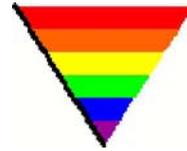


Beach Men



Enjoying Naturism



Issue 40 ▼ August/September 2008



Fireside Chat

We're making a splash in September!

A new member, Mark R., in Fullerton, has graciously offered his home to host a pool & Jacuzzi party with a potluck BBQ on Sat. 9/13!

At that event, we're making a special offer to non-members:

If you join at the event or online within a week - by 9/20 - you can attend the event free!

Normally, it's \$5 for non-members at such an event, or \$2 for most members, but any new members who join with cash at the event or pay electronically online within a week can attend that event free.

Please see the last page of this newsletter for our current membership rates. (The 2 year or more special rate mentioned on this page does not apply to this offer, but you can take advantage of it for greater savings, if you wish.)

Keep in mind that full time college/university students and those on a limited/fixed income may still join for \$5/year with proof of status... If you don't join, you'd still pay the \$5 to attend, so this is a no-brainer offer! 😊

* * * * *

In the May issue, I mentioned that Eric L., from "The Blade" was present for a group interview in April, which did appear in the June issue.

"The Blade", which has a web site at SoCalBlade.com, is a GLBT monthly magazine for the Long Beach/Orange County area, and can be found at the Long Beach & O.C. Centers, as well as at many gay bars and gay-run or gay-friendly establishments in the area.

A copy of that article will appear elsewhere in this issue.

* * * * *

Keep our current offer for event hosts in mind!

Now, once you host an event, you're immediately given a 1 year membership with electronic newsletters (for non-members), or a 1 year extension of your current electronic membership or 6 months extension on a printed membership. (Electronic & printed refer to the newsletters, by the way. All other perks are the same.)

You'll be eligible for another membership extension again after 6 months from your last hosted event.

However, if you do host a second event during that 6 month period, you'll be eligible to attend as many DONATION funded events as you like for free during the remainder of that 6 month period! (IE: If we ask for \$2 for members, \$5 for non-members, you get in free, which is the same as lifetime members are getting currently.)

If you host a 3rd event during that period, we'll waive your event attendance donations for the remainder of 12 months from your 1st event.

Want to host a 4th event in 6 months? Then you'll get attendance donations waived for the remainder of your current membership period! (Which means if you've paid for 2 years in advance, the remainder of those 2 years, plus any time we've added already, will be free!)

If you really want to go nuts and host something on a monthly basis, you'll be renewing yourself for membership & the event fee waivers continually anyway, so we'll also work out all possible discounts at events where

everyone's paying more than \$2/\$5 to enter, plus we'll offer you a percent of the door fee donation at your hosted events!

If this sounds good to you, please either reply or click the following link to take advantage of the new hosting offer:

<http://B-MEN.org/hosting-offer/>

* * * * *

Membership Offer Extended!

Our membership rates did go up effective 2/1/2008 to \$25 for 1 year of membership with printed newsletters for singles or \$30/year for couples & electronic newsletter membership is now \$10/year for singles or \$15 couples, I'd like to make you a special offer!

If you join for a minimum of 2 years, we'll give it to you at our old rate until September 30th, 2008! That would be 2 years of printed newsletters for \$40 (\$50 for couples), or 2 years of electronic newsletters for \$15 (\$20 for couples).

To take advantage of this special offer, you will need to either pay in person (at an event or by arrangement to meet myself), or you can pay online via PayPal or Amazon.com (please contact us before sending payment in any case, and we'll confirm the offer & rate to pay).



Keep in Mind:

B-MEN always welcomes ALL MEN, 18 or older at all events, regardless of age, looks, race, ethnicity, religion, etc!

So, yes, we always welcome "bears", and it doesn't matter how big any body part is, you are welcome to attend! ▼

B-MEN: Beach Men Enjoying Naturism (in So. California)

Classified Ads

Free Scanner!

John has a Windows-compatible scanner that does not work under Windows XP or Vista and would love to give it a new home where it can be used. This is a full-page, color scanner, and is complete with PC & power cables. You just need to download the driver for free online, or let me know ahead of time and bring a diskette to put is on or I can burn it to a CD for \$1. All you need is a parallel port configured as ECP or EPP to use it, and you can connect your printer in back of it and use it with the scanner still connected. It can scan up to 2400x2400 at 24-bit color, and supports media up to 8.5"x11". Driver also supports scanning negatives. Please contact him at (562) 310-2847 or doctor34@beach-cities.com.



Your Ad Could Be Here!!!



Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via: e-mail at B-MEN@B-MEN.Org; by phone or FAX to either (310) 884-1019, (714) 682-0149, or (888) 487-9025 x1002; or by mail to the address on the last page. ▼

Happy Birthday To:

Kirk O. on 06/09, Bruce P. on 06/11, Steven M. on 06/13, Charles G. on 07/02, Dana R. on 07/24, Mike G. on 07/29, Allan K. on 08/02, David K. on 08/10, John E. (B-MEN President) on 08/12, Jeffrey N. on 08/20, J. Larry R. on 08/26, George S. on 08/30, Dennis G. on 09/02, Geoffrey G. on 09/06, George L. on 09/06, Paul H. on 09/17, Richard S. on 09/21, Garry B. on 09/25, Jerry L. on 09/28, Arturo R. on 09/28,.

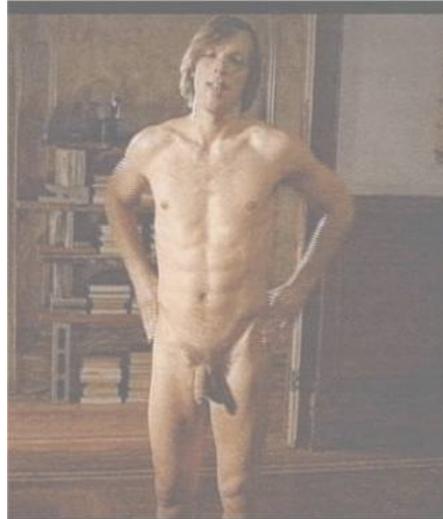
Become a member and get your birthday listed here too! ▼

"I'm goin' swimmin' naked!" – Bart Simpson, "The Simpsons" ▼

Who is this Celebrity Guy?

In the last issue, the celebrity of the month was "House" star Jesse Spencer (AKA "Dr. Chase") from an unknown source.

The answer to who is shown here will be in the next issue.



A hint: In a recent USA Network TV series, he was supposed to be abducted. ▼

Have an Idea For an Event???

We're always looking to find new things to do as well as new places do events, so if you have any ideas, even if they seem a little zany, please let us know – even if you cannot host your idea.

Speaking of which, if you can host, you'll get up to one year of membership in B-MEN (or an extension of your current membership) for the use of your place, as well as your time and effort. You can find our offer at: <http://B-MEN.Org/hosting-offer/>

If you're not online, or want to send us your ideas, please contact us at any method on the last page. ▼

Refer a Friend, Get Free Membership!

If you know of someone who'd love to get naked & relax with us, please tell them about us! If they become a member, we'll give you a free membership or extension of same for 1/4 of

their membership period if they indicate you as their referral on our membership form.

You can also get a free membership (or extension) for up to 6 months for referring a new event host whether or not they join as a paid member before that. (They simply need to host at least one event and mention you as referral during event coordination talks.) –See last page to contact us. ▼

Calendar of Events

(All Events Are *Tentative* - ***RSVP is required!***)

To RSVP for any event, please click or go to online to the following link, or call us via any hotline on the last page if you have no email.

<http://B-MEN.Org/rsvp/>

**Saturday, August 23,
5pm-7pm??**

[Hamburger Mary's Meet 'n Greet](#)

Map/directions: <http://tinyurl.com/69wtjn>
740 E. Broadway, Long Beach 90802

Cost: "Dutch Treat" - What ever you order, you pay for.

We'll be meeting (clothed) at the Hamburger Mary's near downtown Long Beach for an evening social.

You are welcome, as always, to come and go at any time, but your **RSVP is REQUIRED** so that we know how many to reserve a table for. (Please let us know if you need to cancel as well.)

This is a chance to enjoy the "new" H.M. in Long Beach, as well as meet with your president, some members, & others interested in the group, and talk about future events & whatever.

Sunday, August 24

[Black's Beach \(Clothing-Optional Beach\) Trip](#)

(with the guys from Bare Buns California in San Diego)

(Black's is a portion of the Torrey Pines State Beach in La Jolla)

Meet up with BBC & B-MEN members and friends at the gay section, at the North end.

Look for the BBC banner.

BYO food, drink, towel, sunblock, etc.

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If rain or cool weather we'll cancel.

A parking fee may apply, and may vary by location.

Saturday, August 30

(Or, would you rather go Sunday or Monday-Labor Day?)

Please say when you RSVP or otherwise contact us.)

San Onofre Beach

(Clothing-Optional Beach) Trip

(Just South of San Clemente)

We will plan to leave the Orange County area about 9am (car pool from the lot on the West side of Beach & Garden Grove near the Wendy's), as the parking lot tends to fill early.

BYO food, drink, towel, sunblock, etc.

If rain or cool weather we'll cancel.

Expect a \$10 per car parking fee.

Please help us all by offering to car-pool & share the cost of getting there.

Plan to stay until early evening if you can, and perhaps stop for dinner as a group someplace along the way back.

Sunday, August 31

Black's Beach (Clothing-Optional Beach) Trip

See details above or click title link.

Sunday, September 7,

2pm-10pm

Imperial Spa

(Garden Grove, Garden Grove Bl., 2 blocks E. of Beach Bl. at Fern & off the Beach exit of the 22 Fwy.)

Imperial Health Spa

8251 Garden Grove Bl.

Garden Grove, CA 92844

Phone: 714-530-0055

MapQuest map/directions:

<http://tinyurl.com/2rueo>

Cost: \$15 entry due to the spa at arrival, plus any optional services.

Come and enjoy the many amenities of this Korean-style day spa, where virtually everyone goes nude.

The men's area features a dry sauna (on the hot side, but move away from the IR lamp to be a little cooler), steam room (fairly hot w/Eucalyptus), "Lime Fomentation" steam room (warm to mildly hot), a cold plunge, & fairly hot Jacuzzi.

Body scrubs (\$25 extra) are given in an alcove off the wet area by a male attendant wearing shorts only - you are nude.

Relaxation area has warm to rather warmly heated Jade & Salt Rooms, a room w/leather recliners, and Sparklets water is on tap. (Robe needed for recliner room, which spa provides.)

Spa provides all soap, shampoo, conditioner, & even shaving cream & disp. razors if wanted, as well as small towels (sized to cover the sauna & steam room benches), and robes, t-shirts, & shorts for the common/co-ed areas.

Note that massages or acupressure treatments are given by women in the common area.

They do have a juice & snack bar w/sodas, juices, & Asian soups & goodies for an extra fee, and a robe is needed here.

Please RSVP so we know you plan to attend, but feel free to go anytime they are open, 8am-10pm.

Saturday, September 13,

3pm-9pm

Pool & Jacuzzi Party
w/Potluck BBQ

(in Fullerton, near Euclid & Commonwealth or Orangethorpe)

MapQuest link to area:

<http://tinyurl.com/66lzle>

(Exact address or other contact info will be provided to those who RSVP only.)

Cost: Lifetime members free, other paid B-MEN members \$2, & \$5 for all non-members. (Non-members can get in free at this event if you join at the party or online within a week of attending.)

Mark, a new member, has invited us over to his lovely home in Fullerton for a late afternoon and evening of fun in the water!

Since this is a pool/Jacuzzi party, we ask that you not bring any glass containers, if possible... If you have a beverage in a glass bottle, we ask that you please pour it into a plastic cup (that we'll have available) away from the wet area for everyone's safety.

As before, we ask that you bring a dish big enough to feed 6-8 guys. When you RSVP, you'll have the chance to say what you want to bring, however, based on order of your RSVP, we may ask you to bring another dish from the following suggestions if we have too many of what you have suggested or not enough of another: meat to grill (IE: burgers or dogs), buns & chips, salad & chips, side dish & chips, desert & lg. bag of ice. (This will help balance

the cost of what everyone brings, as well as help us have more of a variety.)

Plates, cups, napkins, & plastic ware will be provided, but you may wish to bring a cooler or folding chair, if you can.

As always at our events, we ask that you bring your own towel (2 please - one to dry off with and one to sit on at all times), beverages, & sun block.

Smoking will be permitted outdoors, downwind of everyone only please, and an outdoor dog may be present (hopefully this won't bother anyone's allergies). Also, there are a few steps into the home, but if anyone needs help getting in, please let us know!

If you'd like to see our host & take a virtual tour of the place, check out his web site:

<http://www.zimmy1.com>

And as always, please invite a friend! (Not sure if they're interested? Try casually asking if they've ever been to a nude beach before and see where that goes!)

Sunday, September 21

Black's Beach (Clothing-Optional Beach) Trip

See details above or click title link.

Monday, September 22,

? 7pm-11pm ?

"Heroes" Season 3 Premier Party

HOST NEEDED!

Got a TV at a home (any kind of TV or home!) with curtains or blinds?

That's all it'll take to host this event - That, and having a women-free time of at least 7pm-11:30pm.

We'd ask that you have the space available by 7pm, if not sooner, and be available until 11pm (allow guys a little time to dress & clear out right after 11pm).

"Heroes" season 3 is set to premier in a 2-hour time slot at 9pm on this date, and there will be a 1-hour recap at 8pm to bring viewers up to date with the show.

If time is available, we can watch the original, un-aired pilot and/or other episodes from seasons 1 & 2 (I have the DVDs - or will have season 2 soon after released in late Aug.) - I also have a DVD player I can bring if needed.

If you have off-air TV w/o a digital TV (DTV) or converter yet, I can bring a converter for the

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evening so we get a clearer picture. (If you've not seen DTV, it has cable quality via antenna!)

So, if you want to host it, e-mail us, click feedback on our web site, or click below to open our hosting offer page:

<http://B-MEN.Org/hosting-offer/>



Your event could be right here!

Contact us **TODAY** to get **your** event scheduled!



Please also see our **polling page** online (or call us at any number on the last page to take part in the polls) for our event planning polls! –These help us decide what to do based on **what YOU want to do!**

<http://B-MEN.Org/polls/>



Upcoming Events:

Here's what's coming up for B-MEN. (The events marked with a "☼" are co-sponsored with the guys of BBC [Bare Buns California] of San Diego. <http://www.barebunscalifornia.org>)

☼ Oct. 18-19: [Palm Springs Weekend](#) at Canyon Club Hotel (More details TBA) ☼



Tell Us What *You* Want!

Hey guys, it's YOUR club, so please tell us what sort of events you'd like to participate in, even if you can't host such an event! –We'll see what we can do to accommodate your idea or request! ▼

Links of the Month

Do you enjoy making friends online?

Or looking for a possible relationship online?

Check out these free services... We've included a link to the profile to B-MEN here, and hopefully you'll mark us as a

friend if you join (or are a member - and list it on your page, for those sites that don't automatically do this), to help get the word out about us!

Those allowing nudity in photos:

<http://gaywatch.com/B-MEN.html>

<http://www.lifeout.com/b-men>

<http://www.meetnudemen.com/bmen/>

<http://www.nudistspace.org/v/bmen>

(This last one does not permit erotic nudes.)

Those allowing "rated G" type photos:

<http://tagged.com/beachmen>

<http://www.friendster.com/bmen>

<http://www.myspace.com/beachmen>

Of the ones I've also personally joined, I find Gay Watch & Tagged the most responsive, though the later is a tad homophobic (or at least over-protective), and doesn't show your sexual orientation on your profile, though you can match for it in searches at least!



What Do You Think?!

Got a comment, suggestion, or even criticism of one of our events, the newsletter, web site, or something else of ours? Please let us know!

We want to make this club the best it can be so everyone enjoys it throughly!

Use any contact method on the last page, and you're welcome to make an anonymous phone, fax, or even e-mail message via the feedback button on our web site – just enter "anony@mous.com" or something like that for the address. –Naturally we cannot reply to such, but we'll listen! ▼

The following is the article that I mentioned on page 1 that appeared in the June 2008 issue of The Orange County/Long Beach Blade.

The quotations listed here are shortened or otherwise edited from the original conversation that took place at the Art Workshop back in April 2008, and

appears as it does on their web site, SoCalBlade.com.

The Naked City: Community Through Nudity

Written by Eric Lindroos

Tuesday, 03 June 2008

There are clubs that appeal to every imagineable group in the LGBT community. Some are more visible than others, but all of them fulfill an important role. Beach Men Enjoying Naturism (B-MEN) is one such group.

As you approach the front door, a sign informs you to go around the apartment and enter through the backside.

Once inside, you are directed to the upstairs bedroom, where you are able to remove your clothing articles and join the group downstairs. You then enter into delightful conversation about life, love, politics and whatever else the group may be discussing. After the friendly introductions, the group waits for the activities of the day to unfold. Today, it's a nude painting workshop.

This is only one of many events that compose B-MEN, a nudist men's group that gathers throughout the Southern California area on a monthly basis.

Originally formed in 2002, B-MEN serves as an incubator for self-acceptance, individualism, healthy-body and mind acknowledgment, and a place to unite the gay community.

"We are a basic men's social group that gathers together to do what any other group would do," says the group's president, John E. "Being nude just helps to break down barriers faster and let people in."

With the group consisting of men from L.A. and Orange Counties – with different backgrounds, ethnicities, ages and religions – one thing is common: an agreement of tolerance and unity. The focus of the group is to build relationships while experiencing freedom from the restraints of society – one naked body at a time.

Because all of the members and guests are naked by requirement, most of those attending would unanimously agree that a deeper level of self-openness is achieved.

"I'm relatively new to the nudist thing, so it's still a little uncomfortable for me," says first-time visitor Jeff N. "I grew up in a conservative religious home and I'm still

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coming to terms with myself and the social pressures. Being naked helps.”

With any particular group, misconceptions are often present. As the B-MEN group is no stranger to its fair share of false beliefs and impressions, the members take satisfaction in extending awareness and creating consciousness about gay nudist groups. A common misconception about nudist groups is that they provide opportunities for sexual encounters. However, this is inaccurate.

B-MEN has created a foundation of rules and standards that are followed each time the group gathers.

[President's comment on the below: Actually Dean's not a member, but this is just a minor goof.]

“Sex clubs have their purpose, as we also have ours,” says member Dean D. “We provide a safe place for everyone and that’s because people need to have outlets that they can feel comfortable in.”

Additionally, B-MEN believes in taking every possible effort in providing a comfortable atmosphere for attendees.

Given the stigma regarding nudity, B-MEN concedes that nakedness is still a taboo within and the LGBT community. Most members of the group and visitors make note that group nudity is a process that takes time. From different group events to walking around naked in your home, finding ways to welcome nudity is encouraged and helpful.

“More people would enjoy being naked if they would get over the initial shock of it. There’s nothing strange about nudity regardless of being fat, thin, hot or ugly,” Dean D. adds.

Regardless of beliefs or personal opinion, the men of B-MEN desire everyone to find a level of self-worth that they can be secure and content with. As they continue to congregate, they encourage people to explore deeper into the dominating stereotypes about nudity and to be willing to explore outside of society’s parameters.

[OK, good wording, but this really is not what I said below.]

“It took me awhile to finally take it all off,” adds John E., “and I can’t convey how happy it has made me.”

For more information, visit B-Men online.

Your president talking here after:

OK, cool article, even if the quotes were a little off.

Actually, it was quite good, coming from an “outsider” to naturism.

I wish the guy would have joined in the socializing that day, instead of just kinda sitting and asking questions, and unfortunately he kept his pants on the entire time. He also unfortunately left just after the Q&A.

I’d sent Eric an e-mail with what to expect, and the way I wanted to try to handle it, but he didn’t get it before hand (don’t you just hate it when people don’t check their e-mail often when you’re sending something important?), so things went a bit of another direction...

I found it rather interesting, and weirdly enough the guy who was verbal about getting past the Q&A was the one who kept talking the most during that time, aside from Eric. ●

I’ve never had an interview, other than for a job before, so I found it a bit exciting, even if we didn’t get that much drawing done that day, partly because of the Q&A time.

Oh, FYI, any mis-spelling here in the quoted article is just as it appears in the article online.

The original article can be found here:

<http://tinyurl.com/5okuv8>

Or, in case it expires, here’s the long version:

http://www.socalblade.com/index.php?option=com_content&task=view&id=349&Itemid=2
(Don’t use any spaces in the above if you’re typing it – they’re actually underscores [_.])



Did You Miss Seeing Our Newsletter Lately? Why Don’t *YOU* Host Something!?!?

Keep in mind, if there’s no new events, we may hold off on putting out a newsletter until there’s something that needs to be said, which also effectively extends our member’s memberships, as they expire based on the newsletter issue number, not a specific month!

During such a time, we keep in contact with our members online, so everyone knows what’s going on.

One of the things we do during this time is to try to get guys to agree to host an event – rather than us either planning more events at public places (knowing some of you won’t come for one reason or another), or planning an event in a hotel room, as some of you don’t like them and/or the cost associated.

This is yet another reason we provide perks to event hosts, like:

- Free Membership!
- No donation required to attend (IE: \$2 or \$5) !
- Possible free attendance (or discounts) at future events, too!
- Plus, we can help with setup & clean-up, provide plates, cups, napkins, & plastic ware, etc!

Does most everyone out there live with females or prudes?

If the answer is no, *YOU CAN* host an event!

All it really takes is a place with blinds or curtains, and hopefully some place for guys to sit.

Studio apartments are not an issue, as we can limit the number who can RSVP.

There’s tons of things we can do indoors, so you don’t need to have a pool or Jacuzzi! (If you do, then it need only be in a semi-private yard – one where people can’t easily see into – that way there’s no legal issues involved if someone does complain. California says if you have to go out of your way to see it, you’re a “peeping tom”, and don’t have a complaint.)

That reminds me, is there anyone out there who would really consider hosting if they had their attendees covered by a signed liability waiver?!?

If that’s the case, please say so, and we’ll draft one up!

If you’d like to host an event, please see the offer on page 1, and then click below, or call one of the hotlines on the last page:

<http://B-MEN.Org/hosting-offer/> ▼

Breaking News: San Onofre Nude Beach Saved!?!?

See these articles, both dated 8/20/08:

O.C. Register:

San Onofre nudists head to O.C. court today:
<http://tinyurl.com/6znph>

S.D. Union-Tribune:

Judge blocks no-nudity rules

Tentative ruling bars enforcement at beach:

<http://tinyurl.com/6o4884>



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To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or guaranteed check*, to the address in the next column, and make it payable to **John E.**

* If you are interested in joining via **credit card, electronic check, or check by phone or FAX**, please check our website, e-mail us, or call us at one of the numbers below for more information.

• **Web Site:**

<http://B-MEN.Org>

• **Yahoo Group Forums:**

<http://groups.yahoo.com/group/B-MEN/>
<http://groups.yahoo.com/group/BMEN-Locals/>

And for members only:

<http://groups.yahoo.com/group/BMEN-Members/>

Membership Form

Name(s) _____

Address _____

City _____

State _____

Zip _____

Phone (____) _____

E-Mail _____

Birthday Month & Day _____

Please check as appropriate:

Is this a: New Membership Renewal

Membership Options:

1 Year - Printed Newsletter: \$25.00/year

1 Year - Electronic Newsletter (e-mail/download): \$10.00/year

Partners or Roommates add \$5.00 for each to the above 2 options.

Lifetime - Electronic Newsletter \$100 sgl./\$150 cpl.

College Student or Limited/Fixed Income - Electronic Newsletter \$5.00/year (Contact us first!).

Would you like your:

Name & last initial on our members' contact list?

Yes No

Phone # listed also? Yes No

E-Mail Address also? Yes No

Would you permit your photo to be used in:

Our newsletter & online members only areas?

Yes No

Our public web site? Yes No

Other club's newsletters? Yes No

Can you offer or do you need a ride or wish to car-pool to events?

I can offer a ride. I need a ride.

I wish to car-pool.

For ride-sharing purposes, what area do you live in?

Nearest **Major** Intersection - N/S Street first, please:

City _____

Zip _____

How did you first learn about our group? (Be specific!)

Our Group's Purpose

(Southern California) **Beach Men Enjoying Naturism** (AKA **B-MEN**) is a men's naturist/nudist social group. Our focus is as a loosely organized social club, not a sex/adult activity club. (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

Fees: In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$5 per member, first time guest, or brother club member (with proof, please) per event, and \$5-\$10 per non-member per event. -This does not take into consideration any additional donation for the host's or venue expenses.

People: We are not a clothing-optional club, instead we **require nudity**.

We are a **private, not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

It does not matter your body-type: Fat, skinny, tall, short, or whatever your penis size, you're always welcome at **B-MEN!**

Guests, visitors from other clubs, and new members are **always** welcome!

Contact Methods:

• **US Mail:**

B-MEN

P.O. Box 395

Westminster, CA 92684-0395

• **E-Mail:** B-MEN@B-MEN.Org

• **24 Hour VoiceMail Phone Numbers:**

Toll-Free: (888) 487-9025 x1002

Compton area: (310) 884-1019

Santa Ana area: (714) 682-0149

For the **fastest** response, please contact us via e-mail at the address above, or via our web site:

Newsletter: The deadline for submission of items is the 15th of the month prior to publication, or the 20th of the prior month if submitting online.

This newsletter is the official publication of (*Southern California Beach Men Enjoying Naturism* (AKA **B-MEN**)), and may not be used in part or in whole without prior written permission.

Recipients are asked to respect the privacy of the individuals named herein.

The publication of a person's name, photo, or other information is not to be construed as any indication of that person's sexual orientation.

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