area.

If the weather cooperates, nude hiking after
leaving the parking area is possible to the
springs, and most people use the springs nude.

Note that since this is a public location on
federal land, we cannot guarantee we will be
alone on the trip, and men, women, & children
may be present.

Also note that natural hot spring waters
sometimes contain amoebas, and it is not
advisable to put your head under water - keep
your nose & mouth above water at all times and
do not drink the water.

Deep Creek Hot Springs is a great place to soak
your cares away for a while, and features many
pools with different degrees of heat to them.
(Hot to cool, depending on distance from the
source.)

The hot springs are about a 1.1 mile hike (est. 20
-30 mins.), with about a 500' drop in elevation
on the hike to the springs, according to



[Deep Creek Hot Springs Pool](#)

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DeepCreekHotSprings.com (Deep Creek Volunteers says it's just over a 2 mi. hike with an over 900' drop in elevation.)

Camping near the springs is not permitted, and so not suggested for this trip.

Saturday, May 9,

Exact Time TBA

"Star Trek: The Future" &

Optional Late Lunch

(Exact Locations TBA)

See the new movie "Star Trek: The Future" at an O.C. area movie theater. (This is a clothed event.)

Cost: TBA.

While they don't have any data on it yet, we're am hoping we might be able to get to the Century 20 Bella Terra in Huntington Beach for their first showing of the new "Star Trek" movie, as their first matinee price is only \$6.50 – it's \$8.25 for other matinees and \$10.75 after 2pm on the weekends.

If not this theater, perhaps the Edwards in Westminster Centre, with similar pricing other than the 1st matinee.

If you have a better suggestion on theaters, please let us know via feedback!

After the movie, we'll plan to meet for a late lunch – perhaps at the [MetroQ](#), which is O.C.'s newest & Huntington Beach's only gay bar & grill, which will be located off Beach & Garfield. (Opened 3/25.)

Following that, estimated at 5pm, we're going to the Imperial Spa in Garden Grove.

Be sure to RSVP for all parts, if you're attending each.

Saturday, May 9,

5pm-9pm

Imperial Spa

See 4/11 for details.

☞ **More events for May to be announced by mid-April.**



[DeAnza Springs Resort from hilltop](#)

**Saturday & Sunday,
June 13-14
DeAnza Springs Resort
Weekend**

(in Jacumba, in Eastern San Diego County)

Map/directions to DeAnza Springs:

<http://s.b-men.org/ds/>

Come with us and enjoy a weekend of 24/7 clothing-optional bliss, indoors or out, on the Southern edge of the Anza-Borrego Desert in tranquil Jacumba, CA at the DeAnza Springs Nudist Resort.

You can find DeAnza Springs online and see what their resort looks like here:

<http://www.deanzasprings.com>

They have both indoor & outdoor pools, a Jacuzzi/spa large enough for 15-20 people, sauna, fitness room, tennis, badminton, horseshoes, & much more!

Imagine a modern campground, only now imagine it not only has tent & RV spaces, but motel rooms & mobile home rentals, complete with all the comforts of home, including satellite TV, A/C or swamp coolers, and the mobile homes have full-size stove & fridge, pots, pans, plates, flatware, etc.

Imagine that this wonderful place allows nudity everywhere, including in their nice café, where you can order 3 meals a day from around \$5 to \$12, as well as in their bar (open in the evenings).

Also imagine miles of hiking trails, as well as books & games you can use if you like.

For those of you that can't go 24 hours without checking their e-mail, they do have Internet access for a fee, and if someone will bring their laptop & let us use it, we might get them their access at no cost to them. ☺

We'll be planing to bring food to share (for a reasonable fee), so you can save money vs. the café, and might include soft drinks as well.

The resort provides towels to anyone staying over night, but you might want to bring a beach towel for lounging on around the pool.

The showers across from their clubhouse, as well as the ones at the indoor pool & restroom areas off the outdoor pool all have bodywash (though the last your President was there, they had the pina colada-type soap, so if you're sensitive to coconut oil, you might want to bring your own).

The resort is located in the high desert area of Eastern San Diego County, so it's usually a dry climate, with warm days & cool nights.

If you can, we recommend you come the Friday afternoon/evening before (if you can't get there before the office closes at 5pm, you can stay as a guest of your President the first night, then check in the next day, assuming that yours truly can get a lift out there Friday afternoon or evening) – it's a much more relaxing weekend if you can spend more than 24 hours there completely nude!

Speaking of which, we'd love to have a small group of guys go together and rent one of the mobile homes, that way it's less expensive to stay there when you divide the rental cost, as well as we can have a place to keep & cook food, rather than resort to the café for all meals. (Though, if they have their fish tacos on the menu, try them, as they are very, very good!)

We'd really like anyone interested in this great weekend get away to RSVP by the end of May, that way we're more guaranteed to have the rental we'd like, and can give guys a better idea on cost.

Cost: Estimated around \$80 for 2 nights/3 days, not including cost of food. (Based on 4 guys sharing one rental.)

Motel rooms sleep 2, but some mobile homes rentals do up to 6, I understand.

Besides a towel, you might want to bring snacks and a water bottle, but you won't need much else, other than perhaps a change of clothes to leave in, and maybe some good hiking shoes – if you stick to some of the easier paths terrain sandals are OK, but they're not goof for the rockier paths.

We'll plan things like a BBQ for Sat. afternoon, as well as a massage exchange inside our rental unit.

If we can go other co-operative meals, we're thinking lasagne, and some traditional breakfast foods.

Sound like a fun weekend to you?!?

By the way, you can save on one day's use fee if you've never been there before with the coupon they have online. (If we get a group rate, it's \$12 per day, otherwise it's around \$20/day.)

We'll be there with the guys from Bare Buns



[DeAnza Springs outdoor pool & spa](#)

B-MEN: Beach Men Enjoying Naturism (in So. California)

California, our brother club in San Diego, and that weekend is the AANR West Summer Festival at Glen Eden, so it's not likely to have a lot of women & children around. (Though keep in mind it's a mixed-gender, family-friendly as well as gay-friendly nudist resort, so no open sexual activity is permitted.)

☞ By the way, for the 4/25 "Initiation", please say when you RSVP when you can arrive, and if you want to be an "initiate" (undressed by someone) or an "initiator" (one doing the undressing).

☞ Also let us know for 5/9 if you have a theater or restaurant preference when RSVP'ing.

Upcoming Events:

Currently in the planning stages for 2009 are:

- ☞ San Onofre nude beach trips (tentatively Sat. 5/23 for the first, plus Sat. 7/11)
- ☞ Pool parties
- ☞ Wine & soda/juice tasting party
- ☞ San Vicente Inn (WeHo gay nudist resort) parties
- ☞ 4th of July weekend BBQ & pool party (location TBA – either San Vicente or, crossing our fingers, a member of the group's home.)

Your event could be right here!

Contact us **TODAY** to get **your** event scheduled!

Please also see our **polling page** online (or call us at any number on the last page to take part in the polls) for our event planning polls! –These help us decide what to do based on **what YOU want to do!**

<http://B-MEN.Org/polls/>

What Do You Think???

Got a comment, suggestion, or even criticism of one of our events, the newsletter, web site, or something else of ours? Please let us know!

We want to make this club the best it can be so everyone enjoys it thoroughly!

Use any contact method on the last page, and you're welcome to make an anonymous phone, fax, or even e-mail message via the feedback button on our web site – just enter "anony@mous.com" or something like that for the address. –Naturally we cannot reply to such, but we'll listen!

Our Next Newsletter

We're hoping to have the next issue of our newsletter out around the 3rd week of April, but as always, we'll do our best to get it out as soon as we have more event info to give you.

For the latest news, keep track of our web site and/or subscribe to one or more of our (e-)mailing lists or our Yahoo Group forums, which get the latest info a lot faster than I can get a newsletter out!

Want to Host a Movie Night?

Some guys often ask about these, and we can certainly help out with them in more ways than some other events, that being...

If you don't have a working DVD or VCR unit, our president has a combo unit with cables for a quick hook-up to any TV!

And it's OK if you have a smaller TV, though 19" or larger is best, but we'll take any offer we get, seriously!

As for what to show, our president has recently acquired a couple of gay Sci-Fi features (made for pay-per-view TV, the "Here!" channel) "The Lair", as well as seasons 1-2 of "Dante's Cove", including the original pilot for the series.

He also has "Brokeback Mountain", the "collector's edition", and a number of various non-gay Sci-Fi movies & some TV series as well, including two (as yet) unaired, made for direct-to-DVD movies of the "Stargate SG-1" series.

We'd also love to see something you have in your collection, or even a current hit that the guys might like from satellite, cable, or fiber on-demand viewing. (If it's pay-per-view, we can have guys pitch-in \$1 or something to help out with your bill.)

If you're interested, contact us via any method on the last page of the newsletter and we'll have you hosting your first event (or first movie night) before long!

(Speaking of which, I recommend at least 3 week's advance notice, that way we can get out

a newsletter and give guys time to plan to attend.)

We're Still Looking for a Little Help!

If you have a phone with unlimited long distance and a little time when you have access to that free long distance (that way you don't have to worry if someone's local to you or not – if you don't have free long distance you could help anyway, but we can't cover your phone bill, sorry!), you'd make an ideal candidate to help us return some phone calls to answer questions about the club!

We have voicemail numbers that you would call to check messages, and then return whatever calls you can handle, and let us know about the ones you can't (like a membership issue or one that's not a local call to you).

In return for your efforts, we'd offer you free membership for as long as you can act in this capacity.

You would also need to e-mail us the status of any returned calls (like talked to the guy, left a msg., what call was about in general and if he might become a new member, attend an event, or whatever).

It's really that simple!

If you're interested, please e-mail us at the address on the last page.

While anyone might be able to do it, ideally it would be someone who frequently attends B-MEN events.



B-MEN: Beach Men Enjoying Naturism (in So. California)

To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or guaranteed check*, to the address in the next column, and make it payable to **John E.**

Membership Form

Name(s) _____

Address _____

City _____

State _____

Zip _____

Phone (____) _____

E-Mail _____

Birthday Month & Day _____

Please check as appropriate:

Is this a: New Membership Renewal

Membership Options:

1 Year - Printed Newsletter: \$25.00/year

1 Year - Electronic Newsletter (e-mail/download): \$10.00/year

Partners or Roommates add \$5.00 for each to the above 2 options.

Lifetime - Electronic Newsletter \$100 sgl./\$150 spl.

College Student or Limited/Fixed Income - Electronic Newsletter \$5.00/year (Contact us first!).

Would you like your:

Name & last initial on our members' contact list?

Yes No

Phone # listed also? Yes No

E-Mail Address also? Yes No

Would you permit your photo to be used in:

Our newsletter & online members only areas?

Yes No

Our public web site? Yes No

Other club's newsletters? Yes No

Can you offer or do you need a ride or wish to car-pool to events?

I can offer a ride. I need a ride.

I wish to car-pool.

For ride-sharing purposes, what area do you live in?

Nearest **Major** Intersection - N/S Street first, please:

City _____

Zip _____

How did you first learn about our group? (Be specific!)

* If you are interested in joining via **credit card, electronic check, or check by phone or FAX**, please check our website, e-mail us, or call us at one of the numbers below for more information.

Our Group's Purpose

(Southern California) Beach Men Enjoying Naturism (AKA **B-MEN**) is a men's naturist/nudist social group. Our focus is as a loosely organized social club, not a sex/adult activity club. (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

Fees: In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$5 per member, first time guest, or brother club member (with proof, please) per event, and \$5-\$10 per non-member per event. -This does not take into consideration any additional donation for the host's or venue expenses.

People: We are not a clothing-optional club, instead we require nudity.

We are a **private, not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

It does not matter your body-type: Fat, skinny, tall, short, or whatever your penis size, you're always welcome at **B-MEN!**

Guests, visitors from other clubs, and new members are **always** welcome!

Contact Methods:

• **E-Mail:** B-MEN@B-MEN.Org

If you don't get a response within a few days, please re-send your message and also CC our backup address of: SoCA.BMEN@GMail.com Please also be sure to have the above addresses added to your "White" or "Approved" lists and check your spam or bulk mail folders to make sure it did not get caught there. (We've been having problems with Yahoo & AOL either trashing or deleting mail to or from us, so you might try another free service like GMail.com, a great service from Google.

• **24 Hour VoiceMail Phone Numbers:**

Toll-Free: (888) 487-9025 x1002

Compton area: (310) 884-1019

Santa Ana area: (714) 682-0149

• **US Mail:**

B-MEN

P.O. Box 395

Westminster, CA 92684-0395

For the **fastest** response, please contact us via e-mail at the address above, or via our web site.

• **Web Site:**

<http://B-MEN.Org>

• **Yahoo Group Forums:**

<http://groups.yahoo.com/group/B-MEN/>

<http://groups.yahoo.com/group/BMEN-Locals/>

And for members only:

<http://groups.yahoo.com/group/BMEN-Members/>

Newsletter: The deadline for submission of items is the 15th of the month prior to publication, or the 20th of the prior month if submitting online.

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