



# Beach Men



# Enjoying Naturism



Issue 41 ▼ October 2008



## Fireside Chat

The hosts with the most are in the news (or is it “nudes”!)...

Ron H., a new member, has invited us to a Jacuzzi Soak & Massage Swap on Sat. 10/25 at a rented location.

We’re limiting attendance at this event, due to the space available, and be sure if you do go to thank Ron for renting the place for us.

Also Mark R., in Fullerton, has graciously invited us back for another pool & Jacuzzi party with a potluck BBQ on Sat. 10/11!

At both of these events we’re making a special offer: If you join or renew your membership at the event or online within a week, you can attend the event free!

Normally, it’s \$5 for non-members at such an event, or \$2 for most members, but any new members who join with cash at the event or pay electronically online within a week can attend that event free.

Please see the last page of this newsletter for our current membership rates. (The 2 year or more special rate mentioned on this page does not apply to this offer, but you can take advantage of it for greater savings, if you wish.)

Keep in mind that full time college/university students and those on a limited/fixed income may still join for \$5/year with proof of status... If you don’t join, you’d still pay the \$5 to attend, so this is a no-brainer offer! ☺



Be sure to watch our online polls for some ideas for events for the late Fall & Winter season when things slow down.



## Keep our current offer for event hosts in mind!

Starting with your first hosted event, hosts get:  
☞ A 1 year membership with electronic newsletters (for non-members), or a 1 year extension of your current electronic membership or 6 months extension on a printed newsletters.

☞ You’ll be eligible for another membership extension again after 6 months the first hosted event.

☞ If you host a second event during that 6 month period, you’ll be eligible to attend as many DONATION funded events as you like for free during the remainder of that 6 month period! (IE: If we ask for \$2 for members, \$5 for non-members, you get in free, which is the same as lifetime members are getting currently.)

☞ If you host a 3rd event during that period, we’ll waive your event attendance donations for the remainder of 12 months from your 1st event.

☞ Host a 4th event in that 6 months and you’ll get attendance donations waived for the remainder of your current membership period! (Which means if you’ve paid for 2 years in advance, the remainder of those 2 years, plus any time we’ve added already, will be free!)

☞ If you really want to go nuts and host something on a monthly basis, you’ll be renewing yourself for membership & the event fee waivers continually anyway, so we’ll also work out all possible discounts at events where everyone’s paying more than \$2/\$5 to enter, plus we’ll offer you a percent of the door fee donation at your hosted events!

If this sounds good to you, please either reply or click the following link to take advantage of the new hosting offer:

<http://B-MEN.org/hosting-offer/>



## Keep in Mind:

**B-MEN always welcomes ALL MEN**, 18 or older at all events, **regardless** of age, looks, race, ethnicity, religion, etc!

So, yes, we always welcome “bears”, and it doesn’t matter how big any body part is, you are welcome to attend! ▼

## Classified Ads

### Need a Massage?

John is trying to get back into the “swing of it”, and while he’s feeling a little rusty, he’s offering you a good discount. 1 hour of massage at your place, using your bed and Swedish & Tantric technics is only \$30. A body scrub is also available with a massage for only \$5 more! Sorry, but in-calls are not available at this time. If you’d like a different period of time or have a partner or roommate who wants to relax as well, please ask about other rates. Service is offered in most of Orange County & the greater Long Beach area (\$5 more in L.A. County), but will consider other areas depending on the amount offered if payment is made in advance via PayPal. (Note this is not an offer for sex of any kind, so please don’t ask. Also if it matters what your massage artist looks like, please don’t contact him either.) Please contact him at (562) 310-2847 or [doctor34@beach-cities.com](mailto:doctor34@beach-cities.com).



**Your Ad Could Be Here!!!**



# B-MEN: Beach Men Enjoying Naturism (in So. California)

## Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via: e-mail at [B-MEN@B-MEN.Org](mailto:B-MEN@B-MEN.Org); by phone or FAX to either (310) 884-1019, (714) 682-0149, or (888) 487-9025 x1002; or by mail to the address on the last page. ▼

## Happy Birthday To:

Dan S. on 10/16 & Kuniaki N. on 10/21.

Become a member and get your birthday listed here too! ▼

## Who is this Celebrity Guy?

In the last issue, the celebrity of the month was "The 4400" star Chad Faust from the movie "Bait and Switch". ("The 4400" is a USA Network TV series of 4 seasons, that started in 2004 and ran thru last year, and is a bit similar in plot to "Heroes".)

The answer to who is shown here will be in the next issue.



A hint: He's the host on a reality show. ▼

## Got any Ideas???

We're always looking to find new things to do as well as new places do events, so if you have any ideas, even if they seem a little zany, please let us know – even if you cannot host your idea.

Speaking of which, if you can host, you'll get up to one year of membership in B-MEN (or an extension of your current membership) for the use of your place, as well as your time and effort. You can find our offer at: <http://B-MEN.Org/hosting-offer/>

If you're not online, or want to send us your ideas, please contact us at any method on the last page. ▼

## Refer a Friend, Get Free Membership!

If you know of someone who'd love to get naked & relax with us, please tell them about us! If they become a member, we'll give you a free membership or extension of same for ¼ of their membership period if they indicate you as their referral on our membership form.

You can also get a free membership (or extension) for up to 6 months for referring a new event host whether or not they join as a paid member before that. (They simply need to host at least one event and mention you as referral during event coordination talks.) –See last page to contact us. ▼

## Calendar of Events

(All Events Are *Tentative* - ***RSVP is required!***)

To RSVP for any event, please click or go to online to the following link, or call us via any hotline on the last page if you have no email.

<http://B-MEN.Org/rsvp/>

**Sunday, October 7,  
2pm-10pm  
Imperial Spa**

(Garden Grove, Garden Grove Bl., 2 blocks E. of Beach Bl. at Fern & off the Beach exit of the 22 Fwy.)

Imperial Health Spa  
8251 Garden Grove Bl.  
Garden Grove, CA 92844  
Phone: 714-530-0055

MapQuest map/directions:

<http://tinyurl.com/imperial-spa-gg>

Cost: \$15 entry due to the spa at arrival, plus any optional services.

Come and enjoy the many amenities of this Korean-style day spa, where virtually everyone goes nude.

The men's we area features a dry sauna (on the hot side, but move away from the IR lamp to be a little cooler), steam room (fairly hot w/Eucalyptus), "Lime Fomentation" steam room (warm to mildly hot), a cold plunge, & fairly hot Jacuzzi.

Body scrubs (\$25 extra) are given in an alcove off the wet area by a male attendant wearing shorts only - you are nude.

Relaxation area has warm to rather warmly heated Jade & Salt Rooms, a room w/leather recliners, and Sparklets water is on tap. (Robe needed for recliner room, which spa provides.)

Spa provides all soap, shampoo, conditioner, & even shaving cream & disp. razors if wanted, as well as small towels (sized to cover the sauna & steam room benches), and robes, t-shirts, & shorts for the common/co-ed areas.

Note that massages or acupressure treatments are given by women in the common area.

They do have a juice & snack bar w/sodas, juices, & Asian soups & goodies for an extra fee, and a robe is needed here.

Please RSVP so we know you plan to attend, but feel free to go anytime they are open, 8am-10pm.



**Saturday, October 11,  
Noon-6pm**

**Pool & Jacuzzi Party  
w/Potluck BBQ**

(in Fullerton, near Euclid & Commonwealth or Orangethorpe)

MapQuest link to area:

<http://tinyurl.com/near-mark-ful>

(Exact address or other contact info will be provided to those who RSVP only.)

# **B-MEN: Beach Men Enjoying Naturism (in So. California)**

Cost: Lifetime members free, other paid B-MEN members \$2, & \$5 for all non-members. (Any guy who joins or renews his membership can get in free at this event if you join or renew at the party or online within a week of attending.)

Mark has invited us back to his lovely home in Fullerton for a afternoon of fun in the water!

He's also got a great outdoor fire pit if it gets cool or for after sunset. The water is heated as well!

The photo before this listing is of Mark's Jacuzzi, and you can take a look at some more of photos from September's party at Mark's in the Photo Gallery: <http://B-MEN.Org/photos/>

...And here's a few more:



Since this is a pool/Jacuzzi party, we ask that you not bring any glass containers, if possible... If you have a beverage in a

glass bottle, we ask that you please pour it into a plastic cup (that we'll have available) away from the wet area for everyone's safety.

As before, we ask that you bring a dish big enough to feed 4-6 guys. When you RSVP, you'll have the chance to say what you want to bring, however, based on order of your RSVP, we may ask you to bring another dish from the following suggestions if we have too many of what you have suggested or not enough of another: meat to grill (IE: burgers or dogs), buns & chips, salad & chips, side dish & chips, desert & lg. bag of ice. (This will help balance the cost of what everyone brings, as well as help us have more of a variety.)

Plates, cups, napkins, & plastic ware will be provided, but you may wish to bring a cooler or folding chair, if you can.

As always at our events, we ask that you bring your own towel (2 please - one to dry off with and one to sit on at all times), beverages, & sun block.



Smoking will be permitted outdoors, downwind of everyone only please, and an outdoor dog may be present (hopefully this won't bother anyone's allergies). Also, there are a few steps into the home, but if anyone needs help getting in, please let us know!



And as always, please invite a friend! (Not sure if they're interested? Try casually asking if they've ever been to a nude beach before and see where that goes!)

If you'd like to see our host & take a virtual tour of the place, check

out his web site: <http://www.zimmy1.com>

## **Saturday, October 18 & Sunday, October 19**

### **Palm Springs Nude Weekend**

with the guys of BBC & PSSST

B-MEN, BBC (Bare Buns California of San Diego), and PSSST (Palm Springs Social Sun Tanners) invite you for a weekend of naked fun.

The Canyon Club Hotel will serve again as the center of operations. The hotel will be offering special rates of \$89 for most rooms, exclusive of tax. Please mention BBC or B-MEN when making reservations directly to the hotel at 1-877-258-2887. More info at their website <http://www.canyonclubhotel.com>



A Saturday afternoon pool party will be hosted by Martin & Chuck at a gay clothing-optional apartment complex in Cathedral City. Beginning at noon, you are invited to lounge by the pool and enjoy the desert sun. BBC Activities Director Jim H. will host a BBQ at

2:30. This is NOT a potluck and the door fee will be \$5 for B-MEN, BBC, & PSSST members and \$10 for non-members. Please RSVP for the Saturday BBQ portion of the weekend to: [rsvp@barebunsocalifornia.org](mailto:rsvp@barebunsocalifornia.org)

On Saturday evening everyone is welcome at the Canyon Club to enjoy the heated pool, spa, steam room, and sauna. (No charge to enter the hotel or use the pool if you say you're with B-MEN, BBC, or PSSST & no RSVP needed.)

On Sunday morning, B-MEN will host a Sunday brunch at the hotel at 10am. Door fee is \$5 for members (of any of the clubs), \$7 for non-members. Please RSVP for the Sunday Brunch portion of the event to [B-MEN@B-MEN.Org](mailto:B-MEN@B-MEN.Org), or mention it on the B-MEN RSVP form under comments.

Also Sunday, a Pool Party at the Canyon Club pool from 11am to 3pm, and everybody is welcome to hang at the hotel pool for an afternoon. Again, no charge, but bring your own drinks. No reservations necessary.

For the meals, please RSVP to the appropriate email address above. You must RSVP no later than Wednesday Oct. 15th. This is important for hosts to plan enough food.

Be sure to fill out our RSVP form so we know you plan to attend, especially if you can or would like to share a ride or a room while there.

## **Saturday, October 25, 5pm-10pm**

### **Jacuzzi Soak & Massage Trade w/Pizza Chip-in**

(in Westminster, on Beach Bl., near Westminster or Garden Grove Blvds. or the 22 Fwy.)

MapQuest link to area:

<http://tinyurl.com/beach-23rd>

(Exact address or other contact info will be provided to those who RSVP only.)

A PHONE NUMBER REQUIRED when you RSVP to provide you with exact party location on that date. (Or you can call us, if you prefer.)

This venue has limited space available, so we're limiting attendance to the first 12 "sure thing" RSVP's - anyone else will be on a waiting list and we will notify you ASAP if you can attend.

Cost: Lifetime members free, other paid B-MEN members \$7, & \$10 for all non-members. (\$5 of this fee goes to the host. Any guy who joins or renews his membership can get in for less [\$2 or \$5 off] at this event if

# B-MEN: Beach Men Enjoying Naturism (in So. California)

you join or renew at the party or online within a week of attending.) –Our host has also asked if you can donate more towards the cost of the location, it would be appreciated.

A new member by the name of Ron is renting this venue for us, so be sure to thank him for offering to rent the space, rather than have us do it at a greater cost to the guests attending.

There is a nice, triangular shaped Jacuzzi tub that 2, maybe 3 guys can enjoy at once, and you can trade massage with anyone willing - we'll have a bed available for that purpose, or you're welcome to bring a table! (If you do, you can attend with no door fee. Let us know when you RSVP.)



We'll plan to order pizza (for delivery around 7pm) that you can chip-in for if you'd like some. Expect \$5 extra for the pizza.

Please bring your own: Beverages, towels (1 to sit on at all times, 1 to dry off with), and some sort of snacks to share (chips, dip, deserts, etc - **please say what you'll bring when you RSVP**).

If you're doing massage exchange, please also bring either a sheet or large beach towel, as well as non-staining massage lotion, gel, or oil.

A shower will be available if you wish or need to clean-up at some point, but please bring your own soap/shampoo.

Smoking is not permitted at this event.

There is plenty of free parking, and it's right on OCTA bus route 29 as well as a few blocks from routes 56 & 60.

An "after-hours party" will be held afterwards... 10pm 'til ???

**Your event could be right here!**

Contact us **TODAY** to get **your** event scheduled!

Please also see our **polling page** online (or call us at any number on the last page to

take part in the polls) for our event planning polls! –These help us decide what to do based on **what YOU want to do!**

<http://B-MEN.Org/polls/>

## Tell Us What **You** Want!

Hey guys, it's YOUR club, so please tell us what sort of events you'd like to participate in, even if you can't host such an event! –We'll see what we can do to accommodate your idea or request! ▼

## Links of the Month

Have you heard about "Just-in Times"?

It's a great weekly G/L/B/T newsletter that you can get in your e-mail, usually on Thursdays. Justin also has other newsletters available, too.

Sign-up for e-Newsletters from Justin Rudd! <http://www.justinrudd.com>

More than 35,000 subscribers, so far. And, more than 18 e-Newsletter choices (i.e. dogs, fitness, beach cleanup, gay/lesbian, volunteers, weight loss, kids). [Click here to subscribe.](#)

(If you're reading this in print, use the main link above, as this link is a little too long to type.)

## What Do You Think???

Got a comment, suggestion, or even criticism of one of our events, the newsletter, web site, or something else of ours? Please let us know!

We want to make this club the best it can be so everyone enjoys it throughly!

Use any contact method on the last page, and you're welcome to make an anonymous phone, fax, or even e-mail message via the feedback button on our web site – just enter "anony@mous.com" or something like that for the address. –Naturally we cannot reply to such, but we'll listen! ▼

## Why Don't **YOU** Host Something!?!?

Have you considered hosting an event for B-MEN?

For your time & use of your place, we provide perks to event hosts, like:

- Free Membership!
- No donation required to attend (IE: \$2 or \$5) !
- Possible free attendance (or discounts) at future events, too!
- Plus, we can help with setup & clean-up, provide plates, cups, napkins, & plastic ware, etc!

Does most every one out there live with females or prudes?

If the answer is no, **YOU CAN** host an event!

All it really takes is a place with blinds or curtains, and hopefully some place for guys to sit.

Studio apartments are not an issue, as we can limit the number who can RSVP.

There's tons of things we can do indoors, so you don't need to have a pool or Jacuzzi! (If you do, then it need only be in a semi-private yard – one where people can't easily see into – that way there's no legal issues involved if someone does complain. California says if you have to go out of your way to see it, you're a "peeping tom", and don't have a complaint.)

That reminds me, is there anyone out there who would really consider hosting if they had their attendees covered by a signed liability waiver?!?

If that's the case, please say so, and we'll draft one up!

If you'd like to host an event, please see the offer on page 1, and then click below, or call one of the hotlines on the last page:

<http://B-MEN.Org/hosting-offer/> ▼

## Attendance Has Perks, Too!

Did you know that just attending one of our events might earn you some free merchandise?

It's true! For example, at the Pool/Jacuzzi party on 9/13, one of our members walked away with his choice of a few items, and chose a long-sleeved GNI T-Shirt, and one of the guests got a free membership as well.

Who knows what we'll give away next! ▼

# **B-MEN: *Beach Men Enjoying Naturism (in So. California)***

## **Like the Event Listing Photos?**

I (your President) hope you enjoy the extra photos in this month's newsletter, particularly those with the event listings.

These photos are of the actual location where the party will be taking place, to give you a little taste of what is to come at that event in question.

I don't have any of the Imperial Spa (I think many there would take a dim view of it if I took out a camera and started snapping pix!), but had something from each of the other locations to include.

We'll plan to include event photos whenever possible, space and source material permitting.



## **Where Can I Find Massage Lotion, Gel, or Oil?**

Now here's a question we often get when we have an upcoming massage trade party, so I'd like to answer it for everyone's sake...

99 Cent Only stores carry an excellent item for this purpose, so long as it's not too old that it's dried or starting to separate.

They have a "Lander" brand "Lubricating Lotion, Dry Skin Formula" that really seems to work well when I've tried it, though, specially if you get it there, take care if it's got a grainy texture or is more oily (and smells odd, too), as it won't work as well as it might otherwise when it's degraded like this.

Aside from the cheap stuff, I understand places like "Bath & Body Works" & "Bed, Bath, & Beyond" regularly have massage oils, and you can also find them at some

beauty supply stores, as well as the stores at massage colleges (they have it for their students, but many will sell to anyone with money or plastic).

I don't know of any to recommend, but you can check the local yellow pages for any of these.



## **Here's One of Many Polls We Have Online**

This is just one of many polls that we have at: <http://B-MEN.org/polls/>

If you wish to take it, please click the link above, or if you don't have Internet access, please call in your name, number, and poll name & choices to one of the hotlines listed on the last page of this newsletter.

### Winter 2008 Non-Hosted Event Opinions

If no one offers to host an event this Winter, we'd like to offer something for you to do, and we'd like your opinions on the matter.

What do you REALLY want to do?

(Keep in mind all of our polls are 100% anonymous unless you include your e-mail address or other identifying info in your reply.)

Questions marked with a \* are required.

\*1. If no one offers to host an event this Winter for a particular weekend or month, what would you prefer to do at the present time? (Choose as many as you would actually plan to attend.)

- Imperial Spa visit (in Garden Grove, \$15 entry - Socialize a bit, relax, enjoy steam, sauna, Jacuzzi, etc)
- A rented location, such as a spa-like room by the hour where you can enjoy a Jacuzzi & maybe a sauna, like Neptune's Lagoons in Anaheim
- A hotel room-based Jacuzzi Soak (pay share of room cost to attend)
- A hotel room-based Massage Exchange (pay share of room cost to attend)
- Hike & soak at Deep Creek Hot Springs (in Hesperia in the San Bernardino Mtns.)

- A clothed "Meet 'n Greet" at Hamburger Mary's in Long Beach
- A clothed "Meet 'n Greet" at someplace else - Make a suggestion where:
- Other hotel room-based event (pay share of room cost to attend) - Suggestion?
- Yes, I'd actually like to host an event, but I have questions and prefer not to email or phone them - can I meet with you? My email address to arrange a meeting is:
- Something else?

\*2. When would you prefer the event? (Choose as many as apply.)

- Saturday Afternoon
- Saturday Evening
- Sunday Afternoon
- Sunday Evening
- Monday Evening
- Tuesday Evening
- Wednesday Evening
- Thursday Evening
- Friday Evening
- A Major Holiday Afternoon
- A Major Holiday Evening
- My schedule constantly changes/Unsure at present

\*3. What is the maximum distance you will travel in whole miles? (IE: 10, 15, 25, 100, etc - Enter 999 if unlimited.)

\*4. What is your maximum cost you can pay for an event? (Use whole dollars, with no "\$", IE: 5, 10, 25, 50, 100 - DO NOT enter as \$10.00, please, just use 10 - Enter a zero [0] if unlimited.)

5. Any optional comments? (Keep in mind that all responses are anonymous, so enter your e-mail address if you want a reply, and it will show on the results page.) ▼



# B-MEN: Beach Men Enjoying Naturism (in So. California)

To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or guaranteed check\*, to the address in the next column, and make it payable to **John E.**

\* If you are interested in joining via **credit card, electronic check, or check by phone or FAX**, please check our website, e-mail us, or call us at one of the numbers below for more information.

• **24 Hour VoiceMail Phone Numbers:**  
**Toll-Free:** (888) 487-9025 x1002  
**Compton area:** (310) 884-1019  
**Santa Ana area:** (714) 682-0149

• **US Mail:**  
B-MEN  
P.O. Box 395  
Westminster, CA 92684-0395

For the *fastest* response, please contact us via e-mail at the address above, or via our web site:

• **Web Site:**  
<http://B-MEN.Org>

• **Yahoo Group Forums:**  
<http://groups.yahoo.com/group/B-MEN/>  
<http://groups.yahoo.com/group/BMEN-Locals/>  
And for members only:  
<http://groups.yahoo.com/group/BMEN-Members/>

**Newsletter:** The deadline for submission of items is the 15<sup>th</sup> of the month prior to publication, or the 20<sup>th</sup> of the prior month if submitting online.

This newsletter is the official publication of *(Southern California) Beach Men Enjoying Naturism* (AKA **B-MEN**), and may not be used in part or in whole without prior written permission.

Recipients are asked to respect the privacy of the individuals named herein.

The publication of a person's name, photo, or other information is not to be construed as any indication of that person's sexual orientation.

Photos appearing are either the property of the club, our advertisers, our club members, or are assumed to be in the public domain.

**This publication is Copyright © 2008 by (B-MEN) Beach Men Enjoying Naturism. All Rights Reserved.**



## Membership Form

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

E-Mail \_\_\_\_\_

Birthday Month & Day \_\_\_\_\_

Please check as appropriate:

Is this a:  New Membership  Renewal

Membership Options:

1 Year - Printed Newsletter: \$25.00/year

1 Year - Electronic Newsletter (e-mail/download): \$10.00/year

Partners or Roommates add \$5.00 for each to the above 2 options.

Lifetime - Electronic Newsletter \$100 sgl./\$150 cpl.

College Student or Limited/Fixed Income - Electronic Newsletter \$5.00/year (Contact us first!).

Would you like your:

Name & last initial on our members' contact list?

Yes  No

Phone # listed also?  Yes  No

E-Mail Address also?  Yes  No

Would you permit your photo to be used in:

Our newsletter & online members only areas?

Yes  No

Our public web site?  Yes  No

Other club's newsletters?  Yes  No

Can you offer or do you need a ride or wish to car-pool to events?

I can offer a ride.  I need a ride.

I wish to car-pool.

For ride-sharing purposes, what area do you live in?

Nearest **Major** Intersection - N/S Street first, please:

\_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_

How did you first learn about our group? (Be specific!)

\_\_\_\_\_

\_\_\_\_\_

## Our Group's Purpose

**(Southern California) Beach Men Enjoying Naturism** (AKA **B-MEN**) is a men's naturist/nudist social group. Our focus is as a loosely organized social club, not a sex/adult activity club. (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

**Fees:** In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$5 per member, first time guest, or brother club member (with proof, please) per event, and \$5-\$10 per non-member per event. -This does not take into consideration any additional donation for the host's or venue expenses.

**People:** We are not a clothing-optional club, instead we require nudity.

We are a **private, not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

**It does not matter your body-type:** Fat, skinny, tall, short, or whatever your penis size, you're always welcome at **B-MEN!**

Guests, visitors from other clubs, and new members are *always* welcome!

## Contact Methods:

• **E-Mail:** [B-MEN@B-MEN.Org](mailto:B-MEN@B-MEN.Org)

If you don't get a response within a few days, please re-send your message and also CC our backup address of: [SoCA.BMEN@GMail.com](mailto:SoCA.BMEN@GMail.com)

Please also be sure to have the above addresses added to your "White" or "Approved" lists and check your spam or bulk mail folders to make sure it did not get caught there. (We've been having problems with Yahoo & AOL either trashing or deleting mail to or from us, so you might try another free service like [GMail.com](http://GMail.com), a great service from Google.